



*#DEATHTOSELFIE*

## LIVING FOR OTHERS.

It is easy and natural to look out for #1. Unfortunately, this is disastrous in many of our relationships. We end up using people, even our closest friends and family. This is especially so in marriage where a spouse can easily use the other. If instead we could have a culture where we all look out for others first, we could find that someone does come along and meet our needs.

The scary thing is that we have to trust other people then. We have to spend time with them, pour into them. That's hard for us for a handful of reasons: these other people might not think about me as much as I do, maybe they drop the ball sometimes, maybe they're simply irritating. Putting other people first is not easy. But there is freedom and goodness when we look outside ourselves into what God is doing in the lives of the people around us.

## IN THE BIBLE.

### **Philippians 2:1-4**

Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, 2 then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. 3 Do nothing out of selfish ambition or vain conceit. Rather, in humility value

others above yourselves, & not looking to your own interests but each of you to the interests of the others.

### **Matthew 6:25-34**

25 “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? 26 Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? 27 Can any one of you by worrying add a single hour to your life?

28 “And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. 29 Yet I tell you that not even Solomon in all his splendor was dressed like one of these. 30 If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? 31 So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ 32 For the pagans run after all these things, and your heavenly Father knows that you need them. 33 But seek first his kingdom and his righteousness, and all these things will be given to you as well. 34 Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

## **QUESTIONS.**

- 1.) What does it mean to “seek first his kingdom” and “in humility, value others before yourselves?”
- 2.) How did Jesus embody those things?
- 3.) What steps can you take in your relationships today to die to self and live for others?

**Whenever you read the Bible, ask yourself these three questions:**

1. What does this tell you about God?
2. What does this tell you about yourself and the world?
3. How is this going to change who you are and how you live?