



“For the Lord does not see as man sees; for man looks at the outward appearance, but the Lord looks at the heart.”

1 Samuel 16:7 (NKJV)

Truth and questions for a healthy spiritual heart:

Ezekiel 36:26-27

The defining mark of your new heart in Christ, the proof of your regeneration, is a desire to follow God’s commands and the ability to do so. His word and the Holy Spirit are God’s gift to you to make the truth of your new life in Christ a reality.

Overall how infused is the pursuit of God’s word in your everyday life?

Proverbs 3:5-6

Give God opportunity to interrupt our daily plans by trusting fully in His word and dedicating ourselves to obedience to His word above all else.

How much space have you given God to lead in all areas of your life? What area needs more?

1 Samuel 17:29-30

Like David we must learn to turn away from false judgements and allow the will of God and His faithfulness to continue to establish our confidence.

What are practical steps you can take to “turn” when you find your confidence is being attacked?

Psalms 139:13-18

Our days are fashioned for us to build our true identity; which is ultimately found in serving others through our gifts. Our compassion and passions help point us to our areas of service. “We are fearfully and wonderfully (set apart, unique) made.”

As you grow in your God given identity, what obstacles keep you from acting on your identity driven instincts?

2 Corinthians 5:6-7

Our new heart is given to us to move us in faith.

How big is your God? If you are led by the mind of Christ, it’s important to look at your assessment of how big He is.

Proverbs 27:17

Walking by faith not by sight takes work. It can cause discouragement, confusion, and frustration as we try and discern God’s will. The truth is we need one another to speak into each other’s lives to help pick us up, provide wisdom, comfort, understanding and support to move forward.

Who do you feel God has placed in your life to receive encouragement from and to be an encouragement to? How do you need encouragement in your life?

Psalms 51:16-17

Obedience to God’s instruction is WISDOM working in us and through us. It is what our new hearts crave.

How often do you seek God’s wisdom/instruction throughout the day? How are you putting the wisdom He has given you into action?

Ezekiel 36:25-27

Cleansing of idols is a necessary component of having a healthy new heart. Self idolatry splits our focus, it’s a stumbling block to discerning and following the instruction of God.

Your true identity is found in the truth of being a child of God, apart from that, what are the temporary things you are chasing to build a sense of identity and value? How can you seek your true identity instead?
