

CONFIDENCE

WEEK 1

K-1st

LIVING LIKE YOU BELIEVE WHAT GOD SAYS IS TRUE

BOTTOM LINE: Trust that God is always with you.

Psalm 56:3

DAY

1

Look Around

Sit in complete silence for a few moments. If you have access to a tablet, set a time for 30 seconds. Look around you. Who do you see? It might be some family members, or friends, or maybe no one. But, God is right there. You might not be able to see Him, but He is always with you if you believe in Him! Talk to God in the silence! Pray something like this:

“Dear God, although I can’t see you, I know you are here. You are always looking out for me and keeping me safe. I am so glad that I can talk to You whenever I need You because You love me and are always there for me. In Jesus name, amen.”

KNOW that although you cannot see God, He is always there for you.

DAY

2

What Does Trust Mean?

Look up the word **trust** in the dictionary or online. Write the definition below. Talk about the definition with an adult. Does God fit within that definition? Could you trust God no matter what? What does He do that allows you to trust Him?

Trust:

ASK God to help you trust in Him because He is trustworthy.

DAY

3

Graphic Artist

With the help of an adult look up this week’s Bible verse, Psalm 56:3. With a piece of paper and some art supplies, design a poster with the words of this verse and a picture to go along with it. Put this someplace you can see it when you become afraid as a reminder that God is always there.

LOOK for opportunities to talk to God about the things that make you afraid.

DAY

4

Trust Talk

“I can trust you because You are here for me.” Say it out loud. For the rest of today and tomorrow, practice saying this to yourself when you are scared or when you don’t know what to do. The more you say something out loud, the easier it is to remember when you need it. Some days you might need to say this more than others and that’s okay. Use it when you can!

THANK God for being someone you can trust all of the time.

**When I'm afraid,
I put my trust
in God.**

