

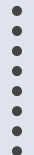
abide

L E N T 2 0 2 1

S	M	T	W	TH	F	S
21	22 Pray for students and teachers	23 Pray for those facing a big decision	24 Pray for creation	25 Spend one minute in silence	26 Pray for your family	27 Pray for peace
28	1 Take 3 deep breaths	2 Pray for the homebound	3 Pray for the saints who have gone before us	4 Pray for our leaders	5 Listen to a bird chirping	6 Pray for the lonely
7	8 Pray for our teachers	9 Pray for people with no home	10 Pray for our neighbors	11 Tell someone you love them	12 Pray for those in grief	13 Pray for our faith leaders
14	15 Send a note to someone	16 Pray for healthcare workers	17 Pray for those in the margins	18 Pray for first responders	19 Pray for those facing job insecurity	20 Drink 3 glasses of water
21	22 Pray for courage to share the good news	23 Spend time outside	24 Pray for Christians around the world	25 Pray for sanitation workers	26 Pray for those who are hungry	27 Pray for yourself
28 <i>Palm Sunday</i>	29 Say the Apostle's Creed	30 Pray the Lord's Prayer	31 Fast from one thing for one day	1 <i>Maundy Thursday</i>	2 <i>Good Friday</i>	3 <i>Holy Saturday</i>



Abide Playlist: <http://bit.ly/abideplaylist>



Daily Texts of Encouragement: <http://bit.ly/lententexts>