

# DAILY DEVOTIONAL

Sorry Not Sorry / Week 2

## WEEK 2

FORGIVEN PEOPLE FORGIVE.

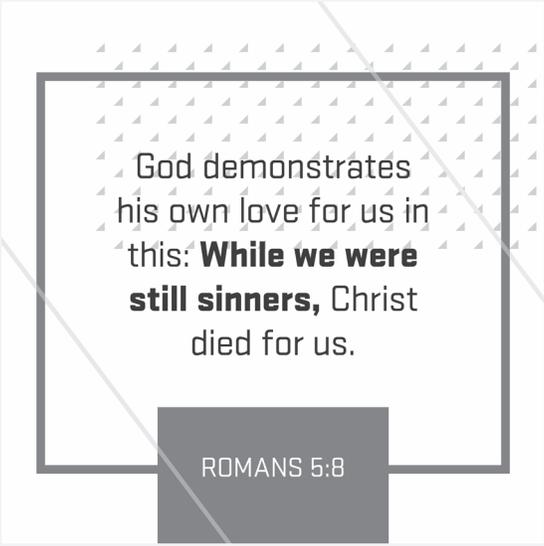


**FORGIVE US  
OUR SINS, AS WE  
HAVE FORGIVEN  
THOSE WHO SIN  
AGAINST US.**

MATTHEW 6:12

### DAY 1

HEAR // You know that feeling of carrying around guilt? And then the feeling of being forgiven by the person you wronged? Doesn't it feel like a huge weight has been lifted off of your shoulders? Now, when you read this verse, it might not seem very powerful at first. But there's a small word in there that makes it more impactful than it might first appear. It's the word, as. Meaning, I can have the weight of guilt lifted from my shoulders AS I lift the weight from someone else's. In other words, forgiveness isn't just about doing the right thing. It's about making our lives—and the life of the person we are forgiving—better. Take some time today and think about a time when someone forgave you for something you did wrong. How did that forgiveness make you feel?



God demonstrates  
his own love for us in  
this: **While we were  
still sinners, Christ  
died for us.**

ROMANS 5:8

### DAY 2

PRAY // The best part about true forgiveness is that it doesn't come with conditions. In fact, it doesn't even need an apology. Just look at Jesus. He let Himself be captured, tortured, mocked, and put on a cross, and while there He prayed, "Forgive them, for they know not what they do." Can you imagine? If you've ever tried forgiving someone, you know how hard it can be to ignore that little voice inside us screaming, "BUT THEY DESERVE PUNISHMENT," and listen to the voice that whispers, "Yes, but so do we." Because that's the trickiest thing about forgiveness. Not just the giving it to others, but realizing how much we need it ourselves. So who do you need to forgive? Pray today that God will help you be strong enough to forgive that person when everything inside of you resists it.



Bear with each other  
**and forgive one another  
if any of you has a  
grievance against  
someone.**

COLOSSIANS 3:13a

## DAY 3

TALK // As people, forgiveness is a necessary part of life, including being able to forgive ourselves. Humans make lots of mistakes. We are imperfect, we need God, and we also need each other. That's the bad news. The good news is, Jesus shows us a different way. In the Amplified version of Colossians 3:13, Paul tells us how as he reminds us to "be gentle and forbearing when we have differences with each other." In other words, be kind and patient. Talk to a friend today and ask them how you are doing at this. Do they see you as being kind and patient with the people in your life? Challenge one another to practice being both kind and patient with one person this week—even if it's hard. Check back with one another later this week to see how it went!



**FORGIVE  
AS THE LORD  
FORGAVE YOU.**

COLOSSIANS 3:13b

## DAY 4

LIVE // Have you ever told someone you forgive them, just so you could get them to apologize? In those moments, you're not really forgiving them. You're more interested in getting the apology. Sometimes we can focus so much on the apology we deserve that we forget other people are going through things as well—things that may have led them to behave badly in the first place. For example: Your younger sibling keeps "borrowing" (but never returning) your favorite things. Instead of blowing up at them, try asking them, "Why?" Maybe your younger brother looks up to you and is taking your stuff to try to be more like you. Today, if you feel yourself becoming frustrated about something someone is or isn't doing, take a deep breath. Instead of lashing out, ask them WHY. You may be surprised at what you hear.



**After breakfast Jesus asked  
Simon Peter, "Simon son of John,  
do you love me more than these?"  
"Yes, Lord," Peter replied, "you  
know I love you." "Then feed  
my lambs," Jesus told him.**

JOHN 21:15

## DAY 5

LIVE // Forgiveness is a game changer. It can actually change the life of the person being forgiven, encouraging them to live differently from that moment on. Take Peter, one of the disciples and one of Jesus' best friends. After Jesus was arrested, someone asked Peter, "Weren't you with Jesus?" Peter answered, "I don't know Him." This happened THREE times. After Jesus' death and resurrection, Jesus made it a point to find Peter. Not to yell at him or shame him, but to forgive him. Jesus even gave Peter the important job of leading the early church. Without Jesus' forgiveness, Peter might not have had the confidence to accept this job. We all have the power to set each other free with forgiveness, to allow one another to be our best selves. How will you use your superpower of forgiveness to set someone free today?

