

**How to Develop a Powerful Prayer Life by Dr. Gregory Frizzell**  
**Chapter 6 – Praying Dynamic Prayers of Petition**  
**Wednesday AM/PM – 9/6/17**

**Phase 1: Spend the first several moments in genuine praise, thanksgiving, and worship.**

**Phase 2: Getting Clean Before God: Confession**

**Phase 3: Praying Dynamic Prayers of Petition**

The prayer of petition is how you bring your list of needs and wants to God.

**Psalm 37:4 - *Delight yourself in the Lord; And He will give you the desires of your heart.***

**Matthew 7:11 - *If you then, being evil, know how to give good gifts to your children, how much more will your Father who is in heaven give what is good to those who ask Him!***

We must learn how to pray petitions that are biblically based and centered on God's will. Some examples are: physical problems, general emotional needs, personal desires, financial or job concerns, school needs, relationship problems, etc.

*Temporal requests primarily relate to earthly needs and concerns.* Some examples are: a better job, a new care, a physical healing, etc.

*However, Kingdom requests are those which focus on issues that are eternal.* Some examples are: your personal growth in the fruit of the Holy Spirit, overcoming temptation, tearing down a spiritual stronghold, increasing your ministry, leading people to Christ, revival in your church, city, or nation, etc. *Developing a balanced prayer life means allowing God to "reorder" and "broaden" your personal petitions to reflect Kingdom priorities.*

### **Three Steps to Powerful Prayers of Petition**

**1. Regularly pray through each fruit of the Holy Spirit and ask God to develop the image and holiness of Christ within you.**

Don't ever forget that God's top priority for your life is to make you look more like Christ, to develop Christ's character and holiness in your life.

**Romans 8:29**

**Galatians 5:22-23** *You could not possibly pray more in the will of God than to pray each spiritual fruit for your life daily.*

**Example: Prayers for Love:** *Father I ask You to fill me with a deep love for You (Romans 5:5). Grant that my love for You be passionate and not lukewarm (Revelation 3:15). Please fill me with Your powerful love for things that further Your Kingdom (Matthew 6:33). Fill me with a love for souls and passion to grow our church. Fill me with a burning love for serving You. Baptize me with a selfless, compassionate love for my family and for those I meet each day. God, by the power of Your Spirit, please fill my heart with Your powerful love.*

Specific biblical prayers are infinitely more powerful than general requests.

As we pray God can also use His word to correct us.

*Lord, where I am failing to love You with all my heart, soul, mind, and strength? Have I put things ahead of You in my time, my thoughts, or my energies? Do my prayers, my service or my worship represent a passionate love or a lukewarm attitude? Lord, how have I failed to have a love and passion for lost souls? Have I expressed love toward my family or have I been unloving? How do I need to change?*

*Sample prayers for each fruit – pg. 75*

**2. Regularly pray through the Beatitudes and ask God to conform you to these godly characteristics (Matthew 5:1-10).**

You cannot go wrong praying the Word of God for your own life!

**3. Regularly pray through other character words that are found in Scripture. (Those besides the fruit of the Spirit and Beatitudes.)**

Examples: a) the anointing, power and filling of the Holy Spirit  
b) genuine humility and brokenness c) spiritual zeal and diligence  
d) wisdom and discernment e) immovability/stability  
f) steadfastness/faithfulness g) spiritual alertness  
h) spiritual passion and fervency i) a spirit of genuine worship  
j) purity of motives k) a quickened mind  
l) a spirit of revelation and understanding  
m) boldness and spiritual authority  
n) spiritual protection from sin, self, Satan, and the world

God also may reveal other biblical character words as you read Scripture and spend significant time with God.