

# Christian Visitor Weekly Newsletter

Volume 70 ~ Issue 44

November 7, 2017 Office Hours:

Monday ~ Thursday ~ 8:00 a.m. ~ 12:00 p.m. / 12:30 p.m. ~ 4:30 p.m.

Closed Friday ~ Office Phone: 785-448-3452 Website: [www.fccgarnett.org](http://www.fccgarnett.org)

## FOUR SIMPLE STEPS TO EFFECTIVE COMMUNICATION

### 1. Listen to the words your friends/family member is saying.

“Most people hear only 20% of what is said.” When a person shares with us what is bothering them, often we are already thinking about how we are going to respond and in the process we are not hearing what the person is really saying.

**Proverbs 18:13- “He who answers before listening—that is his folly and his shame.”**

### 2. When a person is speaking, focus on that person, look them in the eye, listen for their feelings, and don't say a word until the person is finish speaking.

It is so frustrating when you are sharing your heart with someone and they are distracted by the television, or looking at their watch, or playing with their cell phone. Learn to listen attentively.

### 3. Reflect back to the speaker what you think they are saying.

This is the only way that the person is going to know if you really listen and understood what was said. You simply repeat back what was said to you, and especially taking note of the feeling words that were shared.

**Your wife tells you that** “Your coming in late and grabbing a bite to eat without calling made her feel unappreciated for the time and hard work she puts into preparing dinner and having it ready for you when you got in.”

**Now, you can completely misunderstand her hurt** by focusing on the issue: “So you're telling me that you don't like it when I work late?”

This will give her the opportunity to say, “No, that's not what I mean. You're not calling me and letting me know you won't be home for dinner made me feel like you don't appreciate all the things I do for you.”

**This will then help you to reflect back:** “Oh, you're not upset that I had to work late, you're hurt because my not calling made you feel that I'm not truly grateful for the wonderful meals you prepare and all the things you do for me.”

Proverbs 20:5- “The purposes of a man's heart are deep waters, but a man of understanding draws them out.”

### 4. Validate the person's words and feelings.

Once you understand the feelings and the other person agrees, then reinforce those feelings with a positive response.

Using our example the husband would say, “Hon, I do appreciate all that you do for me. I'm sorry that I made you feel like I didn't. I promise that I will call if I am late again and won't be home for dinner.”

When a person feels like they are truly understood/heard and their feelings are validated, it defuses the situation.

Proverbs 12:18- “Reckless words pierce like a sword, but the tongue of the wise brings healing.”

In the middle of a confrontation you can become irate and say things that you know are hurtful and widen the rift between you and the other person, or you can speak words that bring about healing and strengthen your relationship. This truth needs to be lived in our families, church and every relationship we have. I am confident Jesus will be glorified when we focus on healthy communication.



***May you be wrapped up in God's love. Found deep in His everlasting wings. Carried and kept, safe and cherished. May the healing power of Christ breathe across your being now.***



**Our Veterans and Military Those at home, overseas, Army, Navy, Marines, Air Force, Merchant Marines, Coast Guard**

**Italy:** Matthew Schryer - Grandson of Frieda Hurt & nephew of Marcia Spring

**Air Force:** Nicholas L Wales, grandson of Orville & LaVerne Cole

**Air Force / Korea:** Jesse Hale, nephew of Rosemary Turner

**Army:** Ethan Bilderback, grandson of Dave & Janette Bilderback

**Marine:** Noah Kuder, grand-nephew of Reid & Karen Miller

**Our Church Families Long Term**

Charlie & Becky Allen, Linda Benjamin, Mike Crist, Lois Gebert, Clarence Hermann, Jim Jordan, Jim McAllister, Wilma McIntosh, Bob Meliza, Linda Miller, Nelda Potter, Steve Watkins

**Extended Family & Friends Long Term**

All her family (request by Wilma McIntosh), Debra Bailey (Angie Wright), Jo Lowe, Judy Meyer (Nancy Horn), Waunita Porter (Larry Porter), Steve Richardson (son of Reed & Carol), Becky Roush (request by Carol Hermreck & sister Carolyn Schuster), Bill & Lola Thornton, Jack & Arlene (Mersman) Udelhofen (Nancy Horn)

**Our Loved Ones in Care Centers**

**Guest Home Estate** - Ruth Gorrell, Robert Young, Betty Penn, Gladys Zwiener

**Parkview Heights** - Jean Brown, Olive Kline, Marcene Jasper, Ruby Schuster

**Residential Living Center** - Bill Young, Vera Wills (aunt of Phyllis Adams)

**Comfort Care Home - Ottawa, KS** - Birdie Zentner

**Our Church Families / Friends**

**November 5 – Week 1**

Barbara Robbins (Jason Sjorlund) ~ Elaine Conard, Ardis Comfort, Nancy Lake & Greg Kropt (Gayla Corley) ~ Paulabeth Henderson (Karen Miller) ~ Lee Miller (Mary Martin) ~ Helen (great niece of Nelda Potter)

**October 29 – Week 2**

Nation and its leaders (Rosie Jordan)

**October 22 – Week 3**

Diana McIntosh (daughter of Wilma) ~ Jo Lowe (Judy Tisor / Ken & Barbara McMillan) ~ Shirley Hermreck (wife of Joe Hermreck / daughter-in-law of Norma Hermreck) ~ Charlene Rogers

*If you wish continued prayers: After 3 weeks, your prayer request will be removed unless you write it on the Sunday flap or email Marsha Dulin at [marsha@fccgarnett.org](mailto:marsha@fccgarnett.org).*

## CHURCH INFORMATION

### Attendance Sunday, November 5, 2017

8:00 a.m. Worship Services – 55

10:30 a.m. Worship Services – 170

### Sunday School Attendance

9:15 a.m. Total Classes – 80

### Financial Update for Sunday, November 5

General Fund ~ \$6319 To Date ~ \$6319

New Building ~ \$1294 To Date ~ \$1294

### Guests Sunday, November 5

#### FCC Welcomes You!

Martin Appold and Stefan, Columbia MO ~ Candis McDowell and Kahne & Hayzlee ~ Jalyssa Brummer and Delayne & Syllas, Stillwater, OK., daughter and grandchildren of Jayne Miller ~ Eric Thomas and Allison, son and granddaughter of Les & Lennet Thomas ~ Laci guest of Tyler Simpson ~ Maddux Persinger granddaughter of Mike & Sue Zentner ~ Dan Frazier ~ Bronson Sparks ~ Edna Henderson mom of Nicci Denny.

*We are grateful that you came to be with us Sunday morning. We pray that you felt the love of Christ and His presence during our worship and pray you will visit us again real soon! Blessings to you!*



**CONGRATULATIONS** Mackenzie Sanchez on your decision to become a member of First Christian Church. MacKenzie was baptized Sunday, November 5, 2017 by Brett Hartman! If you would like to send her a card of congratulations the address is:

319 West 4<sup>th</sup> - Garnett, KS 66032

*Heavenly Father, we thank you that in your great love you have called us to know you and to trust you. Increase this knowledge and strengthen our faith. Give your Holy Spirit to Mackenzie that she may be born again, cleansed from all sin, and inherit your eternal Kingdom; through Jesus Christ our Lord. Amen*

## ADULT SUNDAY SCHOOL REPORT

**OPPORTUNITY CLASS:** There were 6 present Sunday, 4 had Bibles and 4 daily readers. Praise: Rosie Jordan's grandson hit a deer in his car – car was totaled – but he is alive and doing ok. Prayers requested for: Darlene Olson's nephew, David Wharton ~ Charlie & Becky Allen ~ those fighting cancer ~ those who have lost loved ones ~ our leaders & the military ~ our pastors. Mary Hamilton opened the class with prayer and led the lesson, "Faithful God, Unfaithful People" Numbers 25:10-13; I Samuel 2:30-36. The class closed with prayer.

**SOS CLASS:** There were 21 present Sunday with 16 with Bibles and 11 daily readers. Prayers were requested for Charlene Rogers - Becky Allen – Shirley Hermreck – Nelda Potter – Helen (niece of Nelda) – Phyllis Adams. PRAISE: (1) Charlene Rogers is home from the hospital. (2) Charlie Allen is coming home this week. Burke Rogers opened the class with prayer and continued the lesson "Anxious for Nothing" – Chapter 1 "Rejoice in the Lord Always." The class closed with prayer.

NOTE: Everyone do the "Personal Study" between Sessions.



Hey everybody!

Hope you had a good weekend!

I've got some announcements for you!

1.) We are going to be having FCC's FCC (First Christian Church's Family Christmas Celebration) November 26<sup>th</sup> - from 5-8pm.

**This will be for all ages ~ not just Legacy aged students!!** We will be decorating the church, watching Christmas movies, eating good food, and having fellowship with one another. **Again, this is a family event so invite the whole household to come and join us!**

2.) Roots / Jr High Discipleship and Legacy will resume as usual this week. However, there will be NO ROOTS / Jr High

Discipleship on Wednesday, November 22 and NO Legacy on Sunday, November 26.

3.) Sunday, December 10<sup>th</sup> is our FCC Christmas Program.

Thank you everybody at FCC for supporting and helping "Light the Night 2017" this past Tuesday. We appreciate all the ones who supplied candy ~ decorated a trunk (table) and hard work, as well as having flexibility with the quick change of plans! Needless to say, **Light the Night was successful!** We

had a lot of fun, gave out a lot of candy, and fellowshipped with one another as we ***lit up the night with Jesus!***

The Light the Night winners for this year were: 1<sup>st</sup> Place Winner: Jeff and Kristine Barnes with their Cops and Robbers theme

2<sup>nd</sup> Place Winner: Dane, Holly, and Noah Byerley with their Willy Wonka and the Chocolate Factory theme

3<sup>rd</sup> Place Winner: Phyllis and Lena Adams with their Heaven/Hell theme.

Congratulations guys and gals and thank you for your hard work and participation this year!

### **PLEASE TAKE NOTE FROM BECKY...**

There will be **No** Thursday Evening Ladies Bible Study until further notice.



**ALL CHURCH  
THANKSGIVING  
DINNER  
THURSDAY,  
NOVEMBER 16!**

Go ahead and please mark your calendars for this wonderful time of Thanksgiving ~ Fellowship ~ Praise and Food. We will gather in the Sanctuary at 6:00 p.m. The serving line will begin around 6:30 p.m. If you have signed up to bring an item from the signup list you do not need to bring anything else the night of the dinner. However, if you choose not to sign up please bring a dessert that evening. The list will be posted at the church when complete for your reference.

## CRAFTERS' CHRISTMAS SHOWING



The Thursday Morning Christian Crafters have been "needing up" for Christmas! They want to help make

your holiday shopping a little bit easier. On Saturday, December 2nd, they will have their annual Christmas sale of handmade items (pillowcases, tea towels, stocking stuffers and so much more) available for purchase in the meeting room at Parkside II. We'll be set up from 8:00 a.m. – 1:00 p.m.

Do plan to drop by if you get the chance!



## THE "MEDICAL MISSION TEAM HAITI"

will be leaving Sunday, January 14 to Haiti and will be returning Thursday, January 18. Those participating are: Judy Highberger, Doug & Connie Meyer, Denise Scheibmeir, Sue Harsch, Steve & Becky French, Kristen French, Gayla Corley, Ross Kimball and Nathan Wiehl. Please be in prayer for them as they prepare for their trip and for their safe travels to and from and for God's will in the mission work itself. If you would like to donate any items towards this trip a list is below. You may bring them into the church office during the week and on Sunday's.

The deadline for these items to be here so they can be packed is Sunday, January 7<sup>th</sup>. Thank you for all your donations and prayers!



## 2018 Haiti Donation List...

Small bouncy balls (approx. 2 inch) ~  
Colorful hair ribbons ~ hair clips ~ pencils ~  
pencil sharpeners (like illustration only) ~  
erasers (pink like illustration only) ~ and  
crayons (boxes of 8 only)

**Packets of Seed:** Tomato ~ Cantaloupe ~  
Carrots ~ Cucumbers ~ Cabbage ~ and  
Watermelon.

## Over the Counter Medicines

**Allergies:** Cetirizine Tablets (Like Zyrtec) ~  
Diphenhydramine (Like Benadryl) ~  
Loratadine Tablets (Like Claritin) ~ Liquid  
allergy medicine for children and infants

**Ointments:** Triple Antibiotic ~ Antifungal  
cream (like Iotrimin or chlortrimazole) ~  
Hydrocortisone Cream

**Pain & Fever:** Ibuprofen liquid (infant and  
children) ~ Ibuprofen chewable for children ~  
Acetaminophen liquid (infant and children) ~  
Acetaminophen children chewable

**Antacids:** Antacid Tablets (Like Tums) ~  
Famotidine Tablets (Like Pepcid) ~  
Omeprazole Tablets (Like Prilosec)

**Eye Drops:** Antihistamine (allergy) eye  
drops ~ Lubricant eye drops (artificial tears)

### **FIRST CHRISTIAN CHURCH ELDERS**

\*Kevin Lewis: 785-204-2257  
Doug Meyer: 913-909-7680  
Jason Sjolund: 785-448-7660  
Steve Spring: 913-215-8290  
Larry Varvel: 785-448-5794  
Mike Zentner: 785-204-1105

### **PASTORS AND SECRETARY**

Chris Goetz, Senior Pastor  
Phone: 503-474-7965  
Email: [chris@fccgarnett.org](mailto:chris@fccgarnett.org)  
Brett Hartman, Children & Youth  
Phone: 620-215-1524  
Email: [brett@fccgarnett.org](mailto:brett@fccgarnett.org)  
Marsha Dulin, Secretary  
Office: 785-448-3452  
Phone: 785-448-4367  
Email: [marsha@fccgarnett.org](mailto:marsha@fccgarnett.org)

### **FIRST CHRISTIAN CHURCH DEACONS**

Ron Anderegg: 785-448-6366  
\*Jonathan Born: 620-340-7784  
Dane Byerley: 785-304-2831  
Cody Clark: 785-448-8093  
Craig Cole: 785-448-4504  
Gaylon Corley: 785-448-8373  
Mike Croucher: 785-448-8077  
James Dodd: 785-418-5479  
Dan Dulin: 785-204-1185  
Jeff Finn: 620-431-8486  
Greg Gwin: 785-229-5105  
Aaron Hedrick: 785-304-1236  
Earl Peine: 785-448-6186  
Bill Ratliff: 785-448-3695  
Nathan Wiehl: 785-204-2178  
Lynn Wilson: 785-448-3451