

Navigating Personality Types

Building Healthy Relationships God's Way

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INTERACTION WITH WORLD



Extravert

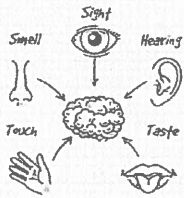
- Energized by people
- Drained by isolation
- Speak to think
- Open book
- Require stimulation

Introvert

- Energized by thoughts
- Drained by people
- Think to speak
- Closed book
- Require down time

FINDING THINGS OUT

Human Sense organs



Sensing

Eyes, ears, senses

See what is

Good at gathering facts

Realistic, practical

Intuitive

Meanings and relationships

See what can be

See solutions/possibilities

Imaginative, inspired

MAKE DECISIONS

FOLLOW YOUR HEAD

FOLLOW YOUR HEART

Head

Logical

Decide impersonally

Weigh/analyze facts

Can be blunt

Heart

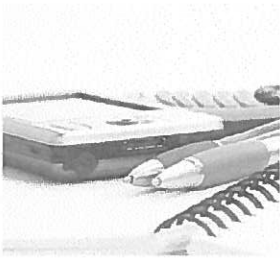
Take things into account

that matter to self/others

Weigh circumstances/
personal values

Tactful/sympathetic

LIVE LIFE



Planner

Orderly

Need a plan

Want to know what's next

Love schedules/order

Get started right away

Play once work is done

Winger

Flexible

Need freedom

Want to seize moment

Love spontaneity

"Alarm clocks"

Play so energized to work
