

Discussion Guide: October 26th, 2025

Message Series: Marked

Message: Remember To Forget- Philippians 3:12-21

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Focus Passages:

Philippians 3:12-16 (NLT) I don't mean to say that I have already achieved these things or that I have already reached perfection. But I press on to possess that perfection for which Christ Jesus first possessed me. No, dear brothers and sisters, I have not achieved it but I focus on this one thing: Forgetting the past and looking forward to what lies ahead, I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us. Let all who are spiritually mature agree on these things. If you disagree on some point, I believe God will make it plain to you. But we must hold on to the progress we have already made.

Philippians 3:17 (NLT) Dear brothers and sisters, pattern your lives after mine, and learn from those who follow our example

Ecclesiastes 4:9-10 (NLT) Two people are better off than one, for they can help each other succeed. If one person falls, the other can reach out and help. But someone who falls alone is in real trouble.

Philippians 3:18-21 (NLT) For I have told you often before, and I say it again with tears in my eyes, that there are many whose conduct shows they are really enemies of the cross of Christ. They are headed for destruction. Their god is their appetite, they brag about shameful things, and they think only about this life here on earth. But we are citizens of heaven, where the Lord Jesus Christ lives. And we are eagerly waiting for him to return as our Savior. He will take our weak mortal bodies and change them into glorious bodies like his own, using the same power with which he will bring everything under his control.

Message Highlights:

How We Remember To Forget

- Practice Forgetting The Past
- Always Keep Pressing On
- Strive To Imitate Others Who Are Following Jesus
- Turn Your Eyes Toward Heaven

Discussions Questions:

1. **Read Philippians 3:12-16** What is an area in your life where you're stuck and keep looking back to the past? Do you get stuck in your glory days and your past accomplishments? What in your past is difficult to forget? What are the things you've done that seem impossible to leave behind? Are you currently stalled out in your journey because you're grieving a loss?
2. What (or who) motivates you to press on in your journey with Jesus? When you experience hard times in life are you someone who shrinks back and stalls out in fear? Are you someone who goes out on a limb and attempts great things for God? Why or Why not?
3. **Read Philippians 3:17 & Ecclesiastes 4:9-10** Are you living a life where you could tell others "Imitate me as I imitate Christ?" What areas of your life wouldn't you want others to imitate? Who are the people running alongside you that you're imitating? Who keeps challenging you to keep pressing on toward Jesus? Who helps you not look back at your past and get stuck in your race?
4. **Read Philippians 3:18-21** What does it mean to you that you are a citizen of heaven if you are a follower of Jesus? How can you focus your eyes on heaven instead of this earth? What can you do to pursue things here on earth that matter in heaven for eternity?

Time Of Prayer

Dear Heavenly Father, thank you that because of Jesus we don't have to live in the guilt and shame of our past. Help us forget our past and leave it behind so we can fix our eyes on heaven. Help us surround ourselves with fellow sojourners who are passionately pursuing Jesus in this life. We can't wait until we see You face to face when we cross the finish line into eternity. Amen