



# IMMANUEL CHURCH

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**Conversation Starter:** All Holds Barred  
**March 26, 2017**

**Opening Questions:**

- Share about a time you had to rush through the airport carrying luggage (or some other time you had to hurry while carrying a load). What thoughts and feelings do you remember having?
- If you were going on a trip that would last the rest of your life...what things would you be sure to pack? What things would reveal your identity, provide you some security, and are unmistakably yours? Why do we choose the things we choose?
- What are the parts of you that you carry around every day; the parts of you that you feel might hold you back and prevent you from reaching your goals and living the life you'd love to live?

**Looking at Scripture:**

- Read **Luke 8:26-39**...Are you surprised by the demons questions of Jesus? How so? Clearly there are ramifications to freedom for this man. The demon mentions interference, and clearly resists the commands of Jesus; then there's the pig situation... what interference, resistance and collateral damage might occur in your life if you were free from your baggage?
- What might change in you if you were truly freed by Jesus? How might you change physically? Mentally? Relationally? Would you be recognizable to those you do life with?
- Freedom brings purpose. We're freed to make God look good and say yes to him more often. What are a few things you might be called to but haven't felt the freedom to pursue them?

**Application Questions:**

- The bottom line this week was: **REAL FREEDOM IS FROM TO FOR.** So, what is it? What's holding you back the most? What would you be freed for?
- Remember, you can't free yourself, so how do you live in freedom consistently? How do you *maintain* freedom?
- What's the difference between life to *your fullest* and life to *the fullest*? How might we live conscious of the difference? Can we even understand life to the fullest if we've spent so much of ours in captivity?

*End your time together praying for one another; pray God gives each member of the group true freedom this week. Ask him to give everyone the courage to ask Jesus for it and embrace the "for" that he's calling them to in their freedom.*