



first look™

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PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME



BIBLE STORY

God made me to respect myself.

RESPECT MYSELF
1 CORINTHIANS 6: 19-20;
16: 13-14

MEMORY VERSE

"I am fearfully and wonderfully made."

PSALM 139:14, NIV

KEY QUESTION

Who made you?

BOTTOM LINE

God made me.

BASIC TRUTH

God made me.

PRELUDE: Setting the tone for the experience

For Leaders Only
Monthly Overview
Create the Environment

15
MIN

SOCIAL: Providing time for fun interaction

Offer one or more of these activities as preschoolers arrive.
Sleep
Feed Me
Brush

10
MIN

WORSHIP: Inviting people to respond to God

More Than Anything

10
MIN

STORY: Communicating God's truth in engaging ways

Bible Story
Prayer

25
MIN

GROUPS: Creating a safe place to connect

Offer as many of these activities as your time, facilities, resources, and leadership allow.
Mirror, Mirror
Taking Care of Jimmy
Bubble Bath
Sponge

HOME: Prompting action beyond the experience

Going Home
Parent Cue

PRELUDE

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GROUPS

HOME

15 MINUTES

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MOVE

an activity that uses a preschooler's natural desire to move to help them learn

1. SLEEP

WHAT YOU NEED: Plush animals (*two per child*) and small blankets

WHAT YOU DO:

BEFORE THE ACTIVITY: Place the plush animals in the activity area. Place the blankets in a stack near the animals.

DURING THE ACTIVITY: Encourage the children to choose two animals and pretend to put them to bed. Ask them to tuck them in with the blankets and kiss them good night. Be sure each child tucks in two animals.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "We have animals all over our room. (*Point.*) They are all very sleepy!"

DURING THE ACTIVITY: "We have blankets to tuck in our animals with. (*Point.*) Tuck in two animals, and be sure to kiss them goodnight."

AFTER THE ACTIVITY: "Awesome! Our animals are all asleep. Sleep is good for our bodies. Our Bible story today will tell us that God wants us to take care of our bodies."

TRANSITION: Move to Bible story time by inviting the children to pretend to snore as you walk to the story area.

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15 MINUTES

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PLAY

an activity that encourages preschoolers to follow guidelines while having fun and learning new concepts

2. FEED ME

WHAT YOU NEED: Large cardboard box with a lid or top, markers, X-ACTO® knife, and beanbags

WHAT YOU DO:

BEFORE THE ACTIVITY: Use the markers to draw a large face on one side of the box. Be sure the mouth can be cut out. Use the knife to cut out the mouth. Place the box in the activity area.

DURING THE ACTIVITY: Have the children stand five feet from the box in a single file line. Give the first child in line a beanbag, and challenge him to feed the box by tossing a beanbag in the box's mouth. Allow each child to have a turn to feed the box.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "We have a pretend friend in our room today (*point to box*), and he is super hungry."

DURING THE ACTIVITY: "Let's feed our friend. Everyone stand in line (*pause*) and we will try to throw the beanbag into his mouth. (*Demonstrate.*) Are you ready to feed our friend?" (*Pause and do activity.*)

AFTER THE ACTIVITY: "Way to go! Now our friend is not hungry anymore. We need food to keep our bodies healthy. We are going to hear a Bible story today about how God wants us to keep our bodies healthy."

TRANSITION: Move to Bible story time by pretending to eat as you walk to the story area.

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

15 MINUTES

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16: 13-14



IMAGINE

an activity that lets preschoolers pretend, imagine, and role play to enhance their learning

MEMORY VERSE

"I am fearfully and wonderfully made."

PSALM 139:14, NIV

KEY QUESTION

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BASIC TRUTH

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3. BRUSH

WHAT YOU NEED: Small tub, several toothbrushes, and DUPLO® blocks

WHAT YOU DO:

BEFORE THE ACTIVITY: Place the blocks face up in a single layer inside the tub. Try to fit the perfect number of blocks inside the tub so the bottom is fully covered.

DURING THE ACTIVITY: Give the children a toothbrush, and tell them that the blocks are teeth. Challenge them to use the brushes to brush the teeth in the tub. Be sure every child has a turn to brush the teeth.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "We have to brush our teeth every day to take care of them."

DURING THE ACTIVITY: "We have a tub full of pretend teeth. Let's practice brushing the teeth." (*Do activity.*)

AFTER THE ACTIVITY: "Great job! We must brush our teeth to keep them healthy. Our Bible story today will tell us who wants us to take care of our bodies."

TRANSITION: Move to Bible story time by pretending to brush your teeth as you move to the story area.

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

25 MINUTES

**HEAR
FROM GOD**
MEMORY VERSE
REVIEW



MOVE

an activity that uses a preschooler's natural desire to move to help them learn

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1. MIRROR, MIRROR

WHAT YOU NEED: Preschool-safe handheld mirrors

WHAT YOU DO:

BEFORE THE ACTIVITY: Give a child a mirror.

DURING THE ACTIVITY: Have the child look into the mirror and say the memory verse.

AFTER THE ACTIVITY: Repeat the activity until each child has said the memory verse into the mirror.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Our memory verse tells us that we are wonderfully made by God."

DURING THE ACTIVITY: "Let's say our memory verse while we see how wonderfully made we are. (Give a child the mirror.) Look into the mirror while we say our memory verse." (Do activity.)

AFTER THE ACTIVITY: "God made us in His image, and we are wonderfully made! **Who made you? God made me!**"

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

25 MINUTES

TALK
ABOUT GOD
BIBLE STORY
REVIEW



IMAGINE

an activity that lets preschoolers pretend, imagine,
and role play to enhance their learning

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1 CORINTHIANS 6: 19-20;
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2. TAKING CARE OF JIMMY

WHAT YOU NEED: "Jimmy" Activity Page, white paper, wall tape, play food, sponges, and toothbrushes

WHAT YOU DO:

BEFORE THE ACTIVITY: Copy the "Jimmy" Activity Page onto the paper. Enlarge if desired. Tape the Activity Page onto the wall at preschool level.

DURING THE ACTIVITY: Ask the children to take care of Jimmy by feeding him the food, washing him with the sponge, and brushing his teeth.

AFTER THE ACTIVITY: Retell the Bible story.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Look! It is Jimmy from our video today!" (Point.)

DURING THE ACTIVITY: "We learned that God wants us to take care of our bodies, so let's all work together and take care of Jimmy. We can feed him (point to food), we can wash him (point to sponge), and we can help him brush his teeth (point to toothbrush)." (Do activity.)

AFTER THE ACTIVITY: "You did a great job taking care of Jimmy. God wants us to take care of our bodies that He made. We should eat good food, clean ourselves, and always brush our teeth. God made us and wants us to be healthy! **Who made you? God made me!**"

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

25 MINUTES

**LIVE
FOR GOD
APPLICATION
ACTIVITY**



MOVE

an activity that uses a preschooler's natural desire to move to help them learn

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3. BUBBLE BATH

WHAT YOU NEED: Child-sized pool, cotton balls, and bath toys

(OPTION: You can use ping-pong balls or mini clear inflatable beach balls in place of cotton balls.)

WHAT YOU DO:

BEFORE THE ACTIVITY: Fill the tub with the cotton balls. These will be your bubbles for your bath. Place the bath toys on top of the bubbles.

DURING THE ACTIVITY: Invite the children to get into the bathtub and pretend to take a bath. Repeat as desired.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "WOW! What a cool bathtub." (*Point.*)

DURING THE ACTIVITY: "Let's get in and pretend to take a bath." (*Do activity.*)

AFTER THE ACTIVITY: "That was so much fun! God wants us to take care of the bodies that He made. One way we can do that is by taking baths. **Who made you? God made me!**"

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

25 MINUTES

**LIVE
FOR GOD
APPLICATION
ACTIVITY**



CREATE

an activity that allows preschoolers to review the Bible story, bottom line, or memory verse by creating a craft to take home

BIBLE STORY

God made me to respect myself.

RESPECT MYSELF
1 CORINTHIANS 6: 19-20;
16: 13-14

4. SPONGE

WHAT YOU NEED: "Sponge" Activity Page, light blue cardstock, scissors, heart-shaped sponges (*one per child*), clear cellophane bags (*one per child*), ribbon, hole punch, and heart stickers or stamps

(OPTION: If you choose not to use heart-shaped sponges, you may simply choose to use regular-shaped sponges.)

WHAT YOU DO:

BEFORE THE ACTIVITY: Copy the "Sponge" Activity Page onto the cardstock and cut on the dotted lines. Fold each card on the solid black line so that you have a tent-like card. Punch a hole in the left corner on the card so that it goes through both sides of the card. Cut the ribbon into one-foot sections.

DURING THE ACTIVITY: Give each child a card and some heart stickers or stamps. Ask the children to decorate their card. Then give each child a bag and sponge. Help the children place the sponge inside the bag.

AFTER THE ACTIVITY: Feed a section of the ribbon through the holes in the card and then tie it around the top of the bag to secure it.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "God loves us and wants us to take care of bodies He made."

DURING THE ACTIVITY: "One way to take care of our body is to take baths. We are going to make a sponge that you can take home and use to take a bath!" (*Do activity.*)

AFTER THE ACTIVITY: "Awesome job! While you are using your sponge at home, you can remember that God loves you and say, '**God made me.**' **Who made you? God made me!**"

MEMORY VERSE

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