



March 8, 2026
Third Sunday in Lent

OUR MISSION STATEMENT

Sharing an experience of belonging, with God's music and the love
and justice of Jesus at the heart of what we do.

Welcome

Rachel Robicheau

Opening Music: All Who Are Thirsty

Guided Breath & Centering Moment

Opening Prayer

Rev. Timothy Sylvia

Entry Into Worship

Cassie Ramos

One: We gather as people who are thirsty...
thirsty for justice,
thirsty for meaning,
thirsty for a love that truly satisfies.

Many: And we come seeking what restores us.

One: The world offers endless substitutes for our longing.

Many: And we are weary of what never fills us.

One: God calls us to listen to our thirst,
not to silence it.

Many: And then God meets us with living water.

One: Where we meet God is a place where honesty flows,
where grace is not rationed,
and where restoration is possible.

**Many: Let us worship the God
who quenches our deepest thirst
and heals what the world has worn down.**

Scripture: Psalm 95

Cassie Ramos

Gospel: John 4:5-42

So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have

given you living water.” The woman said to him, “Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well and with his sons and his flocks drank from it?” Jesus said to her, “Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.” The woman said to him, “Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.”

Jesus said to her, “Go, call your husband, and come back.” The woman answered him, “I have no husband.” Jesus said to her, “You are right in saying, ‘I have no husband,’ for you have had five husbands, and the one you have now is not your husband. What you have said is true!” The woman said to him, “Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem.” Jesus said to her, “Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming and is now here when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.” The woman said to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.”

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” Then the woman left her water jar and went back to the city. She said to the people, “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” They left the city and were on their way to him.

Meanwhile the disciples were urging him, “Rabbi, eat something.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Surely no one has brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.”

Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them, and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

Music: Where God Meets Us

Sermon: What Restores Us When We Are Thirsty?

Rev. Timoth Sylvia

Music: Thirsty

Affirmation (Unison)

Rachel Robicheau

**We believe thirst is not a weakness,
it is a sign that we were made for more.**

**We believe God does not shame our longing.
Instead, God meets us within it.**

**We believe living water is offered freely,
without barriers or condemnation.**

**We believe hardened hearts can soften,
and dry places can bloom again.**

**We trust the God who restores us
by giving life in abundance.**

Offering Invitation

Rachel Robicheau

Pastoral Prayer (with the Lord's Prayer)

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom, come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts as we forgive our debtors. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory forever. Amen.

Closing Music: I Love to Tell the Story

Sending Forth

Rev. Timothy Sylvia, Pastor
Jeff Hobart, Director of Music Ministry

1 South Main Street, Randolph, MA
www.wearechanginglives.org

781-963-6373
info@wearechanginglives.org

ANNOUNCEMENTS:

ADULT HYGIENE PRODUCTS DONATIONS: Missions is launching a drive for donations of adult incontinence items and women's hygiene products. There is a Donations bin in Memorial Hall. These products will be delivered to Interfaith Social Services (ISS) in. You may also donate on-line on the church's [giving](#) page.

WEEKLY ONLINE BIBLE STUDY, Wednesday, March 11th, 6:30 pm EST – ONLINE ONLY: Join us each Wednesday for a time of deep reflection, thoughtful conversation, and sacred curiosity as we open scripture together and explore what it means for our lives today.

Whether you've been reading the Bible for years or are just beginning to ask questions, there's space for you here. Bring your wonder. Bring your doubts. Bring your whole self. Come for the community. Stay for the transformation. Zoom link sent out weekly and available upon request.

WIDOWS' MIGHT, Thursday, March 12th, 11:00 am: Our monthly gathering of those that have lost a spouse or partner will meet in the Chapel.

BRAVESPACE PIE DONATIONS: Our next BraveSpace will be on Friday, March 13th, Pi Day eve, so we will once again be serving pie at our cafe! If you are interested in donating a pie for us to use in the cafe, we would be most appreciative! We need the pies by 6:30 pm on March 13. Please see the sign up sheet on the kitchen counter or let Joy (joytardiff49@gmail.com) know which kind you will provide.

BRAVESPACE COFFEEHOUSE, Friday, March 13th, 7:00 – 9:00 pm: Join us for our BraveSpace CoffeeHouse. Enjoy an evening of creativity, community and connection to uplift and celebrate 2SLGBTQIA+ artists and their allies. This is a free event. Refreshments will be available to purchase to support future events.

ISS STOP THE STIGMA WALK, Saturday, April 25th, 9:30 am: A church team has been set up for this year's walk. If you'd like to join the team, please contact Susan Goodale (psgoodale@comcast.net) prior to registering. Funds raised will go to the New Directions Counseling Center at ISS. Anyone is able to go for counseling regardless of insurance or inability for their copay. Stop the Stigma against mental illness, substance abuse. You can donate to our team, or an individual on our team, by clicking on this link: <https://interfaithsocialservices.org/stop-the-stigma-5k/?form=5Kdonation> and specify that you are donating to First Congregational Church Randolph or the specific walker's name.

UPCOMING MEETINGS:

Missions	Sunday, March 8 th	12:00 pm in Memorial Hall
Staff Meeting	Monday, March 9 th	10:00 am in the Parlor
Committee on Ministry	Monday, March 9 th	10:00 am in the Chapel
Racial Justice	Monday, March 9 th	6:30 pm in the Chapel
Racial Justice	Tuesday, March 10 th	6:00 pm in Memorial Hall

SCAN OUR QR CODES:



Online Giving



Events Page of Our Website