

HELLO! ARE YOU SELF-ISOLATED DUE TO COVID-19? I CAN HELP WITH:

- Picking up groceries
- A friendly phone call
- Urgent supplies
- Going to the Post Office
- Prayer
- A meal
- Walking your dog

My name is _____

I live locally at _____

My phone number is _____

Just call or text me and I will do my best to help you at no cost.

SPREAD KINDNESS

Coronavirus is very contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (6 ft distance). Wash your hands regularly. Items will be left on your doorstep.

LOOKING FOR PEACE IN THIS PANDEMIC?

FIND ANSWERS
EHWC.ORG/PEACE



WAYS TO SUPPORT YOUR COMMUNITY



Think of others,
consider your
actions, and
be kind.



Connect and
reach out to
your neighbors.



Support
local businesses
by buying
gift cards.



EASTERN HILLS
CHURCH

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