



LORD, I WANT TO
KNOW YOU

A STUDY BASED OFF THE BOOK BY KAY ARTHUR

Pausing for a Moment

If there's one thing the Israelites did consistently, it was complain. No matter how wondrously God revealed himself, after awhile they would go back to complaining. How could a group of people who walked right through the Red Sea and out of the hands of slavery possibly complain right afterwards? How could they possibly doubt? They're crazy, right?

...Are they though? We may not have seen the parting of the Red Sea, but we've read about it. We've read about it and countless other accounts of God's miracles. We've got the *entire Bible* when the Israelites didn't have anything. More than that, we have the Holy Spirit living in us. That's a big deal. It's easy to react to life's struggles with doubt, frustration, isolation. It's harder to instead remember God's goodness, His presence, His saving power in our lives. It's harder, but it's better. Kay Arthur writes, "It is one thing to **know about** God and another to **live in the light** of that knowledge. How I pray that this study will not just be something you store in a warehouse of knowledge. It is my earnest prayer that you will live in the light of what you've learned!... ***I pray that you will not react to the natural but respond to the spiritual...***"

In the Bible

Galatians 5:16-24

16 So I say, let the Holy Spirit guide your lives. Then you won't be doing what your sinful nature craves. 17 The sinful nature wants to do evil, which is just the opposite of what the Spirit wants. And the Spirit gives us desires that are the opposite of what the sinful nature desires. These two forces are constantly fighting each other, so you are not free to carry out your good intentions. 18 But when you are directed by the Spirit, you are not under obligation to the law of Moses.

19 When you follow the desires of your sinful nature, the results are very clear: sexual immorality, impurity, lustful pleasures, 20 idolatry, sorcery, hostility, quarreling, jealousy, outbursts of anger, selfish ambition, dissension, division, 21 envy, drunkenness, wild parties, and other sins like these. Let me tell you again, as I have before, that anyone living that sort of life will not inherit the Kingdom of God. 22 But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, and self-control. There is no law against these things!

24 Those who belong to Christ Jesus have nailed the passions and desires of their sinful nature to his cross and crucified them there. 25 Since we are living by the Spirit, let us follow the Spirit's leading in every part of our lives.

Hebrews 13:6

6 So we can say with confidence,
“The Lord is my helper,
so I will have no fear.
What can mere people do to me?”

Questions

- 1.) What does it mean to "not react to the natural but respond to the spiritual?"
- 2.) What does mean to have the Holy Spirit living inside us? How can we "live by the Spirit" as it says in the Galatians passage?
- 3.) Recap Time! What are the definitions of the names we've gone through so far?
 - Elohim
 - El Elyon
 - El Roi
 - El Shaddai
 - Adonai
 - Jehovah
 - Jehovah-jirah
 - Jehovah-rapha