

Fifth Sunday after the Epiphany

February 8, 2026

INTROIT Ps. 119:9–16; antiphon: Ps. 119:12

Blessèd are you, | O LORD;*
teach me your | statutes!
How can a young man keep his | way pure?*

By guarding it according | to your word.
With my whole heart I | seek you;*

let me not wander from your com- | mandments!
I have stored up your word | in my heart,*
that I might not sin a- | gainst you.

Blessèd are you, | O LORD;*
teach me your | statutes!
With my lips | I declare*

all the just decrees | of your mouth.
In the way of your testimonies | I delight*
as much as in all | riches.

I will meditate on your | precepts*
and fix my eyes | on your ways.
I will delight in your | statutes;*

I will not for- | get your word.
Glory be to the Father and | to the Son*
and to the Holy | Spirit;
as it was in the be- | ginning,*
is now, and will be forever. | Amen.

Blessèd are you, | O LORD;*
teach me your | statutes!

COLLECT OF THE DAY

O Lord, keep Your family the Church continually in the true faith that, relying on the hope of Your heavenly grace, we may ever be defended by Your mighty power; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.

GRADUAL Ps. 117:1–2a; 96:8

Praise the LORD, all | nations!*

Extol him, all | peoples!

For great is his steadfast | love toward us,*
and the faithfulness of the LORD endures for- | ever.

Ascribe to the LORD the glory | due his name;*

bring an offering, and come in- | to his courts!

DAILY READINGS

February 8: Job 5:1–27; John 2:13–25; **9:** Job 6:1–13; John 3:1–21; **10:** Job 6:14–30; John 3:22–4:6;
11: Job 7:1–21; John 4:7–26; **12:** Job 8:1–22; John 4:27–45; **13:** Job 9:1–35; John 4:46–54; **14:** Job
10:1–22; John 5:1–18.

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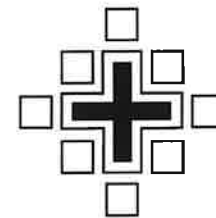
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Old Testament Reading:

Isaiah 58:3–9a

³“Why have we fasted, and you see it not?
Why have we humbled ourselves, and
you take no knowledge of it?”
Behold, in the day of your fast you seek
your own pleasure,
and oppress all your workers.
⁴Behold, you fast only to quarrel and to fight
and to hit with a wicked fist.
Fasting like yours this day
will not make your voice to be heard
on high.
⁵Is such the fast that I choose,
a day for a person to humble himself?
Is it to bow down his head like a reed,
and to spread sackcloth and ashes
under him?
Will you call this a fast,
and a day acceptable to the LORD?

⁶“Is not this the fast that I choose:
to loose the bonds of wickedness,
to undo the straps of the yoke,
to let the oppressed go free,
and to break every yoke?”
⁷Is it not to share your bread with the hungry
and bring the homeless poor into your
house;
when you see the naked, to cover him,
and not to hide yourself from your own
flesh?
⁸Then shall your light break forth like the
dawn,
and your healing shall spring up
speedily;
your righteousness shall go before you;
the glory of the LORD shall be your rear
guard.
^{9a}Then you shall call, and the LORD will
answer;
you shall cry, and he will say, ‘Here I
am.’”

Epistle: 1 Corinthians 2:1–12

¹And I, when I came to you, brothers, did
not come proclaiming to you the testimony
of God with lofty speech or wisdom. ²For I
decided to know nothing among you except
Jesus Christ and him crucified. ³And I was
with you in weakness and in fear and much
trembling, ⁴and my speech and my message
were not in plausible words of wisdom, but
in demonstration of the Spirit and of power,
⁵that your faith might not rest in the wisdom

of men but in the power of God.

⁶Yet among the mature we do impart wis-
dom, although it is not a wisdom of this age
or of the rulers of this age, who are doomed
to pass away. ⁷But we impart a secret and
hidden wisdom of God, which God decreed
before the ages for our glory. ⁸None of the
rulers of this age understood this, for if they
had, they would not have crucified the Lord
of glory. ⁹But, as it is written,

“What no eye has seen, nor ear heard,
nor the heart of man imagined,
what God has prepared for those who love
him”—

¹⁰these things God has revealed to us through
the Spirit. For the Spirit searches everything,
even the depths of God. ¹¹For who knows
a person’s thoughts except the spirit of that
person, which is in him? So also no one
comprehends the thoughts of God except
the Spirit of God. ¹²Now we have received
not the spirit of the world, but the Spirit who
is from God, that we might understand the
things freely given us by God.

Holy Gospel: Matthew 5:13–20

¹³[Jesus said:] “You are the salt of the
earth, but if salt has lost its taste, how shall
its saltiness be restored? It is no longer good
for anything except to be thrown out and
trampled under people’s feet.

¹⁴“You are the light of the world. A city
set on a hill cannot be hidden. ¹⁵Nor do
people light a lamp and put it under a basket,
but on a stand, and it gives light to all in the
house. ¹⁶In the same way, let your light shine
before others, so that they may see your good
works and give glory to your Father who is
in heaven.

¹⁷“Do not think that I have come to abolish
the Law or the Prophets; I have not come to
abolish them but to fulfill them. ¹⁸For truly, I
say to you, until heaven and earth pass away,
not an iota, not a dot, will pass from the
Law until all is accomplished. ¹⁹Therefore
whoever relaxes one of the least of these
commandments and teaches others to do the
same will be called least in the kingdom of
heaven, but whoever does them and teaches
them will be called great in the kingdom of
heaven. ²⁰For I tell you, unless your right-
eousness exceeds that of the scribes and
Pharisees, you will never enter the kingdom
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