



# first look™

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PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME



**BIBLE STORY**

I am wonderfully made.

**WONDERFULLY MADE**  
PSALM 139:14

**MEMORY VERSE**

“I am fearfully and  
wonderfully made.”

PSALM 139:14, NIV

**KEY QUESTION**

Who made you?

**BOTTOM LINE**

God made me.

**BASIC TRUTH**

God made me.

**PRELUDE: Setting the tone for the experience**

For Leaders Only  
Monthly Overview  
Create the Environment

**15**  
MIN

**SOCIAL: Providing time for fun interaction**

Offer one or more of these activities as preschoolers arrive.  
Head, Shoulders, Knees, and Toes  
Puzzles  
Search

**10**  
MIN

**WORSHIP: Inviting people to respond to God**

More Than Anything

**10**  
MIN

**STORY: Communicating God's truth in engaging ways**

Bible Story  
Prayer

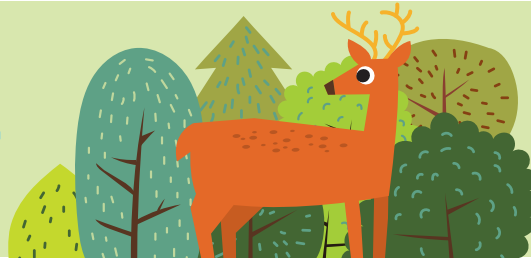
**25**  
MIN

**GROUPS: Creating a safe place to connect**

Offer as many of these activities as your time, facilities, resources, and leadership allow.  
Memory Verse with Motions  
Block Outline  
Moving Cards  
Fingerprint Man

**HOME: Prompting action beyond the experience**

Going Home  
Parent Cue



PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

15 MINUTES

## BIBLE STORY

I am wonderfully made.

**WONDERFULLY MADE**  
PSALM 139:14



## MOVE

an activity that uses a preschooler's natural desire to move to help them learn

## MEMORY VERSE

"I am fearfully and wonderfully made."

PSALM 139:14, NIV

## KEY QUESTION

Who made you?

## BOTTOM LINE

God made me.

## BASIC TRUTH

God made me.

### 1. HEAD, SHOULDERS, KNEES, AND TOES

**WHAT YOU NEED:** No supplies needed

**WHAT YOU DO:**

**BEFORE THE ACTIVITY:** Guide the children to stand in front of you.

**DURING THE ACTIVITY:** Teach the children the following song and movements. Sing the song and do the movements with the children. Touch each body part with both hands as you sing it.

Head, shoulders, knees and toes, knees and toes  
Head, shoulders, knees and toes, knees and toes  
And eyes and ears and mouth and nose  
Head, shoulders, knees and toes, knees and toes

Head, shoulders, knees and toes, knees and toes  
Head, shoulders, knees and toes, knees and toes  
Cheeks, chin, tummy, hips, hands, and elbows  
Head, shoulders, knees and toes, knees and toes

**AFTER THE ACTIVITY:** Repeat the song several times and challenge the children to sing and move faster each time.

**WHAT YOU SAY:**

**BEFORE THE ACTIVITY:** "We are going to sing a song!"

**DURING THE ACTIVITY:** "Watch me and sing along. We are going to sing about our bodies. When we say a body part, use both hands to touch that body part. Are you ready?" (Do activity.)

**AFTER THE ACTIVITY:** "Great job! We are going to hear a Bible story about who made our bodies. I am so excited for our TRUE story from the Bible."

**TRANSITION:** Move to Bible story time by continuing to sing the song as you walk to the story area.

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

15 MINUTES

## BIBLE STORY

I am wonderfully made.

**WONDERFULLY MADE**  
PSALM 139:14



## PLAY

an activity that encourages preschoolers to follow guidelines while having fun and learning new concepts

## MEMORY VERSE

"I am fearfully and wonderfully made."

PSALM 139:14, NIV

## KEY QUESTION

Who made you?

## BOTTOM LINE

God made me.

## BASIC TRUTH

God made me.

## 2. PUZZLES

**WHAT YOU NEED:** "Puzzles" Activity Page, white cardstock, scissors

### WHAT YOU DO:

**BEFORE THE ACTIVITY:** Copy "Puzzles" on white cardstock and cut on dotted lines to create the puzzles.

**DURING THE ACTIVITY:** Challenge the children to work together to put the puzzles together. If time permits, allow the children to rotate between puzzles.

### WHAT YOU SAY:

**BEFORE THE ACTIVITY:** "YAY! We get to play with puzzles today!"

**DURING THE ACTIVITY:** "These puzzles are of children just like you. They have legs, arms, tummies, and heads just like we do. Let's work together and put the children on the puzzles together!" (Do activity.)

**AFTER THE ACTIVITY:** "Wonderful job! You put all of the body parts in the correct place and put the puzzles together. We are going to hear a Bible story about who made us today. I can't wait!"

**TRANSITION:** Move to Bible story time by calling out a body part as you walk to the story area and asking the children to place their hands on that body part.

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

15 MINUTES

## BIBLE STORY

I am wonderfully made.

**WONDERFULLY MADE**  
PSALM 139:14



## EXPLORE

an activity that channels a preschooler's innate curiosity into a discussion of the week's crucial concepts

## MEMORY VERSE

"I am fearfully and  
wonderfully made."

PSALM 139:14, NIV

## KEY QUESTION

Who made you?

## BOTTOM LINE

God made me.

## BASIC TRUTH

God made me.

### 3. SEARCH

**WHAT YOU NEED:** Large plastic, clear jar or canister; DUPLO® blocks; and Mr. Potato Head® body parts

#### WHAT YOU DO:

**BEFORE THE ACTIVITY:** Place the blocks and the body parts in the jar. Shake the jar to mix up the blocks and the body parts.

**DURING THE ACTIVITY:** Encourage the children to use their hands to search for the body parts and pull them out of the jar. Identify all of the body parts, and ask children to show you where that body part is on their body.

#### WHAT YOU SAY:

**BEFORE THE ACTIVITY:** "Today we are going to talk about who made our bodies. There are body parts in this jar. (*Point.*) We need to find them!"

**DURING THE ACTIVITY:** "Use your hands to dig through the blocks and pull out the body parts. (*Do activity.*) You found them! Wonderful! Let's look at all of them and say what they are. (*Point to nose.*) This is a nose. Can you show me where your nose is? (*Pause.*) YES, that is your nose!" (*Continue and finish the activity.*)

**AFTER THE ACTIVITY:** "Great job! It is time to hear our TRUE story from the Bible. We are going to learn who made all of us and that we are WONDERFULLY MADE."

**TRANSITION:** Move to Bible story time by asking the children to use their LEGS to walk to the story area and place their ARMS by their side. You may also expand by giving them directions on what to do with their head, hands, eyes, and feet.

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

25 MINUTES

**HEAR  
FROM GOD**  
MEMORY VERSE  
REVIEW



**MOVE**

an activity that uses a preschooler's natural desire to move to help them learn

**BIBLE STORY**

I am wonderfully made.

**WONDERFULLY MADE  
PSALM 139:14**

**MEMORY VERSE**

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**KEY QUESTION**

Who made you?

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God made me.

**BASIC TRUTH**

God made me.

**1. MEMORY VERSE WITH MOTIONS**

**WHAT YOU NEED:** No supplies needed

**WHAT YOU DO:**

**BEFORE THE ACTIVITY:** Say the memory verse and do the following motions in front of the children.

I am (*point thumbs to chest*) fearfully (*right arm muscle*) and wonderfully (*left arm muscle*) made (*clap hands together*), Psalm 139:14 (NIV). (*Hold hands open like a book.*)

**DURING THE ACTIVITY:** Say the verse again with the motions and invite the children to do it with you. Repeat several times.

**WHAT YOU SAY:**

**BEFORE THE ACTIVITY:** "I am going to say our new memory verse today. Everyone watch me! I am (*point thumbs to chest*) fearfully (*right arm muscle*) and wonderfully (*left arm muscle*) made (*clap hands together*), Psalm 139:14." (*Hold hands open like a book.*)

**DURING THE ACTIVITY:** "Now let's do it all together! Are you ready? (*Pause.*) I am (*point thumbs to chest*) fearfully (*right arm muscle*) and wonderfully (*left arm muscle*) made (*clap hands together*), Psalm 139:14." (*Hold hands open like a book.*) (*Repeat the verse with motions a few times.*)

**AFTER THE ACTIVITY:** "Great job! Our memory verse tells us that God made each one of us. **Who made you? God made me!**"

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

25 MINUTES

**TALK**  
**ABOUT GOD**  
BIBLE STORY  
REVIEW



**MOVE**

an activity that uses a preschooler's natural desire to move to help them learn

**BIBLE STORY**

I am wonderfully made.

**WONDERFULLY MADE**  
**PSALM 139:14**

**MEMORY VERSE**

"I am fearfully and  
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**PSALM 139:14, NIV**

**KEY QUESTION**

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**BOTTOM LINE**

God made me.

**BASIC TRUTH**

God made me.

**2. BLOCK OUTLINE**

**WHAT YOU NEED:** DUPLO blocks

**WHAT YOU DO:**

**BEFORE THE ACTIVITY:** Lie down in the middle of the activity area.

**DURING THE ACTIVITY:** Say, "God made my legs," and ask the children to use the blocks to outline your legs with them. Repeat the activity with your arms, head, tummy, feet, and hands.

**WHAT YOU SAY:**

**BEFORE THE ACTIVITY:** "We learned that God made us!"

**DURING THE ACTIVITY:** (*Lay down.*) "I am going to name a body part that God made, and you can use the blocks (*point*) to outline that body part. God made my legs! Put the blocks all around my legs." (*Do activity.*)

**AFTER THE ACTIVITY:** "We are all wonderfully made—each and every body part! God made us. **Who made you? God made me!**"

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

25 MINUTES

**LIVE  
FOR GOD  
APPLICATION  
ACTIVITY**



**MOVE**

an activity that uses a preschooler's natural desire to move to help them learn

**BIBLE STORY**

I am wonderfully made.

**WONDERFULLY MADE  
PSALM 139:14**

**MEMORY VERSE**

"I am fearfully and  
wonderfully made."

**PSALM 139:14, NIV**

**KEY QUESTION**

Who made you?

**BOTTOM LINE**

God made me.

**BASIC TRUTH**

God made me.

**3. MOVING CARDS**

**WHAT YOU NEED:** "Moving Cards" Activity Page, white cardstock, and scissors

**WHAT YOU DO:**

**BEFORE THE ACTIVITY:** Copy the "Moving Cards" Activity Page onto the cardstock and cut on the dotted lines. You will have six cards. Place them in a stack face down.

**DURING THE ACTIVITY:** Guide the children to stand in front of you. Draw a card and show the children. Ask the children to do the movement on the card. Repeat as desired.

**WHAT YOU SAY:**

**BEFORE THE ACTIVITY:** "Let's move our bodies that God made!"

**DURING THE ACTIVITY:** "I am going to draw a card that has a movement on it. Then we can all do that movement together. Are you ready? (Pause.) Wonderful! (Draw card.) This card has 'jump' on it. Let's all JUMP!" (Continue and finish activity.)

**AFTER THE ACTIVITY:** "Awesome! God made all of us, and we are all wonderfully made. **Who made you? God made me!**"



PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

25 MINUTES

**LIVE  
FOR GOD  
APPLICATION  
ACTIVITY**



**CREATE**

an activity that allows preschoolers to review the Bible story, bottom line, or memory verse by creating a craft to take home

**BIBLE STORY**

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**WONDERFULLY MADE  
PSALM 139:14**

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**BASIC TRUTH**

God made me.

**4. FINGERPRINT MAN**

**WHAT YOU NEED:** "Fingerprint Man" Activity Page, white cardstock, inkpads in any color, and wet wipes

**WHAT YOU DO:**

**BEFORE THE ACTIVITY:** Copy the "Fingerprint Man" Activity Page onto the cardstock.

**DURING THE ACTIVITY:** Say, "God made our legs," and ask the children to dip their index finger into the inkpad and make fingerprints inside the legs on the Activity Page.

**AFTER THE ACTIVITY:** Repeat the activity with other body parts until the body outline is completely filled with fingerprints. Wipe messy fingers with the wet wipes.

**WHAT YOU SAY:**

**BEFORE THE ACTIVITY:** "God made all of us! He made our legs, hands, noses, and even our fingerprints!"

**DURING THE ACTIVITY:** (Give each child an Activity Page.) "We are going to use our fingerprints to color the body parts on the page. (Point.) God made our legs. Dip your fingers (*hold up index finger*) into the ink and press your fingerprint onto the legs on the page. Keep going until the legs are covered in fingerprints." (Do activity.)

**AFTER THE ACTIVITY:** "Perfect! We are all wonderfully made by God! **Who made you? God made me!**"