



## Pastor Bob and Jeanne Claycamp's October 2018 Poimen Newsletter

### SPECIAL REPORT!!

Many of you already know the latest news regarding my health. On Thursday morning Sept 27 I had a **heart attack**. Jeanne and I went to the emergency room and they immediately put me onto the fast track to get a stent put into my left coronary artery. That's the artery that feeds the left chamber muscle of the heart commonly referred to as 'the widow maker'. That artery was 100% blocked.

I am not a high risk patient. I didn't have any of the classic risk factors that were to be watched. My cholesterol was excellent, I have low blood pressure, no family history, a non-smoker, no diabetes. Yet it happened.

I was in denial through much of the procedure. 'Really, doc, it's just acid-reflux. Just give me some antacids and send me home. Can I teach this Sunday?'

After two morphine shots, nitro-glycerin spray under the tongue and pic lines in both hands I'm being wheeled off on the gurney down the hall. Then apparently I had cardiac arrest and they had to do chest compressions to bring me back. My wife saw the whole thing, which was an absolute nightmare for her; but I was blacked out.



Because of my hyper-sensitivity to motion sickness, the morphine caused my head to spin and spin, thereby kicking into gear constant vomiting throughout the entire procedure. They gave me the maximum dose of antiemetic medicine which didn't help very much. Nothing like being humbled to the max!

I was put on six medications and eventually sent home two days later. There is a part of my left upper chamber of my heart that was effected by the heart attack, which the doctors say will not come back. Still the rest of my heart is strong and the prognosis is I will come back to strength in four to six weeks.

What this means going forward is simple: We are seeking the Lord for further guidance. I cancelled all my teachings and trips for the next few weeks. We have some from the church who are stepping up to fill in the needs and teaching roles. I'm slowly becoming more active each day, lengthening my walks and my stair movements.

### WHAT'S AHEAD FOR US?

-Jeanne is heading up a **southwest England women's retreat** at Brunel Manor, Torquay, November 9-10.



-We have one **ministry opportunity in east England** (Norwich) the second weekend of December (I should be fine by then.)

-We are heading **back to the states for six weeks in January-February**. We will be three weeks in Arizona and three weeks in Colorado.

### GENERAL PRAYER REQUESTS

\*\*\*pray for **wisdom, courage and perspective** in helping to train up British men and women for spiritual leadership

\*\*\*pray for **our physical health** to come back strong and stay stable

\*\*\*pray for **Jeanne's CT scan October 30th** to come back showing no growth of the 1" mass located behind her lower esophagus  
\*\*\*pray for **additional new families** to begin attending Calvary Chapel Exeter  
\*\*\*pray for **University students** to find their way to our congregation (and to the gospel!) and may they count our church their home away from home.  
\*\*\*pray for **British interns** to come alongside us to help in the overall ministry here in the southwest of England  
\*\*\*pray for **resources by December 31** to purchase the 4 bdrm house across the street from the church building for a ministry/discipleship house  
\*\*\*pray for **fresh vision** for the coming years here in the UK and Europe  
\*\*\*pray for **more seasoned pastors** to join our Poimen UK/Europe team  
\*\*\*pray that the **gospel message be spread** over Exeter, as well as the entire southwest of England

Jeanne is posting frequent updates to her blogsite: <http://thepilgrimsheart.blogspot.com>. You can also hear the teachings I have been giving at Calvary Chapel Exeter at this link: <http://www.calvaryexeter.co.uk/teachings.html>

All Poimen support monies should be mailed to this address:

Pastor Bob and Jeanne Claycamp  
[14201 N 32nd St, Phoenix, Arizona 85032](http://www.bobclaycamp.com/html/contact-donate.html)

There is also an online donation PayPal link toward the bottom of my website page at <http://www.bobclaycamp.com/html/contact-donate.html> (note: PayPal subtracts 3% of the amount donated before it gets to us.) You can also set up online bill pay through your bank or credit union which will automatically send an amount each month to the Poimen address.

Please use the POIMEN MINISTRY address listed above and mark on a separate piece of paper: For Pastor Bob and Jeanne Claycamp.  
Thanks again for taking the time to read our newsletter and to pray for us.

Our email addresses are:

Pastor Bob Claycamp: [bobclaycamp@hotmail.com](mailto:bobclaycamp@hotmail.com)

Jeanne Claycamp: [gneec7@gmail.com](mailto:gneec7@gmail.com)

[www.bobclaycamp.com](http://www.bobclaycamp.com)

[poimenministries.com](http://poimenministries.com) (click on our picture in the right column on the Poimen website)

Our US phone number is [\(602\) 812-2972](tel:6028122972) (free internet phone, but data charges may apply to your plan)

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