



October 2015 St. Bridget Menu



Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
Turkey Sandwich Yogurt/Bagel Plate Hummus Plate				1 Breaded Chicken Bites Brown Rice Steamed Carrots Choice of Fruit	2 Pizza Cheese or Veggie Crispy Roasted Chickpeas Choice of Fruit
Tuna Sandwich Yogurt/Bagel Plate Hummus Plate	5 Toasted Cheese Sandwich Tomato Soup Sweet Potato Fries Choice of Fruit	6 No School	7 Soft Shell Taco Lettuce & Tomato Salsa & Sour Cream Shredded Cheese Refried Beans Choice of Fruit	8 Popcorn Chicken Mashed Potato with Gravy Choice of Fruit	9 Soft Bread Sticks Meat Sauce Caesar Salad Choice of Fruit
Ham & Cheese Sandwich Yogurt/Bagel Plate Hummus Plate	12 Columbus Day No School	13 Beef Burger, Cheeseburger or Veggie Burger on a Whole Wheat Roll Lettuce & Tomato Corn Choice of Fruit	14 Pasta & Meatballs Roasted Zucchini Choice of Fruit	15 Breaded Chicken Tenders Roasted Redskin Potatoes Steamed Broccoli Choice of Fruit	16 Pizza Round Cheese or Veggie Crispy Roasted Chickpeas Choice of Fruit
Turkey Sandwich Yogurt/Bagel Plate Hummus Plate	19 French Toast Sticks Potato Puffs Sausage Links Choice of Fruit	20 Crazy Cheesy Bread Marinara Sauce Roasted Parmesan Green Beans Choice of Fruit	21 Baked Fish Sticks Macaroni & Cheese Steamed Carrots Choice of Fruit	22 Nacho Supreme Baked Tortilla Chips Taco Meat Mexican Black Beans Lettuce, Tomato, Salsa & Sour Cream Cheese Sauce Choice of Fruit	23 ½ Day No Lunch
Tuna Sandwich Yogurt/Bagel Plate Hummus Plate	26 Fiesta Pizza Steamed Carrots Choice of Fruit	27 Popcorn Chicken Mashed Potato with Gravy Choice of Fruit	28 Soft Bread Sticks Meat Sauce Spinach Salad Choice of Fruit	29 Soft Shell Taco Lettuce & Tomato Salsa & Sour Cream Shredded Cheese Refried Beans Choice of Fruit	30 Beefburger, Cheeseburger or Veggie Burger on a Whole Wheat Roll Lettuce & Tomato Green Beans Choice of Fruit

Menu subject to change

Grades K-5: Lunch Price: \$2.05 – Grades 6-8: \$2.30

Reduced Lunch Price: \$.40

Adult Lunch Price: \$3.25

K-5 Milk Only: \$.40

Grade 6-8 Milk Only: \$.50

Milk is available with all lunches

Daily Milk Choices include: 1%, Skim, & Fat Free Chocolate

Fruit choices include a variety of fresh, canned, and 100% fruit juice.



Manchester's Message

95210

for a healthier you.