


Welcome  
Back!

# August/September 2015 St. Bridget Menu



Alternates		Monday	Tuesday	Wednesday	Thursday	Friday
Yogurt/Bagel Plate Hummus Plate Tuna Sandwich	September 1 Beef Burger, Cheeseburger, or Veggie Burger on a Whole Wheat Roll Lettuce & Tomato, Corn Choice of Fruit	31 Chicken Nuggets Seasoned Noodles Steamed Carrots Choice of Fruit	2 Breaded Chicken Tenders Roasted Redskin Potatoes Steamed Broccoli Choice of Fruit	August 27 ½ day No Lunch Served	28 Soft Bread Sticks Meat Sauce Caesar Salad Choice of Fruit	
Yogurt/Bagel Plate Hummus Plate Ham & Cheese Sandwich	7 Labor Day No School 	8 French Toast Sticks Potato Puffs Sausage Links Choice of Fruit	9 Crazy Cheesy Bread Marinara Sauce Roasted Parmesan Green Beans Choice of Fruit	3 Pasta & Meatballs Roasted Zucchini Choice of Fruit	4 Pizza Round Cheese or Veggie Crispy Roasted Chickpeas Choice of Fruit	
Yogurt/Bagel Plate Hummus Plate Turkey Sandwich	14 Grilled Chicken Patty on a Whole Wheat Roll Steamed Carrots Choice of Fruit	15 Soft Shell Taco Refried Beans Salsa & Sour Cream Choice of Fruit	16 Soft Bread Sticks Meat Sauce Spinach Salad Choice of Fruit	10 Nacho Supreme Baked Tortilla Chips Taco Meat, Mexican Black Beans Lettuce, Tomato, Salsa & Sour Cream, Cheese Sauce Choice of Fruit	11 French Bread Pizza Garden Salad Choice of Fruit	
Yogurt/Bagel Plate Hummus Plate Ham & Cheese Sandwich	21 Cheese Quesadilla Salsa & Sour Cream Mexican Green Beans Choice of Fruit	22 Maple Glazed Pancakes Potato Puffs Sausage Links Choice of Fruit	23 Pasta & Meatballs Spinach Salad Choice of Fruit	17 Popcorn Chicken Mashed Potato & Gravy Whole Wheat Dinner Roll Choice of Fruit	18 Beef Burger/Cheeseburger or Veggie Burger on a Whole Wheat Roll Lettuce & Tomato Green Beans Choice of Fruit	
Yogurt/Bagel Plate Hummus Plate Turkey Sandwich	28 French Toast Sticks Potato Puffs Sausage Links Choice of Fruit	29 Boneless Breaded Chicken Drumsticks Roasted Parmesan Green Beans Choice of Fruit	30 Low Fat Mozzarella Sticks Marinara Sauce Whole Wheat Pasta Steamed Broccoli Choice of Fruit	24 Chicken Nuggets Cheesy Rice & Broccoli Steamed Carrots Choice of Fruit	25 Nacho Supreme Baked Tortilla Chips Taco Meat, Mexican Black Beans Lettuce, Tomato, Salsa & Sour Cream, Cheese Sauce Choice of Fruit	<i>Milk is available with all lunches</i> Daily Milk Choices include: 1% Skim, Fat Free Chocolate, & Fat Free Strawberry

Menu subject to change

Grades K-5: \$2.05 -- Grades 6-8: \$2.30

Reduced Lunch Price \$ .40

Adult Lunch Price: \$3.25

Grades K-5 Milk Only: \$.40 - Grades 6-8 Milk Only: \$.50

Manchester's Message  
for a healthier you.



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