

St. Mark's Day School

GYM Kids

Preschool 3 - Jr. Kindergarten

On Wednesdays, Coach Kelly Mertel provides a highly engaging fitness program to our Preschool 3 through Jr. Kindergarten students.

Our little learners gain strength in their gross motor skills, work on cooperation, teamwork, and following directions. Fun class themes allow children to use their imagination while getting exercise and learning about healthy choices!



Learn. EXPLORE. Discover.