

Fall Retreat Packing List

Bible, notepad and pens

Air mattress

Sleeping bag and pillow

Sweatshirt/Fleece Jacket/Coat

2-3 changes of clothes (shorts, pants, t-shirts)

Long Pants

Underwear

Gym Shoes

Extra pair of shoes that can get muddy

Sleeping attire

Toiletries: toothpaste, toothbrush, hairbrush, etc.

Water Bottle

Sunglasses

Sunscreen

bug spray