King's Messenger

Christ the King Lutheran Church is a caring community committed to empower all people to know Christ and to make Christ known.















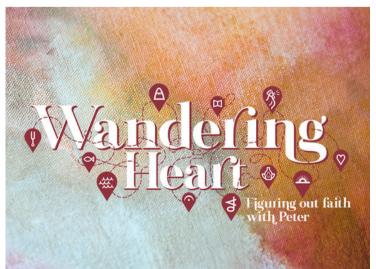
Message from Pastor Melanie

Remember You are Loved

Ash Wednesday this year coincides with Valentine's Day. The dual purpose of February 14th may make giving up chocolate for Lent a bit complicated for anyone who wants to make that a part of their Lenten discipline. Yet, the words of Ash Wednesday, "Remember you are dust," work well with the message, "Remember you are loved." While Ash Wednesday reminds us of our own mortality, the Lenten season as a whole reminds us that God loves us so completely and intimately that God entered our human story to take on everything we experience – even death.

This year, our Lenten theme is "Wandering Heart." This theme was inspired by the hymn "Come Thou Fount," in which we sing "bind my wandering heart to Thee." Weekend preaching texts will focus on the disciple Peter's faith journey. Like Peter, our faith journeys ebb and flow. Peter drops his nets, walks on water, runs to the empty tomb, and swims to the shore to meet the risen Christ. Peter's journey is not polished, linear, or perfect. Yet, Peter keeps searching, yearning, and loving, even after missteps or mistakes. Peter's story reminds us that God loves, claims, and calls imperfect people. Despite Peter's wandering and ours, we remain tethered to God's heart and love. Mid-week Lenten services will include voices of our ministry partners who share stories of how we are tethered to our neighbors by love. We

will hear messages from partners such as Connections, My Place, Gustavus Adolphus College, and Crossroads Campus Ministry. This Lent, we reflect on the stepping-stones of Peter's story as well as how we are tethered to God and one another. I look forward to seeing you on Ash Wednesday, as we remember that you are loved.



ASH WEDNESDAY FEBRUARY 14TH

REMEMBER YOU ARE DUST



REMEMBER YOU ARE LOVED WORSHIP 4:30PM & 6:00PM COMMUNITY SUPPER 5:00-5:50PM



WEDNESDAYS 6:00PM

SUNDAYS SATURDAYS 8:15 & 10:00AM

FREE COMMUNITY SUPPER SERVED ON WEDNESDAYS FROM 5:00 - 5:50PM

5:30PM

Parish News

Prayers of Comfort for

- The family of Tom Larson who died on December 27th
- Jane Ralston and family, whose husband, Doug, died on January 7th.
- Barb Johnson and family in the death of her husband, Jerry, who died on January 12th.
- Steven & JoAnn Curtis and family in the death of Steven's father, Monte, who died on January 20th

Prayers of Joy & Celebration for

- Finn Henry Allan, son of Adalee & Jack, baptized on December 2nd
- Etta Rose Bergstrom, daughter of Bri & Isaac, baptized on December 3rd
- Tobin Elizabeth Palmer, daughter of Allison, baptized on December 23rd
- Bode Thompson Kall, son of Becca & Brent, baptized on December 30th
- Colin Jeffrey Nessler, son of Katie & Scott, baptized on December 30th
- Fletcher Alfred Joel Swanson & Wallace Kevin Joel Swanson, sons of Greg & Beckie, baptized on January 17th

Thank you from Crossroads

Time sure flies. We can't believe that we're already at the start of Spring Term at MSU-Mankato! We feel blessed to have Christ the King Lutheran Church and your volunteers as partners in our ministry to feed hungry students through our Lunch For-a-Buck program. We were pleased to welcome your volunteers on Tuesday, January 9, when Cindy Kehoe, Armin Schull, and Dean Brudwick provided a hearty lunch of baked pasta with sausage & marinara, chicken & rice hotdish, cheese manicotti, fresh salad bar veggies & cheese, and homemade bars to 43 hungry lunch-goers. They also collected \$53.75 in donations that will be used to purchase the lettuce, fixings, beverages, paper plates, dinnerware, and other supplies for lunches during Spring Term. We look forward to seeing you at your next Lunch For-a-Buck on February 13, 2024. God bless you for your generosity and for supporting the students and our ministry at Crossroads.





"The time is always right to do the right thing!" Dr. Martin Luther King, Jr.

Winter greetings All,

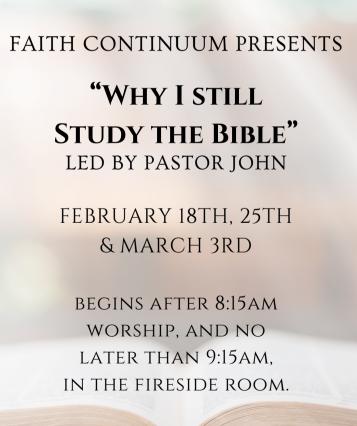
This month Faith Continuum concludes one series and starts another. Do not worry if you miss a session or two of either series, all in attendance would be obliged if you would come as possible for both. There is much to learn and share. Please remember we begin after the first service concludes but no later than 9:15 am. Come and join us for these excellent studies led by Dr. Sarah Ruble, Professor of Religion at Gustavus, and Pastor John Petersen (a faith leader of this congregation for over a quarter a century).

On the first Sunday of February, we continue the Dr. Sarah Ruble series on "Race in America". Sarah returns on February 11th to lead the final Sunday of the series. These last two sessions should take us from the Civil Rights movement to a discussion of where we are today.

On the first Sunday of Lent Pastor John begins his three-week series – "Why I Still Study the Bible". As John has so aptly described the series:

"There can be little question that the church is changing in a variety of ways. As I add candles to my birthday cake, I find it more and more of a challenge to hear younger colleagues say to me that the church of yesterday is fading into the background and that much of the insight and approaches to ministry that got us here no longer work in the new church. That's the primary reason I still study the bible – because God's word never changes. During our time together we will explore the many and varied reasons that we all still study scripture and I will share with you the 10 bible verses that have significant meaning in my life and the experiences connected to each of them. I look forward to hearing why you still study the bible."

Stay warm, Todd



Fellowship (

<u>Tuesdays</u> 9:00am Coffee & Conversation 10:15am Book Study

February 10th

9:00am: Bibles, Bagels, & Brew Women's Faith Group February 20th 1:00pm: Ruth Circle Bible Study February 28th

February 26th

6:30pm: Women's Bible Study 9:00am-3:00pm Quilters Learn More: <u>ctkmankato.org/get-involved/adults</u>





PLEASE JOIN JUSTICE AND PEACE FOR MOVIE NIGHT FEATURING CHASING ICE SUNDAY, FEBRUARY 18TH AT 6:30 IN THE CTK THEATER

<u>CHASING ICE SYNOPSIS</u> - IN THE SPRING OF 2005, ACCLAIMED ENVIRONMENTAL PHOTOGRAPHER JAMES BALOG HEADED TO THE ARCTIC ON A TRICKY ASSIGNMENT FOR NATIONAL GEOGRAPHIC: TO CAPTURE IMAGES TO HELP TELL THE STORY OF THE EARTH'S CHANGING CLIMATE EVEN WITH A SCIENTIFIC UPBRINGING, BALOG HAD BEEN A SKEPTIC ABOUT CLIMATE CHANGE. BUT THAT FIRST TRIP NORTH OPENED HIS EYES TO THE BIGGEST STORY IN HUMAN HISTORY AND SPARKED A CHALLENGE WITHIN HIM THAT WOULD PUT HIS CAREER AND HIS VERY WELL-BEING AT RISK. CHASING ICE IS THE STORY OF ONE MAN'S MISSION TO CHANGE THE TIDE OF HISTORY BY GATHERING UNDENIABLE EVIDENCE OF OUR CHANGING PLANET. WITHIN MONTHS OF THAT FIRST TRIP TO ICELAND, THE PHOTOGRAPHER CONCEIVED THE BOLDEST EXPEDITION OF HIS LIFE. THE EXTREME ICE SURVEY. RUN TIME : 1 HOUR AND 15 MINUTES.

WE WILL PROVIDE POPCORN BUT PLEASE BRING YOUR OWN BEVERAGE AND SNACKS IF YOU WANT. There will be a short discussion to follow the showing.

PLEASE REGISTER AT CTKMANKATO.ORG/GET-INVOLVED/EVENTS SO WE KNOW HOW MANY TO EXPECT. CHILDCARE WILL BE AVAILABLE - PLEASE INDICATE NEED WHEN REGISTERING BEFORE FEBRUARY 15TH.

LEFSE BAKE (EASTER VERSION)

MARCH 21

bring ingredients to office so dough can be made ahead of time

MARCH 23



Volunteer to roll and 'bake' no experience needed! Bring needed equipment to church

LEARN MORE & SIGN UP AT CTKMANKATO.ORG/GET-INVOLVED/VOLUNTEER



submitted by Jorun Meierding, Prayer Room Coordinator

Praying the Penitential Psalms Through Lent

In his little book, Psalms: the Prayer Book of the Bible, Dietrich Bonhoeffer classifies the psalms into the following ten categories: the creation, the law, holy history, the Messiah, the church, life, suffering, guilt, enemies, and the end. This month, in recognition of Lent, we will focus on the "guilt" psalms. Bonhoeffer identifies seven such psalms, which are often referred to as the "penitential" psalms. They include Psalms 6, 32, 38, 51, 102, 130, and 143. These psalms are a subset of a larger group of psalms known as the "laments," which comprise nearly one-third of all the psalms. According to Bernhard Anderson, "laments are praises in the time of God's absence, or, stated differently, in the time when [God's] presence is hidden." [Anderson, B.W. (1974). Out of the Depths: The Psalms Speak for Us Today, The Westminster Press, p. 72.]

When we have sinned and when we feel guilt, we are separated from God and experience God's absence. In those moments we can identify with the psalmist who wrote, "Out of the depths I cry to you, O Lord. Lord, hear my voice! Let your ears be attentive to the voice of my supplication." [Psalm 130: 1-2.] We are all guilty before the Lord, but the psalmist reminds himself and reminds us that "there is forgiveness with you [God], so that you may be revered" [vs. 4]. Although he may feel distant from God because of his sin, the psalmist affirms God's forgiving nature and his own trust in God's faithfulness when he says, "I wait for the Lord, my soul waits, and in his word I hope; my soul waits for the Lord more than those who watch for the morning" [vs. 5-6].

Lent is a season of deep repentance and asking God's forgiveness for our sins. This Lent, as you consider your own shortcomings, I encourage you to seek out and pray the ancient words of the seven penitential psalms—Psalms 6, 32, 38, 51, 102, 130 and 143. Choose one of the psalms, read it, then read it again. As you connect with the words of the psalm, begin to say those words to God in prayer. Make the words of the psalm—words that have been sung and prayed for thousands of years—your own prayer to God.

Create in me a clean heart, O God, and put a new and right spirit within me. Do not cast me away from your presence, and do not take your holy spirit from me. Restore to me the joy of your salvation, and sustain in me a willing spirit. ~Psalm 51:10-12~

Preasurer's Repor

12/01/2023

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	ļ	Dec 2023	MTD Budget		Variance		YTD		YTD Budget		Variance		Dec 2022		<u>Variance</u>		Prior YTD		Variance	
Total Operational Income	\$	85,970	\$	73,330	\$	12,640	\$	422,527	\$	442,481	\$	(19,954)	\$	113,637	\$	(27,667)	\$	421,821	\$	706
Total Operational Expenses	\$	(77,919)	\$	(73,830)	\$	(4,089)	\$	(415,392)	\$	(442,981)	\$	27,589	\$	(87,687)	\$	9,768	\$	(541,255)	\$	125,863
Other Income			\$	500	\$	(500)	\$	8,227	\$	3,000	\$	5,227	\$	-	\$	-	\$	7,768	\$	459
Other Expenses			\$	-	\$	-	\$	-	\$	-	\$	-			\$	-	\$	-	\$	-
Net Income/(Loss)	\$	8,051	\$	-	\$	8,051	\$	15,362	\$	2,500	\$	12,862	\$	25,950	\$	(17,899)	\$	(111,666)	\$	127,028
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Library Corner

Month of **February** is probably most known for **Valentine's Day** but it also is known as **American Heart** and **Black History** month. Other events observed are Ground Hog Day and even the Super Bowl. Also it is the only month to have fewer than 30-days and we begin to enjoy longer daylight hours and more sunshine!

ADULT GOOD READ BOOKS:

- "<u>Sparkle On Women Aging in Gratitude</u>" by Kim Kane. "Author addresses with humor the important questions about psychological, social and physiological changes in the aging experience. Aging really just means living!" (Code:248.4 KAN)
- "<u>Friendship in the Age of Loneliness</u>" by Adam Smiley Poswolsky. "This refreshing, positive guide reminds us that nurturing old and new friendships is a ritual, a necessity and one of the most worthwhile things we can do in life." (Code: 248.8 POS)
- "<u>The Little Liar</u>" by Mitch Albom. "Story of truth & lies set during the Holocaust. A story about the power of love to ultimately redeem us, no matter now deeply we blame ourselves for our mistakes." (Code: F ALB)
- "<u>The Seamstress</u>" by Sara Tuvel Bernstein. (A Memoir) "After series of incidents ranging from dramatic escapes to a year in a forced labor detachment, Sara ended up in Ravensbruck, a women's concentration camp, and managed to survive." (Code: B BAR)



NEW BOOKS FOR CHILDREN: [Great addition of books for parents & kids]

- "<u>Dragonboy and the 100 Hearts</u>" by Fabio Napoleoni. "Playful little boy and his band of stuffed-animal friends celebrate love, friendship & discovering something new you least expect." (Code: EN-NAP)
- "Coat of Many Colors" by Dolly Parton(Code: EP PAR)
- "Lord Help Me" by Emme Muniz "Children Prayers." (Code: EM MUN)
- "Creation of The World" by Igloo "First Bible Stories including Adam & Eve." (Code: EI IGL)
- "My Favorite Bible Songs" by Spirit Press (Code: ES)
- "The Littlest Angel" by Charles Tazewell(Code: ET TAZ)
- "The Dreamer" by Cynthia Rylant (Code: ER RYL)
- "<u>I Love My Mommy</u>" (Code: EB BED), "<u>I Love My Daddy</u>" (Code: EB BED), "<u>I Love My Grandm</u>a" (Code: EB BOO), "<u>I Love My Grandpa</u>" (Code: EBD). Book Series by David Bedford

Suggestions for book/author ideas, contact a Committee Member: Kathy Bruss, Linda Eisenbeis, Emmy Geppert, Marilyn Mathiason, Kris Norland, Ellen Petersen or Ann Stewart.

Space has recently been provided for the RIC committee to display informational materials in CTK library on shelf just inside door. No check out needed as these are not part of the CTK library book database inventory.





<u>Sunday</u> February 4. 2024

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at 9:00AM

<u>Join us for our</u>

0–3 year old class

in the Rainbow Room Lesson: Jesus Blesses Children • 20 minutes of free play

- Circle Time
- Story and Songs



Register Here

Christ the King Lutheran Church First Commension Feith Lab

Sunday, February 4, 2024 3-5PM





First Communion Service will be Maundy Thursday March 28, 2024

VACATION BIBLE SCHOOLVACATION BIBLE SCHOOLVACATION BIBLE SCHOOLSAVE THE DATEJUNE 10-13, 2024JUNE 10-13, 2024SUMMERAUSICAL
SBACK!VIE ROCK SLINGER
AD HIS GREATEST HITDATE: AUGUST 19-23, 2024

TIME: 1:00-4:30PM GRADES: 1ST-12TH GRADE (COMPLETED) COST: \$30 PER CHILD (SCHOLARSHIPS AVAILABLE)

PERFORMANCE DATES: SATURDAY, AUGUST 24TH 5:30PM SUNDAY, AUGUST 25TH AT 9:30AM 7th-12th Registration



7-8-9 Confirmation Meets: Feb. 7, 21, 28 Time: 6:45-7:30 PM Worship Response Form, Supper Serving

YOUTH

Schedule, Small Group Guide Sign-Up, Handbook: ctkmankato.org/get-involved/youth

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Supper Servers

2/7	Best of the Midwest (9)
2/21	Treehouse Burger Group $\#2(9)$
2/28	Dino Nuggets (7)



Time: 6:45-7:30 PM







Ash Wednesday Feb. 14: No Confirmation or Youth Group

SOUTH CENTRAL COLLEGE CULINARY ARTS PROGRAM KAREN LUND STORVICK MEMORIAL SCHOLARSHIP

Karen Lund Storvick October 8, 1952 – January 19,2020

Karen Lund Storvick, a dear friend, was known, loved and supported by family, friends and community. Her love of food, making sure everyone enjoyed everything about it, from how to cook it to how to serve it at a beautifully set table was well known and respected.

Karen was an active and long standing member of Christ the King Lutheran Church's "Circle of Hope", which was formed to express the love of Christ through service and making our community a better place to live by supporting unhoused youth.

Through her leadership of many exceptional events, often involving food and the development of donation promotions, support and continued support to The Reach Resource Center in Mankato has been possible.

THE SOUTH CENTRAL COLLEGE CULINARY ARTS PROGRAM HAS EARNED A STELLAR REPUTATION FOR TRAINING HIGH-QUALITY PROFESSIONAL FOOD SERVICE MANAGERS, CHEFS, AND COOKS. UNDER THE DIRECTION OF CHEFS, STUDENTS ARE PROVIDED OPPORTUNITIES FOR HANDS-ON LEARNING. THIS LEARNING ENVIRONMENT WILL HELP EACH STUDENT TO DEVELOP THE SKILLSET NECESSARY TO BECOME A PROFICIENT CHEF AND A KNOWLEDGEABLE FOOD SERVICE PROFESSIONAL.

CAMPUS: NORTH MANKATO

PROGRAM START DATE: EACH FALL SEMESTER

FOR MORE INFORMATION ABOUT THE PROGRAM: (507) 389-7200 ADMISSIONS@SOUTHCENTRAL.EDU

THIS SCHOLARSHIP IS MADE POSSIBLE WITH FUNDS GIVEN TO THE REACH BY THE FAMILY OF KAREN LUND STORVICK

AND

CHRIST THE KING'S CIRCLE OF HOPE.

SCHOLARSHIP AWARD WILL PROVIDE FUNDING FOR NECESSARY EQUIPMENT AND BOOKS REQUIRED IN THE SOUTH CENTRAL COLLEGE CULINARY ARTS PROGRAM.

SCHOLARSHIP APPLICATIONS ARE AVAILABLE FROM THE REACH LEADERSHIP TEAM.

Weekly Worship Schedule

Sundays: 8:15 A.M. & 10:00 A.M. Wednesdays: 6:00 P.M. Saturdays: 5:30 P.M.

Worship services are broadcast on Spectrum channel 181 and Consolidated Communications channel 7 Sundays at 3:00pm and Tuesdays at 10:00am

Contact the Staff

Christ the King's Phone Number: 507-345-5056 <u>Pastor Melanie Wallschlaeger</u>: ext. 23 <u>Pastor John Petersen</u>: ext. 24 <u>Al Lee</u>, Technology Arts Director: ext. 36 <u>Alyssa Herrig</u>, Director of Youth Ministries: ext. 19 Amy Olsen, Financial Assistant Andrea Brinkman, Contemporary Music Coordinator <u>Andrea Petzel</u>, Communications & Event Coordinator <u>Carolyn Krause</u>, Front-desk Dede Amundson; Front-desk <u>Jodi Maas</u>, Faith Engagement Coordinator: ext. 25 <u>Kirsten Elliott</u>, Director of Children's Ministries: ext. 20 <u>Mark Thompson</u>, Custodian <u>Robin Hughes</u>, Choir Director <u>Todd Lundquist</u>, Faith Continuum Coordinator: ext. 25

Office Hours: 9:00am - 3:00pm M - TH, or by appt

Deadline for Next Issue Newsletter Articles: Monday, February 19 Please email to <u>andreap@ctkmankato.org</u> or leave with front desk.