



ENCOUNTER
CHURCH



TRIADS

TRIADS at Encounter Church

Formed in His likeness. Grounded in community. Released for Kingdom impact.

What is a Triad?

A **Triad** is a group of three people who commit to walking together in intentional, Christ-centered discipleship. These groups are not Bible studies, accountability groups, or counselling sessions—though they may include elements of each. They are **spiritual formation groups**, rooted in the way Jesus disciplined others: with closeness, honesty, challenge, and love.

Triads are one of the key ways we live out our mission at Encounter Church: helping ordinary people become **wholehearted disciples of Jesus**. As we pursue His likeness, Triads become a space for honest growth, deep community, and transformative Kingdom living.

Why Triads?

Our third core value states, “*We Grow Better Together.*” At Encounter, we believe that **discipleship happens in community**. Triads are a reflection of Jesus’ method—He ministered to the crowds but disciplined in small groups. Triads create a safe space for:

- **Spiritual Formation** through Scripture, prayer, and repentance (Core Value #2)
 - **Authentic Relationships** where we walk together in grace and truth (Core Value #4)
 - **Accountability and Encouragement** to live obedient, missional lives (Core Values #6 & #7)
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How Do Triads Function?

Each Triad is unique, but every group follows the same **core rhythm**:

1. Regular Meetings

- Aim to meet every **week**, but at minimum **every 2–3 weeks** to keep the relationship active and growing.
- Each meeting should last around **60–90 minutes**.
- Choose a **consistent time** that works for everyone and treat it as a shared priority—**consistency is key** to building trust and experiencing true transformation.
- Meet in a **space that encourages transformational conversation**—quiet, comfortable, and free from distractions.

2. Use the Guiding Questions

Triads revolve around **intentional conversation** using 4 simple yet powerful prompts:

- **God:** What is God teaching you right now?
- **Heart:** Where are you struggling or growing?
- **Practice:** How are you living out your discipleship?
- **Mission:** Who are you reaching, serving, or praying for?

These questions invite deep spiritual reflection and real accountability.

3. Scripture & Prayer

Triads can choose a shared Scripture reading plan, or simply reflect on what God is teaching each member individually. **Prayer** is an essential part of every gathering, both for one another and for the people God is placing on your hearts.

4. Mutual Leadership

Triads do not require a formal leader. Each person is responsible for:

- Coming prepared and being honest
- Encouraging one another in faith and action
- Holding each other accountable with grace

This mutual approach fosters shared ownership and spiritual maturity. For this reason, it's essential to form your Triad with people who are as committed and consistent as you are. Limiting the group to three helps protect that consistency—larger groups often struggle to align schedules and maintain the depth of connection that makes Triads so transformative.

Role of the Lead Pastor

While Triads are peer-led, **pastoral vision and guidance** remain vital. As the Lead Pastor of Encounter Church, I provide:

1. Vision and Culture

- Triads align with our mission to form disciples who are grounded in community and released for Kingdom impact.
- I regularly cast vision for Triads in sermons, team gatherings, and leadership development.

2. Resources and Training

- We offer a **Triad Starter Kit** with a how-to guide, conversation prompts, and reading plans.
- New Triads can meet with me (or a designated leader) for an **orientation session** to set vision and expectations.
- **Each Sunday's message will include a Triad Prompt**—a simple question or reflection designed to carry the message deeper through Triad conversation during the week.

3. Oversight and Care

- While Triads are self-led, I am available to provide **coaching**, address questions, or support Triads navigating challenges.
- A simple **check-in form** every 6–8 weeks helps us ensure Triads remain healthy, active, and aligned with our values.

4. Reproduction and Multiplication

- Triads are not meant to last forever. As members grow, we encourage them to **form new Triads**, expanding the culture of discipleship throughout our church and city.
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Who Can Start a Triad?

Anyone who wants to grow in their faith and walk with others in intentional discipleship can start or join a Triad. Ideal participants are:

- Committed to following Jesus
 - Hungry for growth and formation
 - Willing to be vulnerable and consistent
 - Open to investing in others
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Triads and Our Core Values

Triads uniquely express the heart of Encounter Church:

Core Value	How Triads Reflect This
Pursue Jesus First	Every conversation points us to Christ
Formed, Not Just Inspired	Focus on lifelong discipleship, not hype
Grow Better Together	Rooted in community and accountability
Real People	Honest, grace-filled relationships
Unity Over Offense	Safe space for grace and reconciliation
Live Sent	Keeps us on mission with Jesus
Obedience Over Comfort	Challenges us to follow Jesus wholeheartedly

Next Steps

1. **Pray:** Ask God who He might be leading you to journey with.
 2. **Invite:** Reach out to 2 others and share this vision.
 3. **Start:** Choose a time and place and begin meeting.
 4. **Connect:** Let the church know so we can support you and cheer you on.
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