



# November 2015 St. Bridget

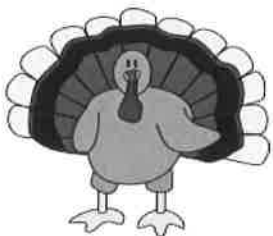


Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
Ham & Cheese Sandwich Yogurt/Bagel Plate Hummus Plate	2 Cheese Quesadilla Salsa & Sour Cream Steamed Green Beans Choice of Fruit	3 Maple Glazed Pancakes Sausage Links Potato Puffs Choice of Fruit	4 Pasta & Meatballs Spinach Salad Choice of Fruit	5 Chicken Nuggets Cheesy Rice & Broccoli Steamed Carrots Choice of Fruit	6 Nacho Supreme Baked Tortilla Chips Taco Meat, Mexican Black Beans Lettuce, Tomato, Salsa & Sour Cream Cheese Sauce Choice of Fruit
Turkey Sandwich Yogurt/Bagel Plate Hummus Plate	9 French Toast Sticks Potato Puffs Sausage Links Choice of Fruit	10 Boneless Breaded Chicken Drumsticks Roasted Parmesan Green Beans Cheddar Cheese Goldfish Choice of Fruit	11 No Lunch Served  Veterans Day	12 Breaded Chicken Bites Brown Rice Steamed Carrots Choice of Fruit	13 Pizza Cheese or Veggie Crispy Roasted Chickpeas Choice of Fruit
Tuna Sandwich Yogurt/Bagel Plate Hummus Plate	16 Toasted Cheese Sandwich Tomato Soup Sweet Potato Fries Choice of Fruit	17 Chicken Patty on Whole Wheat Roll Steamed Green Beans Choice of Fruit	18 ½ Day No Lunch Served	19 ½ Day No Lunch Served	20 Soft Bread Sticks Meat Sauce Caesar Salad Choice of Fruit
Ham & Cheese Sandwich Yogurt/Bagel Plate Hummus Plate	23 Chicken Nuggets Seasoned Noodles Steamed Carrots Choice of Fruit	24 Beefburger, Cheeseburger or Veggie Burger on a Whole Wheat Roll Lettuce & Tomato Corn Choice of Fruit	25 ½ Day No Lunch Served		
Turkey Sandwich Yogurt/Bagel Plate Hummus Plate	30 French Toast Sticks Potato Puffs Sausage Links Choice of Fruit		Milk is available with all lunches Daily Milk Choices include: 1%, Skim, Fat Free Flavored	Fruit choices include a variety of fresh, canned, and 100% fruit juice.	

*Menu subject to change*

*Please log onto [www.ezschoollpay.com](http://www.ezschoollpay.com) to monitor your child's account or call 860-647-3462*

Grades K-5: Lunch Price: \$2.05 – Grades 6-8: \$2.30  
 Reduced Lunch Price: \$.40  
 Adult Lunch Price: \$3.25  
 K-5 Milk Only: \$.40  
 Grade 6-8 Milk Only: \$.50



**Manchester's Message  
for a healthier you.**

9

5

2

1

0