

Piedmont ELC
Menu
October

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		1/2 poptart & juice Chicken nugget, tots peas, peaches, milk Peanutbutter crackers	Crackers & cheese Taquitos, nacho chips, corn, salsa, milk (2yr cheese quesadilla) Cheez-its & Juice	Vanilla Waffers & Juice Peanutbutter & Jelly fruit, cookie, milk Rice Krispie Treat & Juice
6	7	8	9	10
Pretzels & Juice Alfredo pasta, peas mix fruit and Milk Goldfish and Juice	Grahams & Yogurt French toast, syrup oranges, cheese stick, milk Fruit Bar & Juice	Blueberry muffins Fishsticks, apple sauce, mix veggie, cookie, milk Animal Cookies & Juice	Goldfish & Juice Chicken nuggets, corn, nacho chips, salsa, milk Cheez-its & Juice	Peanutbutter crackers Grilled Cheese Apples, Cookie, Milk Animal Cookies & Juice
13	14	15	16	17
Fruitbar & water Marinara pasta, cheese, garlic bread, milk Goldfish and Juice	Grahams & Gummies Pizza Rolls, Pears gr beans, cookie, milk Pretzels & Juice	1/2 poptart & juice Chicken nugget, tots peas, peaches, milk Peanutbutter crackers	Crackers & cheese Hot dogs, fries, cheese stick, mix fruit,milk Cheez-its & Juice	Vanilla Waffer & Yogurt Peanutbutter & Jelly fruit, cookie, milk Rice Krispie Treat & Juice
20	21	22	23	24
Pretzels & Juice Alfredo pasta, peas applesauce, Milk Goldfish and Juice	Grahams & Juice Fishsticks,gr beans peaches, cookie, milk Fruit Bar & Juice	Blueberry muffins Peanutbutter & Jelly pears, cookie, milk Animal Cookies & Juice	Goldfish & Juice Taquitos, nacho chips, corn, salsa, milk (2yr cheese quesadilla) Cheez-its & Juice	Peanutbutter crackers Grilled Cheese Apples, Cookie, Milk Rice Krispie Treat & Juice
27	28	29	30	31
Fruitbar & water Marinara pasta, cheese, garlic bread, milk Goldfish and Juice	Grahams & Yogurt Pizza Rolls, Pears gr beans, cookie, milk Pretzels & Juice	1/2 poptart & juice Chicken nugget, tots peas, peaches, milk Peanutbutter crackers	Crackers & cheese French toast, syrup oranges, cheese stick, milk Cheez-its & Juice	Vanilla Waffers & Juice Peanutbutter & Jelly fruit, cookie, milk Goldfish and Juice