



we often chase after Jesus for what He can give us, not to get more of Him. A way we can evaluate this is through this question: Think about your prayer life - what do you ask God for the most often? How can you shift your prayer life from what God can give you, to wanting God for Himself?

3. Jesus' "I am" statement makes it clear that He is claiming to be the God of Exodus (See Exodus 3:13-14). Consider this reality for a moment: Jesus is claiming to be both God and man at the same time. What does that mean for us in regards to how seriously we take what He says? Does your life reflect that reality that you take Jesus seriously?

4. When Jesus is saying that He is the bread of life, He means that just as much as our bodies need food, so our souls need Him. When you think of the needs of your soul, does Jesus top the list? How does Jesus bring us something our souls don't have on their own? How does what Jesus has done for us in the Gospel (His life, death, and resurrection) give us life we can't get ourselves?

5. Jesus' invitation to "come to me" is a continual offering for all those who recognize they need Him to come to Him. Coming to Jesus begins with talking with Him, but includes seeking Him through reading Scripture, and sometimes just sitting in His presence. What does coming to Jesus look like for you today?

#### **Time of Prayer:**

*Take some time to pray through the prompts below. If you are in a group, assign one to anyone willing, and take turns praying together.*

- Pray that God would continue to put a desire in your heart for Jesus, not just the things that He brings.
- Pray for strength to remember that every time you eat, your soul needs Jesus just as much as your body needs food.
- Pray for those around you who have not come to Jesus and found what their souls truly need.
- Pray that we would all find our ultimate satisfaction in Jesus every day.