



Celebrate Recovery
Every Tuesday Night!

6:00-8:30PM

If you need a safe place to talk about your depression, your anxiety, your relationship issue, your anger; if you need support as you work through grief of a divorce, past abuse or an addiction, check out our Celebrate Recovery program.

When people see the word “recovery,” they generally think of drugs and alcohol. Though we do help folks find sobriety from addictions, CR is a place where you can find hope and healing from any struggle you may be facing. If you have questions about this life-changing program, contact Kathleen at office@valleyfree.org

Tuesday Night Schedule:

6:00pm—Dinner (Free-will donation)

6:30pm—Large Group Worship/Meeting

7:30pm—Men’s/Women’s Small Groups

***Childcare is provided.**

Encouragers’ Bible Study

THURSDAY, 9:00AM—Join us for Bible study, fellowship and encouragement.
ssantovi@gmail.com

Sisters Arise!

Women’s Prayer Meeting

2nd & 4th TUESDAY at 5:00PM

Fellowship Hall

White Cross

2nd & 4th THURSDAY at 11:30AM

We will be knitting stocking caps to give out in December.

Please call or email Shirley Sindelar with any questions: 952-445-2161

gpagmasindelar@gmail.com

Women’s Bible Study

Every other TUESDAY @ 9:30am

“Trustworthy”—A study of 1&2 Kings

GUEST INFORMATION

We want to hear from you. If you are a visitor, please visit valleyfree.info to fill out a CONNECT CARD.

If you are a guest or a regular attender and would like to submit a prayer request, go to valleyfree.org/prayer. To be added to our weekly emails or prayer emails, please email the office at office@valleyfree.org and let Kathleen, our office manager, know that you would like to be added to the list.

KIDS AT VALLEY FREE

The infant nursery (Room 116 next to the women’s rest room) is available during the 9:00am service and the 10:30 Sunday School hour.

Children’s Sunday School is offered after the worship service for children aged 2years—5th grade.

A sick room will be set up in the Conference Room (Rm 102) if you find yourself feeling ill during the service and are unable to leave right away.



FIND INFORMATION ON OUR SAFETY REGULATIONS AND PROCEDURES as well as information on upcoming activities at valleyfree.info or by scanning the QR code.