



Digging Deeper:

*I don't mean to say that I have already achieved these things or that I have already reached perfection. But I press on to possess that perfection for which Christ Jesus first possessed me. No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: Forgetting the past and looking forward to what lies ahead, I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us. ~ Philippians 3:12-14*

Read together this passage from Philippians. Pastor Jim talked about 4 things:

- 1) A humble dissatisfaction (3:12a)
- 2) A holy devotion (3:12b)
- 3) A healthy determination (3:13)
- 4) A heavenly direction (3:14)

Go around and have each person share which of these “D” words, most resonates with them. In other words, as you start the year talking about setting goals, is it dissatisfaction, devotion, determination, or direction that will motivate you the most to set goals. Be prepared to help your children better understand each one of the D’s. Encourage questions and discussion. Here’s a simple resource for you to prepare for that discussion if needed:

<https://www.biblegateway.com/resources/nivac-sample/Phil.3.12-Phil.3.14>

Activity:

Ready, set, goal!

In Promiseland the kids worked on setting four goals, make sure to have them share with you and help them make sure they are measurable and attainable.

We are going to focus on a family Spiritual goal together.

- Why should we set a spiritual goal? As a family read 2 Peter 3:18
- Discuss: *How can we grow in the knowledge and grace of Jesus?*
- Brainstorm ideas to grow spiritually as a family. (*Remember there are no bad brainstorm, but you will not be able to use/do every idea.*)
- Choose by discussion or voting one family spiritual goal to make.
- Talk through the what and how. Decide how you will track your goal and some sort of reward for accomplishing it.
- Make sure to post your goal where the whole family can see and check in on progress regularly.