



**A New Life**  
Christian Counseling

*A New Life Is Possible One Step at a Time*  
[www.anlcc.com](http://www.anlcc.com)

Fieldstone Park  
11105 NE 14<sup>th</sup> Street, Suite 103  
Vancouver, WA 98684  
Phone: (360) 798-2795  
Email: [djacquet@ccak12.net](mailto:djacquet@ccak12.net)

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### Professional Disclosure Statement for DARCY JACQUET, LMHCA

This statement is supplied for your information and protection. It provides information regarding my approach to counseling, education, training and credentials, your rights as a client, and my fees.

#### **Approach to Counseling:**

I believe that there is a tremendous opportunity and potential for physical, emotional, spiritual, and relational healing and growth that can be achieved through counseling. My role as a counselor is to come alongside and assist individuals, couples, families, and groups that are motivated to change at least one aspect of their thoughts, feelings, or behaviors. As a Licensed Mental Health Counselor Associate, it is my endeavor to utilize various approaches, techniques, and interventions in order to best serve the needs of the client. Though I utilize a variety of counseling approaches, I primarily operate from a "client-centered" therapy model. In this approach, distress is largely attributed to an incongruence or imbalance between our thoughts, feelings, experiences, and perceptions. Because of this, it is common in the therapeutic process to explore and discuss beliefs, emotions, development (including but not limited to early childhood), and relationships.

#### **Clinical Relationship:**

Sessions between a counselor and client may be very intimate emotionally and psychologically. Client and counselor understand that the relationship will remain on a professional level rather than a personal one. Contact will be limited to the paid sessions in the office or over an approved form of communication via technology (i.e. email, phone, etc.). The client and counselor shall not engage in physical contact, socialize, give gifts to each other, nor establish any relationship other than the stated counseling relationship. Counseling sessions focus exclusively on client concerns and all interactions will be solely for the client's benefit. In the event that the counselor and client unintentionally meet in a setting outside of the office setting (i.e. grocery store, church, etc.), it is understood that the counselor will not initiate contact, nor disclose the nature of their relationship to the client should the client choose to introduce them socially.

I practice under the code of ethics established by the American Counseling Association and by the American Association of Christian Counselors; and by the American Counseling Association.

#### **Client Rights:**

As a client, you are rightfully entitled...

- To expect that the staff has met the minimal qualifications of training and experience required by state law;
- To examine public records maintained by the State and to have the State confirm credentials of staff;
- To obtain a copy of the Code of Ethics, Oregon Revised Statutes (ORS), or Washington Administrative Code (WAC);
- To report complaints to the proper authorities (i.e. WA State Department of Health; American Counseling Association; American Association of Christian Counselors, etc.);
- To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving these services;
- To obtain permission to view your file, by way of written request stating reason(s) to the therapist
- To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the exceptions to confidentiality of information obtained in the course of services that include the following:
  - Reporting suspected abuse of a child, developmentally disabled person, or a dependent adult;
  - Reporting imminent danger to client or others, including (but not limited to) suicidal behavior or when a client is HIV positive and is unwilling to inform individuals with whom he/she is intimately involved;
  - Reporting information required in court proceedings, or by client's insurance company, or other relevant agencies;
  - Student consultation or supervision;
  - Defending claims brought by client against therapist;
  - Client has signed a release of information authorizing said disclosure.

**Nature of Therapy:**

Therapy is understood to be a choice made by the client, among available options. Options include other centers, therapies, support groups, self-help resources, and other modes of treatment. Medical treatment may also be another viable option. The client may choose not to seek treatment at this time. If therapy is chosen, client's symptoms may worsen before improving, fail to improve, or continue to worsen. Some clients need only a few sessions to achieve their goals, while others may require months or even years of counseling. The client has the right to terminate at any time, however, it is understood that premature termination may result in the return or worsening of the initial symptoms or problems.

Clients are encouraged to talk with the counselor directly if dissatisfied with services received, desirous of a second opinion or referral, or if intending to discontinue appointments.

**Education, Training, and Licensure:**

I have earned a Masters of Arts degree in Clinical Mental Health Counseling from Regent University, as well as a Masters in Human Services Counseling. In addition, I received a Bachelor of Arts in Education from Concordia University in Irvine California.

I have taken additional coursework in Trauma studies from Regent University, and am currently working toward certification in Trauma Counseling from Green Cross. This course of study included training in suicidology, grief, trauma and sexual trauma, and PTSD.

I am a Licensed Mental Health Counselor Associate with the Washington State Department of Health (MC60491521). In accordance with Washington State Law, I am under the supervision of Brad Peterson, LMHC. He can be reached at 360- 980-7906. I participate in continuing education and training in order to further enhance the effectiveness of my counseling and facilitator skills, as well as comply with the state department's standards. In addition, I maintain regular consultation with other professionals in the pastoral and counseling fields in order to offer the most effective and ethical intervention.

**Videotaping:**

For the purpose of clinical review, your counselor may request that a session be recorded. An additional disclosure statement will be provided at the time of taping, should it arise. If this is something that you are unwilling to consent to, or otherwise feel uncomfortable with, please let your counselor know during the intake process. There will be no clinical consequence or otherwise negative implication of being unwilling to consent to videotaping.

**Sessions and Fees:**

Individual sessions are typically 50-minutes unless prearranged otherwise. Couple, family, and individual intake sessions are typically 75-minutes unless prearranged otherwise. Group sessions are typically 90-minutes unless otherwise noted for the specific group. The fee for a 50-minute individual session is \$90, a 75-minute couple, family, or individual intake session is \$135, and a group session is \$30 per participant per session with the exception of an individual 50-minute individual intake for the group which is \$50. Fees are due at time of service, and are payable via cash, personal check, or debit or credit card. Specific financial arrangements, including discounted rates due to low-income or financial difficulty, are discussed and established during the initial intake session.

**Cancellation Policy:**

Clients are expected to contact the counselor at least 24 hours in advance to cancel or reschedule an appointment. Full fees are charged for missed sessions or sessions cancelled or rescheduled with less than a 24 hour notice.

**Emergency Services:**

If in need of emergency services, the client should call a crisis line in Clark County at 360.696.9560 or 1.800.626.8137, or call 911.

**Acknowledgement of Receipt:**

I/We, \_\_\_\_\_, have read and fully understand the information provided to me by Darcy Jacquet, LMHCA in her Professional Disclosure Statement, and give my informed consent to receive counseling services.

\_\_\_\_\_  
Client/Guardian Signature Date

\_\_\_\_\_  
Client/Guardian Signature Date

\_\_\_\_\_  
Counselor Signature Date

## Intake Form

### Personal Information

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Gender: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ -- \_\_\_\_\_ Okay to leave a message? Y / N

Cell Phone: (\_\_\_\_) \_\_\_\_\_ -- \_\_\_\_\_ Okay to leave a message? Y / N

Email address: \_\_\_\_\_ Okay to leave a message? Y / N

Relationship Status (circle): Single Dating Engaged Married Cohabiting Separated Divorced Widowed

Current Partner's Name: \_\_\_\_\_ Phone Number: (\_\_\_\_) \_\_\_\_\_ -- \_\_\_\_\_

Years Together (dating, married, etc): \_\_\_\_\_ Anniversary: \_\_\_\_\_ Number of Children: \_\_\_\_\_ Ages: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone Number: (\_\_\_\_) \_\_\_\_\_ -- \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

### Personal Experience

Where were you born? \_\_\_\_\_ Where did you grow up? \_\_\_\_\_

Were there any unusual circumstances regarding your conception or birth? \_\_\_\_\_

Were your parents married when you were born? Y / N Are your parents currently married? Y / N

If your parents divorced, how old were you and why did it occur? \_\_\_\_\_

What is/was your mother like? How did she treat you as a child? \_\_\_\_\_

What is/was your father like? How did he treat you as a child? \_\_\_\_\_

How did your parent(s) typically discipline you? \_\_\_\_\_

What were your favorite things to do as a child? \_\_\_\_\_

List your siblings, and their ages in chronological order (oldest to youngest):

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Relation (circle): Full Half Step

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Relation (circle): Full Half Step

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Relation (circle): Full Half Step

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Relation (circle): Full Half Step

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Relation (circle): Full Half Step

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Relation (circle): Full Half Step

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Relation (circle): Full Half Step

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Relation (circle): Full Half Step

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Relation (circle): Full Half Step

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Relation (circle): Full Half Step

What was your birth order? 1 2 3 4 5 6 7 8 9 10

How many different places did you live before you finished high school? \_\_\_\_\_

Circle any of the following that describes your family and home atmosphere as a child:

Alcoholism	Democratic	Neglectful	Prejudice	Stable
Affectionate	Distant	No fun	Rigid	Cold
Angry	Fighting	Overprotective	Sexual abuse	Poverty
Close	Frightening	Physical abuse	Mental illness	Trusting
Competitive	Moving excessively	Physical illness	Supporting	Safe

Did anyone in your family die before you were 18? Y / N Who: \_\_\_\_\_ How old were you? \_\_\_\_\_

Did anyone in your family attempt or commit suicide? Y / N Who: \_\_\_\_\_ How old were you? \_\_\_\_\_

### Social Experience

Explain and indicate how satisfied you are with your current social life: \_\_\_\_\_

Describe your relationship with your best friend and how often you get together: \_\_\_\_\_

When did you first begin dating? Were your early dating experiences positive? \_\_\_\_\_

### Education and Employment Experience

Highest Grade in school or degree(s) completed: \_\_\_\_\_

Briefly explain the number of times, what grades, and the reason you had to change schools while growing up: \_\_\_\_\_

Are you currently employed? Y / N Position: \_\_\_\_\_ Time in current job: \_\_\_\_\_

### Spiritual Experience

Please describe your family's spiritual or religious atmosphere while you were growing up: \_\_\_\_\_

When did you develop your current beliefs? \_\_\_\_\_

List a few words to describe your personal beliefs: \_\_\_\_\_

Do your family and friends share your current beliefs? \_\_\_\_\_

Any religious or spiritual problems that concern you? \_\_\_\_\_

**Medical History**

When was your last physical examination? \_\_\_\_\_ Name of your physician? \_\_\_\_\_

List any injuries, accidents, or surgeries: \_\_\_\_\_

List any head injuries, seizures, or loss of consciousness you have had: \_\_\_\_\_

List any medications (prescription and non-prescription) that you are taking: \_\_\_\_\_

Do you or your family members currently have or have ever had any of the following: (check all that apply)

	Self	Family
Heart problems	_____	_____
Cancer	_____	_____
Nervous breakdown	_____	_____
Stroke	_____	_____
Chronic illness	_____	_____
Alcohol or drug use	_____	_____
Legal problems	_____	_____
Learning disability	_____	_____
Depression	_____	_____
Other _____	_____	_____

**Chemical/Substance History**

Does/did anyone in your family use alcohol or drugs (either prescription or street drugs) Y / N

What alcoholic beverages did/do you use? \_\_\_\_\_ How much? \_\_\_\_\_

How often? \_\_\_\_\_ When did you have your last drink? \_\_\_\_\_

What street drugs did/do you use? \_\_\_\_\_ When did you last use? \_\_\_\_\_

Do you use nicotine? \_\_\_\_\_ How much daily? \_\_\_\_\_ Caffeine? \_\_\_\_\_ How much daily? \_\_\_\_\_

**Mental Health History**

Have you ever been in counseling or therapy before? \_\_\_\_\_

In a few words describe your counseling experience: \_\_\_\_\_

Have you even been hospitalized for an emotional/mental health disturbance? Y / N Describe: \_\_\_\_\_

Have you ever tried to end your own life? Y / N If yes, please provide date(s): \_\_\_\_\_

**Personality Information:**

As you see yourself, what kind of person are you? Describe yourself: \_\_\_\_\_

If I were to ask other people to describe you, what five words would come up most frequently?

\_\_\_\_\_

What are your greatest fears?

\_\_\_\_\_

Identify any irrational, negative, or 'horrible' thoughts that bother you: \_\_\_\_\_

Identify any habits, practices, or behaviors that you would like to change: \_\_\_\_\_

State in your own words what you would consider to be the nature of your main problem(s): \_\_\_\_\_

Describe when and how your problem(s) began: \_\_\_\_\_

What have you done about it? \_\_\_\_\_

List three goals you have for self-improvement:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

List three major strengths or abilities you have:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Please circle any of the following which concern you:

- |               |              |             |             |                 |                  |
|---------------|--------------|-------------|-------------|-----------------|------------------|
| Nervousness   | Depression   | Fears       | Shyness     | Sexual problems | Suicidal thought |
| Separation    | Divorce      | Finances    | Anger       | Self-control    | Friends          |
| Sleep         | Stress       | Work/school | Relaxation  | Headaches       | Tiredness        |
| Memory        | Ambition     | Energy      | Insomnia    | Legal Matters   | Making decisions |
| Loneliness    | Inferiority  | Education   | Career      | Concentration   | Marriage         |
| Relationships | Health       | Temper      | Nightmares  | Children        | Eating problems  |
| Unhappiness   | Spirituality | Parenting   | Gambling    | Sexual abuse    | Physical abuse   |
| Thoughts      | Body image   | Pornography | Alcohol use | Spiritual abuse | Self-harm        |



# A New Life Christian Counseling

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Name: \_\_\_\_\_

Age: \_\_\_\_\_ Today's Date: \_\_\_\_\_

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## "FIRST IMPRESSIONS"

It has been said that, *"a picture is worth a thousand words."* Please draw and/or briefly describe what you hope to ultimately gain from your counseling experience at ANLCC. The purpose of this exercise is to gain a clearer understanding of your desires & goals, not assess your artistic abilities, so please be encouraged to express yourself regardless of your level of talent.

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**FEE SCHEDULE**

ANLCC counselors are able to provide services affordably, according to the following policy:

- 1) Fees for a 50-minute individual session is \$90, a 75-minute couple, family, or individual intake session is \$135, and a group session is \$30 per participant per session, with the exception of a 50-minute individual group intake which is \$50. A discounted rate may be discussed, and agreed upon as notated and documented on this form.
- 2) Fees are paid at the end of each session, unless client billing has been previously arranged.
- 3) Cash, checks (made payable to your counselor), and debit and credit cards are accepted for payment.
- 4) Sessions are typically 50 minutes long, except initial "intake" sessions and couples sessions, which are 75 minutes long and billed at 1.5 times the session amount.
- 5) A 24-hour notice must be given if you are not able to make your session. Otherwise, you will be charged for the complete session.

(Please discuss with your counselor the need for a reduced session fee due to low income or financial difficulty before completing the information below.)

Your hourly fee for counseling is \$\_\_\_\_\_ per 50-minute session and you will be expected to pay this at the time of each session. (Session Fee X 1.5 (75-minute session) = \$\_\_\_\_\_, if applicable)

\_\_\_\_\_  
Client

\_\_\_\_\_  
Date

\_\_\_\_\_  
Counselor

\_\_\_\_\_  
Date





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**Consent to receive Christian Counseling**

Your signature following the statements below constitutes your agreement and consent to receive Christian counseling from your counselor at A New Life Christian Counseling (ANLCC), and an acknowledgement that you have read and understood this agreement. This also means that you have discussed any questions regarding this contract with your counselor.

I request that as part of the professional services provided by \_\_\_\_\_ that they make available to me ministry oriented services. These include, but are not limited to, personal prayer, Scripture reading from the Bible, Christian books, other Christian resources and any Christian practices that could be meaningful to me or are requested by me. The above named counselor is released to use Christian terms and language in counseling me, and to utilize Christian spiritual practices such as inner healing prayer and addressing issues concerning Spiritual distress.

I/we, \_\_\_\_\_ have read, understood, and received a copy of this agreement.

Signature of Client: \_\_\_\_\_ Dated \_\_\_\_\_, 20\_\_

Signature of Counselor: \_\_\_\_\_ Dated \_\_\_\_\_, 20\_\_