

The Hymnal 1982 - #675 Take up your cross, the Savior said



- 1 Take up your cross, the Sa - vior said, if
- 2 Take up your cross, let not its weight fill
- 3 Take up your cross, heed not the shame, and
- 4 Take up your cross, then, in his strength, and
- 5 Take up your cross, and fol - low Christ, nor



- 1 you would my dis - ci - ple be; take up your cross with
- 2 your weak spi - rit with a - larm; his strength shall bear your
- 3 let your fool - ish heart be still; the Lord for you ac -
- 4 calm - ly ev - ery dan - ger brave: it guides you to a -
- 5 think till death to lay it down; for on - ly those who



- 1 will - ing heart, and hum - bly fol - low af - ter me.
- 2 spi - rit up, and brace your heart, and nerve your arm.
- 3 cept - ed death up - on a cross, on Cal - vary's hill.
- 4 bun - dant life and leads to vic - tory o'er the grave.
- 5 bear the cross may hope to wear the glo - rious crown.

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harm. John Leon Hooker (b. 1944) Copyright ©1984, John Hooker. All rights reserved. Used with permission.

- 1 Take up your cross, the Savior said,  
if you would my disciple be;  
take up your cross with willing heart,  
and humbly follow after me.
- 2 Take up your cross, let not its weight  
fill your weak spirit with alarm;  
his strength shall bear your spirit up,  
and brace your heart, and nerve your arm.
- 3 Take up your cross, heed not the shame,  
and let your foolish heart be still;  
the Lord for you accepted death  
upon a cross, on Calvary's hill.
- 4 Take up your cross, then, in his strength,  
and calmly every danger brave:  
it guides you to abundant life  
and leads to victory o'er the grave.
- 5 Take up your cross, and follow Christ,  
nor think till death to lay it down;  
for only those who bear the cross

may hope to wear the glorious crown.

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