



LORD, I WANT TO
KNOW YOU

A STUDY BASED OFF THE BOOK BY KAY ARTHUR

El Shaddai: The All-Sufficient.

We all have something we look to for life, for fulfillment, for satisfaction, don't we? Some of us yearn for a man to love us, some of us desire a certain job title or way of life, some look to our children to fulfill our old dreams. But it never quite works does it? Nothing ever truly, fully satisfies in the long run. Kay writes, "*Time and time again I have found Him to be my all-sufficient God., my protector, the unconditional lover of my soul. He held me through the suicide of my first husband. He held me as a single parent when, at times, I was overcome by loneliness, responsibility, and the need to be held. He has held me through times of great financial need... When I have run to my El Shaddai, I have never come away wanting. He is my all-sufficient One.*"

When we feel less-than, unsatisfied, antsy in our own skin - look to God as El Shaddai. Dig into Him completely. Trust that He is Almighty. He is enough. He is all-sufficient.

In the Bible

Read Genesis 17:1-8

2 Corinthians 12:9-10

But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. That is why, for

Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.

Questions

- 1.) How do the verses above apply to God's name, El Shaddai: the all-sufficient One?
- 2.) What are some of the things you look to/have looked to for satisfaction?
- 3.) What was the end result of looking to those things? Did they satisfy?
- 4.) Has God revealed Himself to you as El Shaddai? How? What has that meant in your life?