

# S.O.A.P.

## Scripture Study

**S** Write down a Scripture verse.

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**O** Write down your observations.

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**A** Write the personal application to your life.

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**P** Write out a prayer of response.

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### How to Have a Successful S.O.A.P. Scripture Study

Set aside a quiet time to read the Scriptures. If you read in the morning, you'll enjoy blessings throughout the day that come from morning Scripture study.

**S:** As you read the Scriptures, look for a verse that you want to study in depth. Pray for guidance and ask to be led to Scriptures that can help you in your spiritual progression.

**O:** Ponder, study your Scripture selection, and record your observations. You may want to read the verses surrounding the passage you selected, footnotes, or entries in the Bible Dictionary to learn more. More importantly, really ponder and pray about what God is trying to teach you through this passage.

**A:** How does this Scripture passage apply to you? Try to find similarities to your life, your feelings, and your experiences. Are there changes you can make to your life? Are there weaknesses you can turn into strengths?

**P:** While it's not necessary to write out a complete prayer, you may want to write down things to include in your personal prayer. You may want to ask God for help with developing a specific attribute. You may want to express gratitude. You may want to pray for specific people. Make note of those things in your Scripture journal and include them in your personal prayer.

