

## Palm City Presbyterian Church

## NEWSLETTER



## IN THIS ISSUE

WELCOME NEW  
STAFF MEMBERSLOCAL AND GLOBAL  
MISSIONS UPDATEPRAYER BREAKFAST  
DETAILSUPCOMING GRIEF-  
SHARE PROGRAMS

## Welcome New Staff

by David C. Mauldin

In August, PCPC welcomed two new staff members. Richie Kim is our full-time youth leader. Charity Maehl is part-time as administrative assistant.

**Richie Kim** leads our youth ministry under the supervision of Assistant Pastor Jason Pridmore. Richie is not new to PCPC. In the fall semester of 2021, he served an internship here, working with our youth. He is a ministry student at Southeastern University. In August 2021, Pastor Jason brought him on as a youth helper. In the spring of this year, he led the Middle School Youth Group. As Pastor Jason transitions from day-to-day, hands-on youth ministry to more pastoral functions, Richie is taking up those responsibilities. In addition to our youth group meetings and special events, Richie is involved with Young Life and First Priority.



Richie brings extensive experience. In early 2017, he was a missionary in Lebanon through Youth with a Mission (YWAM). His work in youth ministry began later in 2017 at St. Andrew Lutheran in Port St. Lucie, where he was a youth assistant. From August 2018 to January 2021, he worked with youth and young adults at Westside Church in Ft. Pierce, rising to become their interim youth director. His new role at PCPC is a positive and natural development of his ministry.

Our church finds itself in familiar territory. When Pastor Jason came as our youth director, he was starting seminary studies and moving toward ordination. Now, Richie comes as a

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ministry student working on his undergraduate degree. Also, this transition is similar to what we did many years ago when John Terech moved from youth ministry to business manager, and he mentored K.T. McWilliams, who led the youth ministry.

Richie has a wonderful testimony about God's grace in his life and a deep love and faith in Jesus Christ. We are blessed that God has led him here at this time.



**Charity Maehl** is our new administrative assistant. With our church growing and a busy schedule of activities, our support staff has been stretched. Charity will take on part of that load. Her responsibilities will include loading

the worship slides on the computers; printing and

distributing bulletins and newsletters; coordinating certain volunteers; sharing information among pastors, parish nurses, deacons, and shepherds; and more. Kelly Tullidge, our communications coordinator, will focus more on our website and social media outreach, as well as continue design and layout work. Charity will handle our day-to-day administrative tasks.

Originally from Iowa, Charity also comes with relevant experience. For six years, she was church secretary at Tropical Farms Baptist Church. Most recently, she was the foundation event coordinator for Treasure Coast Hospice. She, too, is a committed follower of Jesus Christ. Charity says, "I am excited to be joining the staff at PCPC and look forward to meeting the church family. Swing into the office to introduce yourself anytime."

## A Call for Shepherds and Prayer Warriors

All believers have been called to bring glory to God in whatever they do. PCPC is looking for individuals or couples to serve in two important areas.

For our shepherds program, we need a coordinator to oversee 35 flocks, as well as more shepherds to make people in our congregation feel loved and acknowledged. As a shepherd, you would do the following:

- send birthday cards
- send get-well cards
- send anniversary cards
- send "praying for you" cards
- call members of your flock if so desired

If a member of your flock is sick, going to have surgery, or has a difficult situation, and the church has been notified, the coordinator will call or send you an email. You can then send the appropriate type of card. The church provides the cards for this ministry. You are not required to make home visits or phone calls unless you want to. This is a ministry you can do from home.

Our prayer warriors are a group of volunteers committed to interceding on behalf of those who have submitted prayer requests and praises at church. Each volunteer agrees to meet in the PCPC chapel one day a week and pray over the cards that were submitted on the previous Sunday. The amount of time spent praying is up to each prayer warrior.

The prayer warriors and shepherds programs have been going on at PCPC for many years. Please consider joining these meaningful ministries. To sign up or request more information, please call the church office (772-286-9958) or visit the Volunteer page of our website.



## Spotlight on Deacons: Ann Duvall



I was born in Oxford, Mississippi, and blessed with wonderful Christian parents. My childhood and second home was the Collins Baptist Church, where there was a large and very active youth group. We are blessed here at PCPC to

have just the kind of youth group I remember. "Train up a child in the way he should go: And when he is old, he will not depart from it." Proverbs 22:6 (KJV)

I attended Ole Miss and the University of Southern Miss before getting my "MRS" degree. My husband, Lynden (Lynn), and I were married for 62 years before his death in November 2020. We had an amazing son, Mark, whom the Lord called to his heavenly home at 59 years old in April 2019. I have no grandchildren, but a marvelous daughter-in-law, Debbie—the Lord's way of giving me the daughter I never had.

I was fortunate to be my husband's lifelong partner and his trusted confidant in our businesses in Dayton, Ohio, where we lived for 20 years. That allowed me to be with our son and all his activities at church, school, 4-H, and scouts in those formative years.

We moved to Stuart in 1980. I became actively involved in quite a few areas of the Methodist church where we were members. At that same time, we also began to travel in our motor home. We were able to cover all 50 states and all ten provinces of Canada

several times. It was always interesting to visit the various churches across the country.

I am in a different phase of my life now and know, without a shadow of a doubt, the Lord led me to Palm City Presbyterian for many reasons. After attending two services, it seemed as though I was back in my home church in Collins, MS. I volunteered to greet and usher, as well as attended Sunday school and Bible study groups. Fall Festival, the Easter Egg Hunt, and Vacation Bible School are some of the other activities that have also been fulfilling for me. In addition, I was asked to serve on the Membership Committee, which is near and dear to my heart.

**"You can be a blessing  
by serving and will be  
blessed in return."**

At PCPC, I found the warm, friendly, genuine atmosphere I remembered, not to mention the wonderful sermons that carry me through each week. The Lord always seems to have a point for me, and the "light bulb comes on."

Being ordained as a deacon and serving at PCPC in this capacity has been such a blessing to me. It is the most satisfying joy one will ever experience when you know in your heart you have heard the Lord ask you to do something and you followed his bidding (be it our gifts of service to others or giving back some of our resources that were not ours in the first place).

As Pastors David and Jason have both brought out a number of times, "we are family" here at PCPC. No matter your age, if you have not "found your place yet," reach out and get involved. You can be a blessing by serving and will be blessed in return. I speak from experience.

## Greetings from your PCPC Membership Committee!

Thank you for submitting up-to-date information and new photos for the new Membership Pictorial Directory. We have more than 400 members who have responded so far, and we will wait until after the next New Members Class to release the PDF file of the directory for your review. It's not too late to be included! You can email them to us at [directory@palmcitypres.org](mailto:directory@palmcitypres.org).





# PCPC MISSIONS

MAKING CHRIST KNOWN AND CHANGING LIVES

## Philippine Report, August 2023 YOUTH CAMP, BAYBAY CITY

Three pastors (Pastor Jeefrey Arrogonite, Baybay City; Pastor Tito Nelson, Tacloban; Pastor Bene Cabase, Bohol) joined their Evangel Family Churches for a joint youth camp in Baybay City. 104 youths came together from different parts of Leyte and Bohol islands to the university venue in Baybay City for three days of evangelism, fellowship, and learning. Eighteen youths were baptized as new believers on the last day. The angels in heaven are rejoicing!



*Students baptized as new believers in Baybay City*

## TACLOBAN

Throughout the summer, Giegie and Pastor Edgar Tacata conducted “Teaching Children Effectively” training classes for teachers and leaders in churches throughout Leyte, including Tabontabon, Baybay City, Tacloban, and Ormoc. These classes are vital in creating effective teachers in the churches. In the classes in Ormoc, there were 26 participants from seven churches coming together to be trained to teach children effectively. Here, they can catch the vision of reaching lost souls for Jesus.



*Teachers and leaders from Leyte*

## TABONTABON

Funds from PCPC supported the creation of a Sunday school space separate from the worship area, expanded the main church area, added tiles to the restroom, and repaired the roof for Casa Pastoral. Funding will also allow three vacation Bible schools to be held in three nearby barangays.

Recent PCPC support also helped 37 youths travel to Samar for a regional five-day camp where 500 young people gathered to learn about Jesus.



*Youth camp in Samar*

More information about PCPC’s support of ministry in various regions of the Philippines can be found on our [WEBSITE](#).

## Pakistan

by Rev. Nasir Minhas

Greetings in Jesus. Surely these are the end days according to Mathew 24, 2 Peter 3, 1 Thessalonians, 2 Thessalonians, Daniel 9, etc. Weather and rain, our old people in Pakistan above their 80s say they have never seen such weather on Pakistan soil. For [weeks], every day heavy rain, 80% of Pakistan is under water, many roads have collapsed, and many people have died. All day and night nobody knows when rain will come with heavy showers. Kindly pray with us that people in Pakistan listen and accept His Words, get new life in Him, walk in the Holy Spirit, and surely fly to Heaven with Him when He will come in the air to take His body the Church. Pray for us! Many thanks, and God bless you.





Pakistan Minority Day means that we Christians have equal rights in Pakistan, so all over Pakistan, churches celebrate this!

## Entrust

by Rob and Sandy Shaffer



This year was the 40th anniversary of our arrival in Austria. That February, we left Bristol, TN, and flew to Europe as a young couple

with a 5-month-old baby. We went to language school, then began working with Biblical Education by Extension (now Entrust). In our early years, Rob traveled frequently to Hungary, Romania, and Czechoslovakia. Sandy taught Sunday school in Vienna and worked as a writer and editor for our mission. When our three girls were old enough, Sandy began traveling as well. It's hard to believe 40 years have gone by since we came to Europe.

Thinking about the number 40 reminded us of its significance in the Bible: During the great flood of

Noah's time, it rained for 40 days and nights. Moses spent 40 years in the desert fleeing from Egypt. He also spent 40 days and nights on Mount Sinai in communion with God. Goliath taunted Saul's army for 40 days before David arrived to slay him. When Elijah fled from Jezebel, he traveled 40 days and nights to Mt. Horeb (Sinai) to be with God. Jesus was tested by Satan for 40 days in the wilderness of Judea. The period from the resurrection of Jesus to His ascension was 40 days. Because they failed to trust God, the Hebrew people wandered in the wilderness for 40 years before entering the promised land. The number 40 seems to appear often in the Bible in contexts dealing with times of hardship or testing of faith. In these contexts, encounters with God took place, and lessons of faith were learned. During the 40 years of wilderness wanderings of the Hebrew people, they learned many important truths about God: they learned that God would provide for their needs (Ex. 16); they learned that He would be their protector and they should not look to other allies or idols for help; they learned to trust God for direction (Ex. 14); they learned that God had good plans for them; they learned that God would discipline them like a loving Father; they learned that God allowed them to be tested so that their faith would grow stronger, they would learn perseverance, and be more fruitful.

As we look back on these 40 years, we can see that God wanted to teach us those same lessons. He tested us as to whether we would trust Him, obey Him, seek to do things His way or our own way, walk away in tough times, or stick to our commitments. Like the Israelites, we failed miserably a lot of times, but He was always there to pick us up. These 40 years showed us a lot about Him—His faithfulness, His patience, His goodness, His mercy, His amazing love. Surely goodness and mercy have followed us all the days of our lives. Not only that, we get to dwell in the house of the Lord and enjoy His presence forever.

Our story isn't over yet, but it's been good to reflect on these 40 years. We thank God for your friendship and faithfulness in prayer and giving throughout the years, which have blessed and encouraged us to run the race until the end.

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## The Refuge Ranch by Wanda Rosello, PCPC Liaison



On August 5th, The Refuge Ranch had a graduation ceremony for two ladies who successfully completed a yearlong program, transitioning them away from addiction into the life God envisioned for them. Darlene struggled with addiction for 22 years and paid a steep price as a result. She said, "He has shown me who I am created to be and has restored my will to live." Joy said of her experience, "Since coming to The Ranch, I have surrendered my life to the Lord and have allowed him to change me. I now see my value through God's eyes." Congratulations to these two wonderful ladies!



The Refuge Ranch residents have cared for white-tailed deer since 2017. The farm has been a great addition to their program and given residents the opportunity to in-

teract with animals and take responsibility for something outside of themselves. They currently need a golf cart for transportation around the property and carrying feed and supplies to the deer. Another blessing to their ministry would be a vehicle to be used by staff and residents on site. If you have either of these items no longer of use to you, please consider donating them to this ministry.

Another way to help is by drop shipping any of these recurring needs: large nitrile gloves, Kleenex, dishwasher pods, and/or 55-gallon trash bags. To provide these items, please notify their office ahead of time by calling Mitchell Dobrow at 772-597-0992.

The Refuge Ranch will host a **luncheon for PCPC members on October 10, 2023**. Please bring a salad or dessert and they will provide the rest. We will meet at the church at 10:45 a.m. to carpool. For more information or to attend, please contact me (Wanda Rosello) at [rosellow1@gmail.com](mailto:rosellow1@gmail.com).

## United Servants Abroad by Tom and Rita Hough, Missionaries



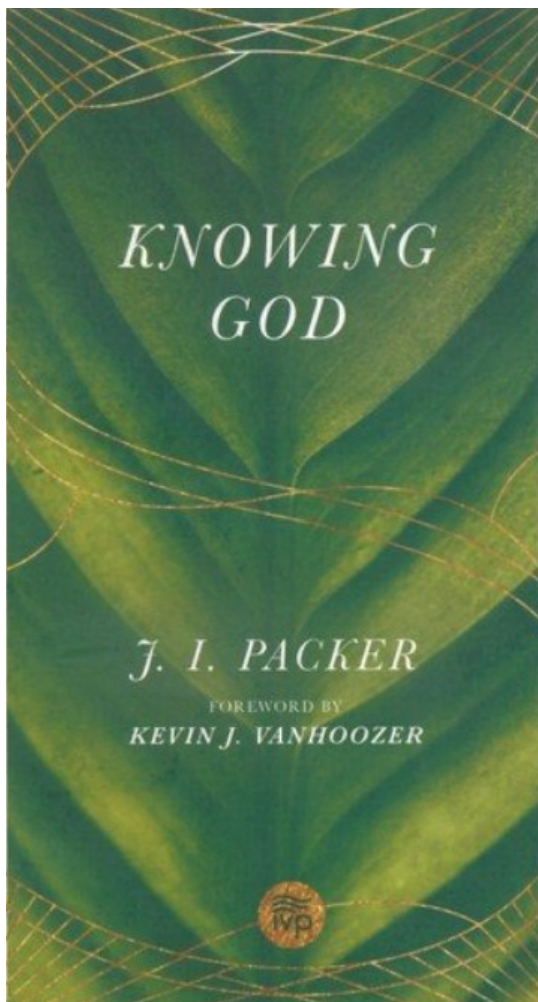
The summer brought two short-term mission teams from Mission Church in Memphis, TN. They partnered with the ministry in Pucallpa for many years. The first team held DVS programs with the Colegio Misionera and the Refuge of Hope schools. The team also held a short Marriage Encounter Seminar while others of the group did maintenance with water filter installations in Pucallpa. Pastor Will Franco and family came with the second team to share a five-night discipleship seminar with a large group of church believers. The ladies in the group held Bible studies with the "Obra Femenina" women's ministry of the AIESHC Church Association. They also supplied each of the 60 ladies with a family water filtration system (pictured below).



Roberto Torres, the new president of the AIESHC Church Association, is busy organizing and working with church leadership. A third session of 2023 with the Timothy Discipleship Initiative program in Pucallpa finished with 32 church leaders. Another session is scheduled in November. There are plans to begin new classes in Pucallpa next year for those who have completed the CCB village program.

Observing the ongoing ministries with growing relationships brings to mind the verses from Ephesians 2:19-22 about how Jesus established His church for eternity. His church continues to be built; God's church goes on forever!





## A New Wednesday Class

### *Knowing God* Study: Beginning September 6

Join Pastor David for a study of the book *Knowing God* by J. I. Packer. The class will meet on Wednesdays in the newly renovated **Langill Hall** from 6:00-7:00 p.m. through November 15. It will also be **livestreamed** and can be accessed on the Adult Ministries page of our [website](#). Whether joining in person or online, **please RSVP on our website**.

Books are available for purchase online and in the church office for a suggested donation of \$12.00. See the reading plan below.

**Sept. 6** Chapters 1-2

**Sept. 13** Chapters 3-4  
Small group Bible study #1  
meets after class

**Sept. 20** Chapters 5-6

**Sept. 27** Chapters 7-8

**Oct. 4** Chapters 9-10  
Small group Bible study #2  
meets after class

**Oct. 11** Chapters 11-12

**Oct. 18** Chapters 13-14

Small group Bible study #3  
meets after class

**Oct. 25** Chapters 15-16

**Nov. 1** Chapters 17-18  
Small group Bible study #4  
meets after class

**Nov. 8** Chapters 19-20

**Nov. 15** Chapters 21-22  
Small group Bible study #5  
meets after class

To participate in the small group Bible studies via **Zoom**, please use meeting ID #89849329820 at [www.zoom.us](http://www.zoom.us).

## Sermons in September

by Rev. Dr. David Mauldin

This will be an unusual month because we will change sermon series in the middle of the month. The first two Sundays wrap up our series on James. On September 17, we begin a new series that will last 11 weeks and take us through to the beginning of the holy season of Advent. This new series is called Learning the Hard Way. It is about the Exodus, from Moses' call at the burning bush until he intercedes for Israel after they worship the golden calf. These passages teach us about God and how to be God's people. They also point to Jesus, the Savior who delivers us from sin and death.

September 3, James 5:7-12  
*James Highlight Reel*

September 10, James 5:13-20  
*Interceding for One Another*

September 17, 1 Corinthians 10:1-14  
*Don't Learn the Hard Way!*

September 24, Exodus 3:1-12  
*A Burning Bush*

# Children's Ministry & Family Outreach

by Sherrey Pridmore, Director of Children's Ministry & Family Outreach



## RECAP OF AUGUST

This month, we learned all about creation and caring for it. We have studied the six days of creation and the 7th day of rest. We are excited to have Adelyn Castle, Cathy Coco, Mike Dewey, Lonnie Ehmann, Loren Esposito, Rhys Pepitone, Alex Thorpe, Coral Vanderwiele, and Hailey Westall running the show on Sunday mornings. The passion they have for God is pretty remarkable. Watching them selflessly serve our littles and our Lord makes my heart smile. Please thank them the next time you see them! They are making a huge impact on the future of this church and, more importantly, God's Kingdom!

## THIS MONTH IN SEPTEMBER

With school back in session, we launched a new style of Sunday school. Although we are still using the Dwell curriculum, all ages are learning the same Bible story at the same time. For families who like to review our Sunday school lessons throughout the week, it just became easier! Dwell engages children to find their place in God's big story, and does so at each age group's learning level. It also encourages families to sharing personal stories at home that connect their lives to the Bible.



We gather every Sunday in our big room called Palm Island for worship. Did you know the Assyrians believed palm trees were a symbol of eternal life? Palms are biblical and represent an important part of the Easter story. In addition, palm trees can usually withstand the craziest storms. Because we are in Palm City and the palm tree symbolizes so many wonderful things, naming our worship area Palm

Island is the perfect fit! It is so fun to gather as a big group and sing praises to our Lord! We then break up into smaller groups based on grade level. Sundays are full of glory and awesomeness!



Our three-year-old to pre-K group meets in our Coconut room and is called "The Little Coconuts." Kindergarten through first grade are "The Light Seekers," AND they meet in our Beacon Point room. Second and third graders meet in our Waveland room and are "The Wavemakers." Our oldest group is "The Game Changers." These fourth through sixth graders meet in our Tiki Hut room. Each group will continue studying the book of Genesis. Whether they are making waves in this world for Jesus or seeking to change the game in society, they all are growing in their faith, and it's an absolute honor to watch God moving in their hearts.





## MOPS and MOMSnext

I am so impressed by the leaders of our MOPS program! I've recently spent time with them, and I adore these women! They are making a difference as Christian moms raising Christ-followers in a world that is so difficult to navigate. I am continuing my role as a Mentor Mom, and excited to be a part of this impactful program. I have met some incredible moms with fascinating life journeys. I am in awe of the work God is doing in our PCPC MOPS and MOMSnext groups, and I look forward to this year's group of women!



## SEEKING VOLUNTEERS

We are looking for volunteers to help in the nursery on Sunday mornings during the 9:30 a.m. service. We are also looking for help with Kidz Klub on Tuesdays from 2:00-4:00 p.m. Please reach out to Sherrey for more information at [sherrey@palmcitypres.org](mailto:sherrey@palmcitypres.org).

## UPCOMING EVENTS

### September 19: KIDZ KLUB RESUMES!



This free program offers games, crafts, snacks, and fun Bible lessons for children in grades VPK-5th. It will be held in Langill Hall on Tuesdays from 2:30-4:00 p.m. Doors open at 2:00 p.m. **We have reached capacity for this session**, but stay tuned for details about our spring session signups.



### October 6: FALL FESTIVAL

Invite friends and join us at the Huizenga Family Life Center for trunk-or-treat, games, crafts, face-painting, and more! This free community-wide event will be fun for the whole family. **We are now collecting individually wrapped, non-chocolate candy** for this festival! Buckets can be found in the HFLC lobby and sanctuary narthex.

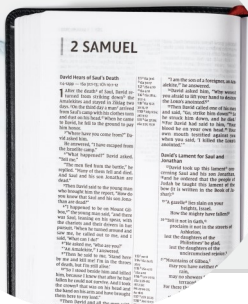
## PCPC Bible Study Groups

### Men's Bible Study

is held in Langill Hall on Thursdays from 7:00-8:00 a.m. Coffee and breakfast are served. Join them for prayer, fellowship, and discussion about how God's word impacts our lives. The current study is on the book of Deuteronomy.

### Women's Bible Study

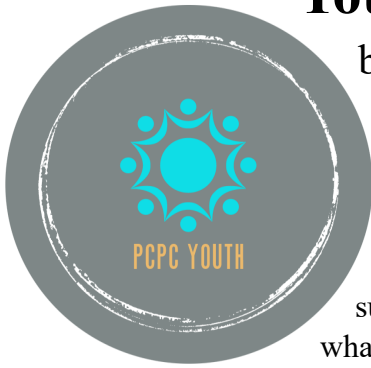
meets in Langill Hall on Thursdays from 9:30 - 11:00 a.m. Join Cathy Coco for a study of 2 Samuel beginning September 7. See our website for the reading schedule.





# Youth News

by Richie Kim,  
Youth Leader



## WELCOME BACK TO YOUTH GROUP!

Youth groups have resumed! We're excited about what this upcoming year has in

store for PCPC youth. High School Youth Group began on Sunday, August 20, and Middle School Youth Group started Wednesday, August 23. We welcomed several new friends and many of our old ones. What a great start to the school year! If you want more information about the youth program at PCPC or how you can be a part of it, please contact me (Richie) at 772-812-2650 or at [richie@palmcitypres.org](mailto:richie@palmcitypres.org).

ferently from the world). We had a great time fellowshiping and strengthening the core of our group for the upcoming year. Check out the pictures below from our retreat.



*PCPC youth leaders greeting HOMS students with popsicles on their first day of school*



## END OF SUMMER YOUTH RETREAT (ESYR)

As summer came to its inevitable end, our youth gathered for one last hurrah before heading back to school. This year's ESYR was held on Hutchinson Island, where a dozen of our youth spent four days kayaking, paddleboarding, fishing, shelling, boogie boarding, and other beach activities. For some, it was a vacation; for others, it was a much-needed rest before the school year began. Our students spent the evenings in worship with a series of talks I led on "Being *Weird* in the Eyes of the World" (living dif-

High School Youth Group:  
Sundays 6:00-8:00 p.m. in the HFLC

Middle School Youth Group:  
Wednesdays 4:30-6:00 p.m. in the HFLC

Young Adults & College Students  
Tuesdays 6:00-8:00 p.m. in the HFLC



TEXT @PCPCYO  
TO 81010



## WHAT OUR YOUTH ARE STUDYING



Currently, our students are working through the book of Mark and exploring the journey of faith: where it begins, where we are on the path, and where we want to go. Under my leadership,

our new small group mentors are helping students navigate that journey and facilitating new and ongoing relationships between Jesus and our youth.

## UPCOMING

We will be holding a **rummage sale** in the Huizenga Family Life Center to benefit our youth programs on **September 29 and 30!** We are now accepting donated items to sell. They can be brought to PCPC. Please contact Jason Pridmore: [jason@palmcitypres.org](mailto:jason@palmcitypres.org) for help with larger donations.

**SUNDAY  
SEPTEMBER 24  
6:00-8:00 p.m.**

**ICE CREAM  
GAUNTLET  
2023**

As terrifyingly messy as it is delicious! It's a Florida-style snowball battle you won't mind losing!

**This is an event for both  
middle and high school students.**

# The Magic of Young Life



PRESENTS AN EVENING OF

STORIES &  
CELEBRATION

JOIN US FOR A FUNDRAISING EVENT

SUNDAY, NOVEMBER 5TH, 2023

6:00 P.M.

THE PITTENGER CENTER (ST. MARY'S CHURCH) / 701 EAST OCEAN  
BLVD

RSVP WITH YOUR TABLE HOST  
OR EMAIL [YLMARTINCOUNTY@GMAIL.COM](mailto:YLMARTINCOUNTY@GMAIL.COM)

DINNER AND DRINKS WILL BE SERVED  
CASUAL ATTIRE



# CAREGIVER SUPPORT GROUP

1<sup>st</sup> and 3<sup>rd</sup> Tuesdays  
at 10:00 a.m. in the library

# walk AEROBICS

**Mondays & Wednesdays  
5:15 p.m. in Langill Hall**

We're looking for  
**USHERS  
GREETERS  
COMMUNION SERVERS**

Please call the church office for  
more information.

**VOLUNTEERS  
NEEDED**

**SIGN UP  
TODAY!**

# HOUR OF PRAYER & FELLOWSHIP

1<sup>st</sup> & 3<sup>rd</sup> Mondays @ 7:30 p.m. on Zoom.  
meeting ID# 785 1156 5994

# Widows Club BRUNCH

Friday, September 29  
at 11:30 a.m. in Langill Hall

All widows are welcome.  
Please RSVP on our website!

# rightnow MEDIA

**Our church's Bible study library  
is now digital and gigantic.**

Over 20,000 discipleship videos for kids, youth, and adults.





# Finding Purpose in Every Stride

Join the Growth Circle: A faith-based running group for women over 40

Dear Sisters in Faith,

I hope this message finds you well and filled with the spirit of joy and hope. In today's fast-paced world, it's easy to forget to nurture our spiritual well-being while taking care of our physical health. In the Growth Circle, we believe that your faith journey and your fitness journey can beautifully intertwine. That's why we are excited to invite you to this running group exclusively designed for women over 40!



## Why a faith-based running group?



Life is a marathon, not a sprint, and our faith plays a vital role in guiding us through the journey. Our group is designed to provide a supportive and uplifting community for women over 40 who share a common faith and a passion for running. It's a space where you can nurture both your spiritual and physical well-being.

## What to expect:

- ♦ **Spiritual connection:** Each run is more than just exercise; it's a chance to reflect on your faith journey. We start our runs with a brief prayer, scripture reading, or inspirational lesson to set a positive and purposeful tone.
- ♦ **Community:** You'll meet like-minded women who share your values and goals. We believe we can achieve more together, and the friendships formed here offer support and encouragement.
- ♦ **Physical health benefits:** Running is a fantastic way to maintain or improve your physical fitness. Whether you're a seasoned runner or a beginner, our group welcomes all fitness levels. We'll support and motivate you to reach your goals.

- ♦ **Accountability:** Weekly meet-ups help you stay committed to your fitness routine. When you know others are counting on you, it becomes easier to lace up those running shoes.

## When and where:

The Growth Circle running group meets **every Monday evening at 6:00 p.m.** in the library at Palm City Presbyterian Church. We will have fellowship, warm up for 30 minutes, and then train outside for 30 minutes. We start walking and progressively make our way through a 5K in only eight weeks. You will be surprised at what your body can do when you are intentional and consistent! Additionally, we will explore scenic trails and parks on Saturday mornings (optional, but highly recommended) while deepening our faith and forging connections with other women.

## How to join:

Joining is simple! Visit [www.karlamerrell.com/growthcircle](http://www.karlamerrell.com/growthcircle) and fill out the form under the "join the movement" button to register. You can find details about our upcoming race, pictures, and testimonials.

## Come run with us!

We invite you to embark on a journey of faith, fitness, and friendship. It's never too late to prioritize your spiritual and physical well-being. Whether you're a seasoned marathoner or just taking your first steps as a runner, the Growth Circle is ready to welcome you. Together, we'll discover the joy of running in faith. Let's stride forward on this inspiring journey together!

Blessings,  
Karla Merrell, Founder

## Bell Choir Update

by Joanne Raulin, Principal Organist  
and Director of Bell Choirs

*All the heavens seem to twinkle with a crystalline delight;  
Keeping time, time, time, in a sort of Runic rhyme,  
To the tintinnabulation that so musically wells  
From the bells, bells, bells, bells, bells, bells, bells, bells;  
To the rhyming and the chiming of the bells.*

- "The Bells" by Edgar Allen Poe

We *do* make a joyful noise to the Lord with our Bells of Praise handbell choir. Our musicians here at PCPC are truly dedicated and talented! This summer, our

**Bells of Worship** (a small group of ringers) has been rehearsing weekly and ringing in our traditional worship services every third Sunday in June, July, and August. Thank you for doing a marvelous job throughout the year—our church is blessed to have you!

The **Bells of Praise** will ring the second Sunday in October and every second Sunday throughout the season. (Notice the change from the third Sunday.) We will begin rehearsals on Wednesday, September 6, at 4:00 p.m. New members are welcome and no prior musical experience is required. Please contact me at [joanne@palmcitypres.org](mailto:joanne@palmcitypres.org) to join in.

# You're Invited



Relevant, in-depth  
Bible study



Encouraging  
fellowship



Caring small groups  
for all ages



Dinner included for  
enrolled families

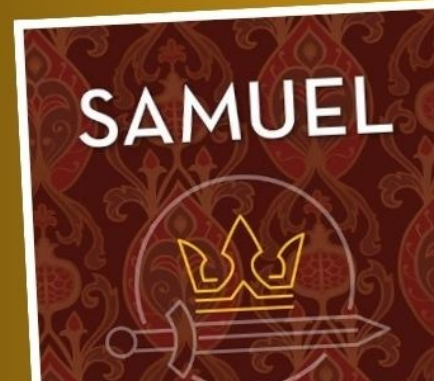
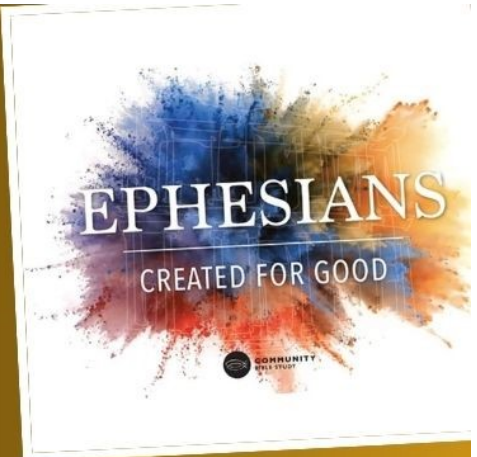
[www.palmcityeve.cbssclass.org](http://www.palmcityeve.cbssclass.org)

## BEGINNING SEPTEMBER 7

Hosted at Palm City Presbyterian Church  
on Thursdays from 6:30-8:00 p.m.



COMMUNITY BIBLE STUDY







GRIEF SHARE

# LOSS OF A SPOUSE

**Wednesday, October 4  
10:00 a.m.**  
**in the office conference room**

Please visit  
**[www.griefshare.org](http://www.griefshare.org)**  
**for details and registration!**

## GriefShare Program

GriefShare, facilitated by PCPC Stephen Ministers, offers biblical, Christ-centered teaching that focuses on topics associated with the death of a loved one. The DVD seminar features nationally respected grief experts and real-life stories of people, followed by discussion. Many grieving people find they are only beginning the work of healing when friends or family have returned to their daily life routines. Too often, people tend to stuff their grief instead of allowing it to do the God-given work for which it is intended. Don't allow fear of what others may think to keep you from what could help you. Confidentiality is a key part of this program.

Whether your bereavement experience is recent or not, you will find encouragement, comfort, and help in grieving the death of a loved one. This is an opportunity to be around people who understand what you are feeling. You will learn how to recognize the symptoms of being stuck in grief and that you do not need to live in bondage to certain emotions. You will learn valuable information about facing your new normal in life and renewing your hope for the future. Please visit the GriefShare website ([griefshare.org](http://griefshare.org)) or call the church office at 772-286-9958 to join in at any time.



**Loss of Spouse Seminar  
Wednesday, October 4 @ 10:00 a.m.**

**Surviving the Holidays Seminar  
Wednesday, November 1 @ 10:00 a.m.**

**13-week GriefShare Program  
Wednesdays beginning January 10 at 10:00 a.m.**

**stephen  
MINISTRY.**

# PCPC Prayer Breakfast

## Saturday, October 28 | 9:30 a.m. - 12:00 p.m.

### in the Huizenga Family Life Center

**Join us for a church-wide breakfast**, hosted by our deacons, as we embrace the importance of prayer and fellowship. We'll hear from guest speaker and author Ava Pennington on the significance of calling on God by His names and attributes. **Please RSVP on our website by October 14.** There is no cost to attend the breakfast. Men and women of all ages are welcome.

**Ava Pennington** is the author of *Reflections on the Names of God*, a devotional endorsed by Kay Arthur, founder of Precepts Ministries. She also co-authored two children's picture books and published stories in 29 books of the inspirational *Chicken Soup for the Soul* series. Her articles have appeared in Christian magazines, such as *Today's Christian Woman*, the Salvation Army's *War Cry*, and Focus on the Family's *Clubhouse*. Ava teaches a Bible Study Fellowship class: a weekly, interdenominational class of 200 women. Prior to writing and teaching, she was a senior executive in human resources in New York City for more than 20 years. Her educational background includes an MBA from St. John's University and an Adult Bible Studies certificate from Moody Bible Institute. Ava is an alumna of the Martin County Chamber of Commerce LEADERShip program, and was honored as a Martin County March of Dimes Citizen of Distinction. She is also a former member of the Martin County Library Board of Trustees, as well as a former board member of Care Net Pregnancy Services of the Treasure Coast. Ava and Russ were married 40 years before his graduation to heaven. These days her 9-year-old boxer, Daisy, keeps her entertained with lots of mischief!

#### The Blessings of Calling God by Name

When we pray, we pray "in Jesus' name." But what does that mean? How does calling on God by the specific names and attributes He revealed for Himself help our prayer life? Learn more about this from Ava at the upcoming prayer breakfast on October 28.

Anyone wishing to purchase Ava's book, *Reflections on the Names of God*, can do so on the prayer breakfast registration form or at the church office for a discounted price of \$10 each. All books should be picked up in the church office prior to the prayer breakfast.





# Turkey Trot 5K for Neighbors in Need

by Karla Merrell, Race Director

As the fall season graces us with its beauty, we're excited to come together for an event that embodies the true spirit of love, compassion, and neighborly care. The upcoming **12th annual Palm City Turkey Trot 5K Run/Walk & Kids Fun Run** isn't just about a race; it's about extending a helping hand to our less fortunate neighbors, just as we are called to do in the teachings of Christ.



**Date:** November 23, 2023 (Thanksgiving Day)

**Time:** 7:30 a.m.

**Location:** Palm City Presbyterian Church



This year's Turkey Trot is more than an opportunity for a healthy and enjoyable run; it's a chance for us to live out the profound commandment given by Jesus: "Love your neighbor as yourself." (Mark 12:31) Our neighbors experiencing homelessness need our love, support, and solidarity, especially during these challenging times. All proceeds of this event will benefit LAHIA (Love and Hope in Action), which provides those in need with meals, clothing, showers, hygiene essentials, and spiritual guidance.

## How can you love your neighbor as yourself?

- ♦ **Register with love.** When you register for the Palm City Turkey Trot, you're not just signing up for a race; you're showing love for your neighbors in need. Every step you take on the course represents



a step towards a brighter future for someone struggling with homelessness.

- ♦ **Become a sponsor.** Are you a local business or an individual blessed with the means to make a difference? Consider becoming a sponsor for this Christ-centered event. Your support not only makes the race possible, but also brings hope to the hearts of those seeking shelter, warmth, and care. We are currently looking for FOUR sponsors at level \$750 or \$1000 to reach our goal. 
- ♦ **Share the love.** Spread the word about the 5K within our community. Invite friends, family, and fellow congregants to join us! Together, we can create a wave of compassion that reaches far beyond the race day.
- ♦ **Serve with love.** If running or walking isn't your thing, consider serving as a volunteer. Every helping hand and cheerful heart makes a difference. 
- ♦ **Give with love.** If you're unable to participate in person, you can still contribute. Your donation, no matter the size, will directly impact the lives of our neighbors in need.

As we lace up our shoes, as we run side by side, as we cheer for one another, let's remember the essence of this event: love your neighbor as yourself. Together we can transform the lives of those who may feel forgotten, showing them the love and care that Jesus exemplified.

**For more information,** please visit [runsignup.com](https://runsignup.com), scan the codes provided, or email me at [palmcitypres-turkeytrot@gmail.com](mailto:palmcitypres-turkeytrot@gmail.com).




# September 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Sunday Worship</b> <b>8:30 a.m. Traditional Service in the sanctuary</b> <b>9:30 a.m. Contemporary Service in the Huizenga Family Life Center</b> <b>11:00 a.m. Traditional Service in the sanctuary</b> MBS: Men's Bible Study   WBS: Women's Bible Study CBS: Community Bible Study					1	2
<b>3</b> 9:30 a.m. Children's Sunday School 9:45 a.m. Adult Sunday School	<b>4</b> <b>Labor Day</b> <i>Office Closed</i>	<b>5</b> 10:00 a.m. Caregivers Support 4:00 p.m. Deacons 6:00 p.m. Young Adults Group	<b>6</b> 10:30 a.m. Al-Anon 4:30 p.m. Middle School Youth Group 4:30 p.m. Bell Choir 5:15 p.m. Walk Aerobics 6:00 p.m. Knowing God Class	<b>7</b> 7:00 a.m. MBS 9:30 a.m. WBS 6:30 p.m. CBS 7:00 p.m. Choir Rehearsal		
<b>10</b> 9:30 a.m. Children's Sunday School 9:45 a.m. Adult Sun. School 12:15 p.m. New Member Class 6:00 p.m. High School Youth Group	<b>11</b> 9:30 a.m. MOPS 4:00 p.m. Stephen Ministry 5:15 p.m. Walk Aerobics 7:30 p.m. Hour of Prayer & Fellowship	<b>12</b> 5:30 p.m. MOPS 6:00 p.m. Young Adults Group	<b>13</b> 10:30 a.m. Al-Anon 4:30 p.m. Middle School Youth Group 4:30 p.m. Bell Choir 5:15 p.m. Walk Aerobics 6:00 p.m. Knowing God Class	<b>14</b> 7:00 a.m. MBS 9:30 a.m. WBS 6:30 p.m. CBS 7:00 p.m. Choir Rehearsal		
<b>17</b> 9:30 a.m. Children's Sunday School 9:45 a.m. Adult Sunday School 6:00 p.m. High School Youth Group	<b>18</b> 9:30 a.m. MOPS 5:15 p.m. Walk Aerobics	<b>19</b> 10:00 a.m. Caregiver Support 2:30 p.m. Kidz Klub 6:00 p.m. Young Adults Group	<b>20</b> 10:30 a.m. Al-Anon 4:30 p.m. Middle School Youth 4:30 p.m. Bell Choir 5:15 p.m. Walk Aerobics 6:00 p.m. Knowing God Class	<b>21</b> 7:00 a.m. MBS 9:30 a.m. WBS 6:30 p.m. CBS 7:00 p.m. Choir Rehearsal	<b>22</b> <b>Newsletter Deadline</b>	<b>23</b>
<b>24</b> 9:30 a.m. Children's Sunday School 9:45 a.m. Adult Sunday School 6:00 p.m. High School Youth Group	<b>25</b> 9:30 a.m. MOPS 5:15 p.m. Walk Aerobics 7:30 p.m. Hour of Prayer & Fellowship	<b>26</b> 5:30 p.m. MOPS 2:30 p.m. Kidz Klub 6:00 p.m. Young Adults Group	<b>27</b> 10:30 a.m. Al-Anon 4:30 p.m. Bell Choir 4:30 p.m. MS Youth Group 5:15 p.m. Walk Aerobics 6:00 p.m. Knowing God Class 7:00 p.m. Session	<b>28</b> 7:00 a.m. MBS 9:30 a.m. WBS 6:30 p.m. CBS 7:00 p.m. Choir Rehearsal	<b>29</b> 9:00 a.m. Rummage Sale 11:30 a.m. Widows Brunch	<b>30</b> 8:00 a.m. Rummage Sale



# Birthdays & Anniversaries

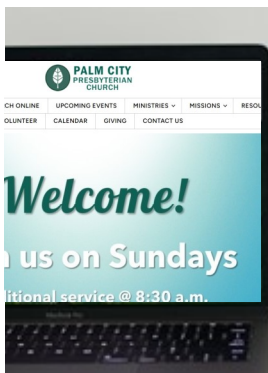
9/1 Kevin Johnson, Diane LaBar  
9/2 John Drew  
9/3 Debra Duvall, Wylie Scott, Trudi Tillett  
9/5 Frank Swygert  
9/7 Giovanni Gonzalez, Sue Stutzke  
9/9 Jane Barrell, Jackie Forrest, Bob Sempier  
9/11 Marlene Boobar, Daniel Mauldin  
9/12 Jean Austin, Kristine Gunn, Janet Jones, Andrea Wood  
9/13 Brooke Kulp  
9/14 Sherrey Pridmore  
9/15 Camden Duke, Craig Karraker  
9/16 Jack Duke, Helen Langill, Parker Olson, Jenna Thorpe  
9/17 Kathy Garlington, Layla Rosseau  
9/18 Deborah Kessler, Ben Smith, Elizabeth Zsoka  
9/19 Clarke Curley, Bob Eberhart, Jennifer Legg,  
Dotti Rogers, Wally Server, Reed Spicer  
9/20 Madison Artman, AJ Puzzo  
9/21 Marge Overton, Phyl Sullivan  
9/22 Patti Miller  
9/23 Robin Henn  
9/24 Allison Karraker, Katie Legg, Janie Shubert  
9/25 Nidia Bernstiel, Autumn Peters  
9/26 Bob Andrews, Carolyn Knight, Rosalyn Soo Mauldin  
9/27 Bob Hayman, Aubrey LaBar  
9/28 Jay Spicer, Kayla Winterhalter  
9/29 Kelly Boswell  
9/30 Gretchen Dewey, Janet Shoemaker



9/1 Mike & Lee England  
9/3 Bob & Janie Shubert  
9/4 John & Dot Coblentz,  
Neil & Mary Olesen,  
Mike & Talayeh Witt  
9/5 Kevin & Shama Johnson,  
Bob & Sharon Pierce  
9/8 Rob & Patti Miller  
9/11 Will & Fran Hicks  
9/13 George & Marlene Cross  
9/19 Bill & Mary Gilmour  
9/22 Al & Susan Hastings  
9/29 Stephen & Gerri Strong

## Have something for our next newsletter?

Email it to our editors Amy Kitchell and Andrea Wood at [newsletter@palmcitypres.org](mailto:newsletter@palmcitypres.org) by the deadline listed on the calendar. Please write "Newsletter Article" in your subject line and attach any photos you would like to include.



## Stay Up to Date!

[www.palmcitypres.org](http://www.palmcitypres.org)



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# Palm City Presbyterian Church



2700 SW Martin Highway  
Palm City, Florida 34990  
772-286-9958  
[www.palmcitypres.org](http://www.palmcitypres.org)

## **SUNDAY WORSHIP TIMES**

**Traditional Services**  
8:30 and 11:00 a.m. sanctuary

**Contemporary Service**  
9:30 a.m. Huizenga Family Life Center

The background of the bottom section is a textured orange color. On the left side, there is a detailed illustration of two pumpkins. One pumpkin is in the foreground, and another is slightly behind it to the left. The pumpkins are drawn with dark brown outlines and some internal shading to show texture.

# Fall FESTIVAL

**Friday, October 6**  
**5:30 - 8:00 p.m. at the Huizenga Family Life Center**

*Family fun for all ages!*