

[illegible]

3. The shield of faith is a trust in Jesus, what He has done, and what He has promised to us. This shield guards against all the lies (flaming arrows) that Satan tells us about ourselves and Jesus. Thinking about the cross of Jesus, where He defeated Satan's power when He died for your sins (Colossians 2:13-15 above), what lies does Satan try to tell you about you and your relationship with Jesus? How does Jesus love for you shown on the cross allow you to trust Him against those lies.

Time of Prayer:

Take time to pray these verses from Psalm 103. As you pray, remember Colossians 2:13-15 where we see that Jesus disarmed the lies of the enemy when He died for you on the cross.

Psalm 103:1-13 (ESV)

1 Bless the LORD, O my soul,
and all that is within me,
bless his holy name!

2 Bless the LORD, O my soul,
and forget not all his benefits,

3 who forgives all your iniquity,
who heals all your diseases,

4 who redeems your life from the pit,
who crowns you with steadfast love and mercy,

5 who satisfies you with good
so that your youth is renewed like the eagle's.

6 The LORD works righteousness
and justice for all who are oppressed.

7 He made known his ways to Moses,
his acts to the people of Israel.

8 The LORD is merciful and gracious,
slow to anger and abounding in steadfast love.

9 He will not always chide,
nor will he keep his anger forever.

10 He does not deal with us according to our sins,
nor repay us according to our iniquities.

11 For as high as the heavens are above the earth,
so great is his steadfast love toward those who fear him;

12 as far as the east is from the west,
so far does he remove our transgressions from us.

13 As a father shows compassion to his children,
so the LORD shows compassion to those who fear him.