



# GIVE US TODAY OUR DAILY BREAD.

Let's suppose you want a sandwich. After connection point team, you could go to Subway or Kroger and quickly curb your craving. However, in the ancient world of Jesus, it would've taken three hours or so just to make a small loaf of bread. All of a sudden, the idea of daily bread being such a gift is put into perspective.

The idea of daily bread is to remind us that we depend every day on sustenance from God. This can mean literal food, of course. But what else do we need to sustain us? Jesus calls Himself the bread of life, and that is something we can't get from a late night Subway trip.

So it doesn't matter if the bread is for our bodies or our souls - one thing is still the same: Everything we need to survive comes from God and we cannot survive apart from Him.

# IN THE BIBLE.

## **Matthew 6:9-11**

“This, then, is how you should pray:

“Our Father in heaven,  
hallowed be your name,  
10 your kingdom come,  
your will be done,

on earth as it is in heaven.

Give us today our daily bread.

## **John 6:32-35**

32 Jesus said to them, “Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from heaven. 33 For the bread of God is the bread that comes down from heaven and gives life to the world.”

34 “Sir,” they said, “always give us this bread.”

35 Then Jesus declared, “I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.

## **Matthew 6:25-34 25**

“Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? 26 Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?

# QUESTIONS.

- 1.) What are some things you need to survive?
- 2.) How have you seen God provide these things?
- 3.) Do you treat Jesus as the "bread of life?" How or how not?
- 4.) Where have you seen God at work this week?

**Whenever you read the Bible, ask yourself these three questions:**

1. What does this tell you about God?
2. What does this tell you about yourself and the world?
3. How is this going to change who you are and how you live?