



THE ANTIPHON

The Parish Newsletter of
St Matthias' Church, Dallas, Texas

SEPTEMBER 2018

Beloved in Christ,

“Happy are the people whose strength is in you! * whose hearts are set on the pilgrims’ way.” (Psalm 84:4, 1979 BCP). Psalm 84 is about returning to Jerusalem. Jerusalem is important because it is the location of the House of the Lord. The great Old Testament image for the People of God is the Exodus, the journey from slavery into the Promised Land, where Jerusalem would be founded, the place where God would cause his name to dwell. If you read the Gospels you will discover that our Lord is always traveling. Preaching, teaching, and healing, he too is always on the move. The Christian life is not meant to be static, but dynamic. The journey is a pretty well-established biblical theme. The destination we are called to is none other than the House of the Father. That house is not to be found in the earthly Jerusalem, but in the heavenly one. Until our arrival there, everything prior is the journey. Ultimately, how we get there is accomplished by being shaped into the likeness of Jesus. How we have strength for the trip is by feeding on Him. *“Happy are the people whose strength is in you! * whose hearts are set on the pilgrims’ way.”*

September is here and so we are about to start the next stage, and we are concerned with our equipment for the journey. Inserted in this issue of the Antiphon you will find an outline of our Christian Formation offerings for 2018 - 2019. This year the focus is, in a sense, upon the journey. The Exodus, Our Lord’s traveling ministry, the life and apostolic expansion of the Church, and beyond!

By the time you receive this we will have shifted to the **Fall Sunday Mass schedule** of 8:00am and 10:30am. Matins is also read each Sunday beginning at 7:40am. Just as a reminder, I am asking the 10:30am ushers

to ring the bell at 10:25am to call us all to worship (*instead of waiting until 10:30 to let us know that we are late*).

The week of the 16th, I will be at the Parish of All Saints in Boston, Massachusetts participating in the **annual provincial synod** of the Americas Province of the Society of the Holy Cross (SSC). I'll be traveling Monday - Thursday. Please pray for me as I travel.

Sunday Christian Education will begin on the 16th. Donna Wheeler will be teaching the first adult course on, you guessed it, the Exodus. This is an excellent opportunity to introduce someone new to our parish. Who do you know that you can invite?

The **Tuesday Evening Classes** are being postponed until October 2nd. I'll be out of town on the 18th and our Deanery is having its pre-convention meeting on Tuesday the 25th. At that meeting members of the Nominating Committee for the Election of a New Bishop will be elected. As I said last Sunday, please make it a part of your daily intercessions to pray for our bishop, and for the diocese as we move through the process of selecting our next bishop.

If you have not taken my Tuesday evening **Basic Christianity** course, I want to encourage you to consider getting in on it this time around. We ought all of us to be about the mission of growing the church. So, with a month before we begin, take some time now to ask God for guidance in showing you who to invite into our fellowship. Bring a friend or two! As you can see, it is time to get moving. Heaven awaits!

God bless you all,

A handwritten signature in black ink, appearing to read "John Ch...". The signature is fluid and cursive, with a small cross-like symbol at the end.



♪ ♪ DID YOU KNOW...? ♪ ♪

... there are many health benefits to singing? Singing forces us to breathe more deeply, improving oxygen levels. It strengthens our immune system and lowers stress. Singing releases endorphins into our bloodstream, promoting a feeling of well being and staving off depression. Where can one obtain all these health benefits...?

The choir's summer hiatus is swiftly drawing to a close! We will resume rehearsals Wednesday, September 5th at 7:00 p.m. in the choir room located in the Administration Building. We have missed their leadership in worship and look forward to their return September 9th for 10:30 a.m. Mass. The choir is open to all those who feel led to lift their voice in praise to the Lord and desire to serve Him in song. If a weekly rehearsal on the church campus doesn't fit with your schedule, a monthly rehearsal will be offered at Susan's home in Forney. If you are interested in a monthly rehearsal, please contact Susan at swilliams@stmatthias-dallas.org.



IT'S SEPTEMBER ... IT MUST BE BBQ!



Light up your smokers, corral your sauces, and bring your best as Niesa Page and Amy White host Fellowship Supper on Saturday, September 8th. The theme? *TEXAS BBQ*, of course! Join us at 7:00pm for the best lick-your-fingers grub in town! September's Fellowship Supper will be held in the Great Hall. Bring your food and bring your friends! Remember to bring beer or wine only in the Great Hall!

Please sign up on the form in the Sunday bulletin.

<u>If your last name begins with</u>	<u>Bring either</u>
A through I	Main Dish or Dessert
J through M	Salad or Dessert
N through Z	Vegetable or Dessert



PRAYERS AND SQUARES MINISTRY

The Prayers and Squares Ministry will meet Thursday, September 13th at 6:30pm in Duncan Hall. We have given 187 quilts and many prayers to those in need. If you know someone who would benefit from extra prayers and support, please consider a quilt for them. Contact nitahinshaw@aol.com to make a request.



SEPTEMBER COMMUNITY MINISTRY

Shelter Team: *Captains* Donald & Susan Conley, Thomas & Cynthia Coughlin, Jamie & Gracie Hamilton, Donna Jarecke, Danelle Harris, Luellen Bassano, Marilyn French. Team meets at church 4:00pm, **Sunday, September 16th.**

Sandwich Makers: Team 1 - Luellen Bassano, Donald & Susan Conley, Richard & Dianne Couch, Lisa Crain, Jo Neese, Jamie & Gracie Hamilton, Donna Jarecke, Kathryn Magruder.



NEW ADDRESS FOR THE GORDONS

Bill and Jo Gordon have moved and would like to share with you their new address. Their cell phone numbers remain the same.

224 Hopping Peach
San Marcos, Texas 78666

WOMEN'S MINISTRY

Ladies, please join us on Monday, September 17th at 6:30pm for a potluck dinner and plastic bag mat-making party. We will have instructions and a short demo on how the mats are made. We have a bin in the Great Hall for donations of plastic bags. It doesn't matter what color they are. It takes about 600 bags to make one mat. Any questions, contact Nancy Perrine 214-929-7529 or Virginia Wallace 214-912-2546.



MEN'S GROUP

The Men's Group made a trip to the Holocaust Museum in August. It was an enlightening trip. They divided us up into two groups with a docent for each group so that it was easier to see the exhibits and hear what was being said.

In **October**, we are planning to visit either a distillery in Lewisville or a brewery in Farmers Branch. More information to come so be watching the bulletins.

In **November**, we are planning to do another community service project and work with Habitat for Humanity. I'm waiting to hear from them on which projects are available. More details to come so continue watching the bulletins.

These events are open to all men of the Parish. Hopefully some of the men who haven't attended one of our events will join us for fun and fellowship. If you have any ideas or suggestions for an event, please call me.

Bob Priest

Co-ordinator - 972-234-1031

NORTH DALLAS SHARED MINISTRIES (NDSM)

Support the Pantry Month

The NDSM Pantry provides a one week supply of emergency food and toiletries (\$80 for a single person or \$50 per person for a multiple person household). The Pantry tries to stock a full complement of food and hygiene items including milk, eggs, fresh/frozen meats, flour, sugar, toilet paper, laundry and bath soap, shampoo, diapers and baby wipes, canned fruits, vegetables, meats, and soups, peanut butter and jelly, cereal, rice, pasta and beans, an assortment of breads, pizza and other items such as pancake flour, syrup and cooking oil. Eligible families cross out any items they don't want or need on the pantry list and volunteers then fill their orders. Applicants must meet eligibility requirements and may receive food up to eight times in a 12-month period.

As one of the original covenant congregations, St Matthias' helps support the Pantry two months each year -- May and September. This support is primarily through donations of money, groceries, and paper grocery bags. YOU can help provide this support by writing a check, donating grocery/hygiene items, and/or bringing in large paper bags. Because of NDSM's buying power and special relationships, every \$1 they spend equals almost \$12 we might spend at a grocery or warehouse store. They can stretch every dollar to obtain many basic items, thereby leveraging our contributions. However, there are some items which they cannot obtain at a discount and donations of these items certainly will enhance Pantry selections. A list of these items will be in the Narthex for your use.

Surprisingly, 98% of the funds received by NDSM go directly to programs and services. NDSM has three full-time administrators: an executive director, a director of operations and a medical clinic director. Only the director of operations is paid -- both the Executive Director and the Clinic Director serve as volunteers!

So, PLEASE BE GENEROUS by doing the following this month:

- Make out a check (tax deductible of course) to NDSM, memo line St Matthias, and place in the marked basket on the Narthex table;

- Bring donated groceries to the Narthex, where they will be collected and delivered to NDSM (for your convenience, lists of needed items are on the Narthex table);
- Bring donated clothing (clean and in good condition) to the Narthex where it will be collected and delivered to NDSM; children's/men's/large size women's clothing are especially needed;
- Bring paper grocery bags to the Narthex – plastic bags don't work; paper bag donations help NDSM by reducing the cost of purchasing paper bags;
- VOLUNTEER at NDSM. Their needs are great and experience is not required! All schedules are part-time and NDSM can use whatever skills you may have. Needs include volunteers to interview clients, work in the Pantry, job counselors, receptionists, data entry, clerical, medical clinic clerical staff, nurses, physician assistants, dentists, doctors, pharmacists, ESL teachers, etc. No matter what your skills, YOU can be of help.

Contact Nancy Gaines (nancygaines6@gmail.com or at 972-233-2182) if you have any questions; you may also visit NDSM's website at <http://www.ndsm.org/>.



SAVE THE DATE!

Women's Tour of Tables Luncheon
Noon - Saturday, October 20th

We are so excited to let you know that we are planning our next Women's Tour of Tables luncheon.

Speaker - Once again Dr. Rose-Mary Rumbley has agreed to come and speak with us – topic to be announced.

Food – We will enjoy the same type of meal that we had last year. It will be catered so we can enjoy a nice meal without having to cook.

Tables – Our favorite part of the luncheon is all the beautifully decorated tables. We have parishioners who volunteer to decorate the tables with their selected theme.

So this is what we need from you! We need you to start thinking about being a table hostess as this is what makes the luncheon so special. We will have helpers that can deliver your goods to the church for you, so please don't let that be a deterrent.

Be ready to RSVP along with any guests you wish to bring (\$20 per person). Your RSVP is very important as this is how we determine how many people are needed to hostess the tables. Without a headcount, we really can't get started.

Thanks so much! More will be following this first announcement. Hope you can all join us for this very special ladies' event.