

October 2019



First Pres. Press

Enneagram Workshop October 27, approximately 11:45 LFPC Library

This summer I offered an introductory seminar on the enneagram. This ancient personality typology has also been a source of great wisdom in people's spiritual growth and has had a resurgence across lines of spirituality in the past 20 years. As one practitioner of the enneagram says it doesn't put you in box but it helps you to see the box you're already in and how you can grow beyond it.

I've spoken with some of you since that first seminar and you've been doing some great observation of yourselves to identify your box. Some of you have taken an inventory which can also help you to home in it. The best way to understand the different personalities is to have some with that personality describe it themselves. I would like to offer another opportunity to gather and have YOU do more of the talking about what you've discovered.

See below for links to enneagram resources.

Peace and Grace,

Pastor Garrett

Enneagram resources

<https://enneagramtest.net/tests/2939558> or see **Books: The Enneagram Made Easy and The Road Back to You**

We Event

Our first "**WE**" event was held on Sunday September 15th. Many joined us for this special Sunday of intergenerational worship. "**We**" began with breakfast, Bible study, singing, playing and praying. We had a short break from 10:15-10:30 and continued worship in the sanctuary at 10:30! All ages, all generations, all people, all of US! Stay tuned for the next "**WE**" event!!!



Choir LFPC Choir will resume rehearsals on **Thursdays at 7.00 pm.** Please join US!!!

S.O.A.P. The annual Women's Retreat **is on Saturday, November 9 from 9-12 here at the church.** We will be learning all about **SOAP!** SOAP stands for Scripture, Observation, Application, and Prayer. We will learn how to use SOAP to develop a daily cleansing habit of devotion. Join us for lady talk, sharing, laughter, and learning in November. More details to come!



BACKPACK SUNDAY

Beginning in October, each last Sunday of the month will be **BACKPACK SUNDAY!** Items collected for the "Blessings in the Backpack" ministry will be gathered by our little children during the worship service. The children will collect our offerings and bring them up with the monetary offering collected by the deacons. The reason we are doing this is for our little ones to have a more concrete understanding of this mission. By seeing all the contributions of the month gathered together, they will understand that their donation combined with all the church's donations is indeed a huge contribution to children who need food! The food item for **September and October is fruit and grain bars! Bring them in on October 27!!!!**

"NAME THAT TUNE" POTLUCK Lunch!

POTLUCK? Did you say POTLUCK? Yes, the Deacons are putting together a Potluck Lunch soon, **DATE TBA.** But this is not just any ordinary potluck lunch. This one offers a fun game, NAME THAT TUNE (Hymn) followed by a hymn sing with our lunch. So bone up on your hymns and plan on bringing a salad or a dessert. Deacons will provide rolls and lunch meat as well as beverages. We are going to have a lot of fun!!!!



October Mission Report



Blessings in a Backpack Update

As part of the partnering rotation for the months of September and October we are asked to collect: **fruit and grain bars (any brand, variety, but NO NUTS)**

The rotation helps give us appreciation for the variety of foods they are trying to provide for the kids at Seymour Dual Language Academy in Syracuse. For more information or a refresher on the program see the direct link to the Liverpool chapter website: <https://blessingsinabackpackliverpoolny.org/>
Grey collection bins are labeled BIB in fellowship hall and the back of the sanctuary.

Thank you to all who volunteered at the September 21 Fill-A-Bus event at the Clay Wal-Mart. They indeed filled a bus full of items that will be a blessing to students through the 2019-20 school year!
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Samaritan Center

A need has been identified at the Samaritan Center for toilet paper for those who are served by Samaritan Center services. We can collect supplies at LFPC and see that they are delivered with a volunteer.

Samaritan Center is in need of volunteers to help serve meals throughout the week. More specifically, they are in need of volunteers on Tuesday mornings for the breakfast shift. If interested, visit the website at this link:

<https://www.samcenter.org/how-you-can-help/volunteer> or call Amy Rossi, Volunteer Coordinator (315) 472-0650 x 203

As a congregation we next serve at the Samaritan Center on Tuesday, December 31st.

The meal service hours for New Year's Eve will be served from 3:30-4:30 that day so volunteer service would be from 2:30pm to 5pm.

CROP Walk

LFPC has been invited to participate in the 2019 Crop Walk. For those new to LFPC, the CROP Hunger walk is a community-wide event sponsored by Church World Service and organized by religious groups, businesses, schools and others to raise funds to end hunger in the U.S. and around the world.

The Syracuse area walk is scheduled for **Sunday, October 20** at Willow Bay at Onondaga Lake Park. Registration is at 12:30 at the Saw Creek shelter. Walk starts at 1 p.m, along Onondaga Lake Park from the shelter to the marina and back, approximately 3 miles. Soup will be served at the shelter following the walk.

A team page has been setup for Liverpool First Presbyterian Church at the following link. Please use it to register for walking, or also for donating on behalf of the LPFC team if you are unable to walk that day. See <https://www.crophungerwalk.org>

Paper donation envelopes will be available at church for walkers to use for donation collections. See Rob Santos for a paper donation envelope if you need one.

25 % of the dollars raised stays locally....distributed to:

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|-------------------------------------|---|
| Atonement Midweek Meal | Eastern Onondaga County-Meals on Wheels |
| Samaritan Center | Christ the King Food Bank |
| St Joseph the Worker Food Pantry | Bayberry/ UCC Food Pantry |
| Baldwinsville Methodist Food Pantry | IHM Food Pantry |
| St Mark's Lutheran Dinner Program | Inter-Religious Food Consortium |
| North Area Meals on Wheels | Baldwinsville Meals on Wheels |

Let's be part of this community event in solidarity with other Liverpool churches in the mission to end hunger at home and around the world!

Vanderkamp

Things are changing in the world of Christian camping and Vanderkamp is exploring different options to offer its unique gifts to the church and community. Please consider adding your name as a 'Friend of Vanderkamp' as they look to build a network of people who support their mission. See their information letter on the back church bulletin board, see their website at www.vk.org or call 315-675-3651.

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Leading as a Matthew 25 Congregation

The PC USA Presbyterian Mission organization has invited congregations to join the Matthew 25 Initiative. Churches that accept the challenge engage the world through one or more of three main focuses: building congregational vitality, dismantling structural racism, or eradicating systemic poverty.

Learn more about this new initiative at www.pcusa.org. There are short videos that explain its goals. Please listen to a video or read through the material. Do we as Liverpool First Presbyterian want to covenant as a Matthew 25 church?

PC USA Office of Public Witness Action Alerts:

Tell Congress to Support H.R. 763: The Energy Innovation and Carbon Dividend Act

The Office of Public Witness is calling on Presbyterians to support H.R. 763: The Energy Innovation and Carbon Dividend Act. This carbon pricing bill is an exciting advancement of Congressional effort to limit carbon emissions, by placing a fee on each metric ton of carbon emitted. Monies collected from the carbon fee will be used to make monthly dividend payments to U.S. residents. This bill is predicted to reduce emissions 90% by 2050, protect low-income communities from rising energy costs, and encourage investment in clean energy.

The Presbyterian Church (U.S.A.) applauds this bipartisan effort to care for a suffering creation and supports passage of this bill. We recognize carbon pricing is not the only solution to climate change. However, it is a start to reducing greenhouse gas emissions by placing the burden of the cost of climate pollution on the large companies responsible. Failing to lower carbon emissions will lead to sea-level rise, more natural disasters, less reliable agricultural production, and a greater burden of disease.

Environmental stewardship is an essential tenant of Christianity. Psalm 24:1 tells us that "the Earth is the Lord's, and all that is in it." God's creation is precious, and humans have been tasked to be faithful stewards of the Earth. As Presbyterians, we are extremely concerned about the climate crisis and the effects that it will have on all areas of our society. Given our shrinking window for action, we need to advocate for bold and effective national climate policies.

Take Action Now and tell your member of Congress to Support H.R. 763: The Energy Innovation and Carbon Dividend Act.

Respectfully submitted,
Rob Santos

Friends in Faith - October 2019

The beginning of the year has been a wonderful blur of activity. Teachers preparing classrooms and lesson plans. The excitement was felt at "Meet the Teacher" night where the students visited their classrooms, met new friends and saw old friends. The next day we began our classes with much enthusiasm from staff, children and parents. We are so honored and grateful to have so many families who have entrusted their children to us and we look forward to a year filled with much learning and many blessings.

~Tracie Folley, Director

The Church Office will be CLOSED on Monday October 21st as our (Observed) Columbus Day!

Blessings in a Backpack fill a Bus

Many thanks to the volunteers from Old First who took time out of a very lovely Saturday to ask for food donations for children at the Seymour Dual Language Academy. The generosity of the shoppers at the Walmart on Rt. 31 in Clay was amazing. Each one of us left with a good feeling that he/she helped a child have food on the weekend. Twenty-two more students were added to the number of backpacks to be filled on Friday. Now we are filling 222 bags each week.

If you have any questions about the program, please call me - Nancy Putman, 315-635-3433 or email me Puternan@Verizon.net

October Birthdays

1 – Lisa Bricault
3 – Julie Smith
4 – Rick Pelotte, Cyndi Signorelli
7 – Libby Williams
8 – Ed Fauler
9 – Everly Beerman
16 – Sam Anderson, Gwendolen Matt
17 – Owen Matt
20 – Bill Putman
25 – Samantha Gallagher

(If anyone has been omitted from this list,
please call the church office)

Happy Birthday!



Bottle Drive

We are still collecting returnable cans and bottles for the preschool. There is a bin downstairs outside of Fellowship Hall to place your donations. Please rinse the cans and bottles out first. Thanks!

LFPC Food Pantry Shopping List:

Canned Vegetables, Canned Fruit in juice or water (not syrup), 100% juice

Protein rich foods 7 grams per serving: Beans, Canned meats, Canned fish, Peanut butter

Elsie O'Neil/Woman's Association

All Women are INVITED. We are more than a ladies group. We are a number of individuals who assemble together once a month, & have developed a unifying relationship. We bring our brown bagged lunches & share a delicious dessert. We discuss church business & our many church projects. We support each other in trials & joys. We also work together on a light Bible Study, which sometimes leads to deep & wonderful conversations. We meet every month, on the third Thursday @ 12:30PM, in the library. So, mark your calendars for the fun!

We are currently planning our Rummage Sale for **October 25 & 26th**. Set up is scheduled for October 23 & 24th. We're asking people from our congregation to help us with this 4 day event. Last year we increased the 1 day sale to 2 days, with help from ALL OF YOU. We cannot do it without YOUR HELP. You do not have to stay all day. An hour or more is appreciated.

GUYS: WE NEED YOU TOO! On Saturday, October 26th @ 3 PM. The sale ends & with lots of help, in no time at all, everything is bagged up for the Rescue Mission & our tables are ready for Fellowship Hour, after service the following Sunday.

Someone will be coming around with a clip board, to SIGN UP TO HELP with our Rummage Sale!

BAKERS: We need many bakers to bake for our Bake Sale @ the Rummage Sale. They'll be a notebook on the counter in the kitchen to sign up. Please label what you've baked & if it contains nuts, or not.

Our thanks in advance. In Christ, Coleen Clapper, Chair

The November 2019 Newsletter Deadline is Tuesday October 22nd by 12 noon. Please get all articles and pictures into the church office by 10/22. You may call Heather at 315-457-3161 or email lfirstpr@tweny.rr.com.



MANY THANKS:

Dear Louise, Lynda Fauler, Linda Raitt, Dode & Roberta,
Thank you for all of the elbow grease you used to clean the kitchen, cafe area & Fellowship Hall. Many hands together, makes the work much easier & the time go by quicker. My humble thanks to those who helped & those who let me know, they were not available to help.

In the future, we ask if those who are using the kitchen, take a personal responsibility of cleaning up afterwards. Things in the refrigerator, should be labeled with your name & a date, to make it easier to ascertain if things need to be discarded, or not. Items from events need to be given away, or discarded. Too often, they are left unattended in the refrigerator, when, if distributed at the time of event, some one could make good use of it.

Many thanks, Coleen

Thank you so much for the cards, calls, and compassion expressed to us preceding and following Frank's surgery in mid September. Amazingly, Frank was discharged from the hospital only 3 days after major surgery - a testament to the power of a praying church! Repeatedly our church has proven to engage the power of God's mercy on many. Praise be to Him! Thankfully, Frank and Eileen DeGroff

To our Church Family,

We were overwhelmed with the cards, messages, emails and all of you that came to my mother's services. It meant so much to our whole family. We are truly blessed to be part of this church. Thank you so much. -Jon & Sue Woodworth

STAINED GLASS WINDOW RESTORATION AND REPAIR

As stewards of Liverpool First the time has come to repair and restore our beautiful Sanctuary Stained Glass Windows. In the early sixties a plexiglass covering was placed over the sanctuary windows to protect them from the weather. Over the years this covering has become cloudy preventing the glass from view. Also, the covering has caused moisture that has weakened or rotted the wood. The glass panes are loose. The windows are warped and do not close or open properly thereby losing energy. YOU CAN HELP - A matching fund drive has been approved by session.

TODAY through October 30, 2019 for each DOLLAR pledged the Memorial Committee will match dollar for dollar up to \$15,000.00. See the envelopes in your church pew and write: "Windows" on the check memo line. DOLLAR FOR DOLLAR = \$15,000.00.

Lets see how many windows we can restore this year!

The Johnsons, our missionaries in Zambia shared at their visit how much receiving mail has meant to them. The letters and cards lift their spirits, connect them to home and all those who are supporting their work. When in the mission field it is vital to know you are connected to those back home especially when at times the challenges laid in front of you are so daunting. What can you do?

YOU CAN DONATE CARDS... please donate varied Christmas cards, thinking of you cards, blank cards and homemade cards and please don't forget the envelope. During worship in October we will address the envelopes to The Johnsons and then we prayerfully ask that you take a card(s), write a note, add a stamp and mail. Our hope is that the cards will arrive in time for Christmas but if they arrive in February, that is good too! Please bring your varied cards to worship by **October 13th**. Thank you for your help, Tracie Folley and Leigh Anne Herd

Presbytery of Cayuga-Syracuse E-News To subscribe see: <http://cayugasyracuse.org>. Our goal is to highlight things going on throughout the Church: within our Presbytery, in our congregations, as well as in the Synod of the Northeast and all the PCUSA