



## 1. REVIEW

Philippians is a book that helps us see what a maturing follower of Jesus Christ looks like. How would you define spiritual maturity? Based on your definition how do you see yourself maturing in your walk with the Lord? \_\_\_\_\_

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Paul wrote this letter to the Philippians while in a Roman prison. Read verses 1-11. How is Paul's spiritual maturity visible to you as a reader of this passage? \_\_\_\_\_

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We often look for stability in many things. What is the danger of looking to circumstances, events, possessions, etc. for stability in life? *Don't just give the answer you think you should give.* Share what you have experienced in your life when you have done this. How does Matthew 4:24-27 help give instruction to what you shared? \_\_\_\_\_

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## 2. ASSESS

Three things were given from this passage to instruct us on where our stability should be anchored:

- 1. The assistance to deal with the anxiety in verses 1-5**
- 2. The promise to deal with the process in verse 6**
- 3. The love to deal with the loneliness in verses 8-11**

Which of these things, from the passage, did the Lord use to speak to the situation you are experiencing and how you are maturing in your walk with the Lord? \_\_\_\_\_

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## 3. APPLY

**MUTUAL MINISTRY**  
BREAKOUT

Where are you struggling to find stability in your walk with the Lord and what is leading to this struggle? \_\_\_\_\_

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What in Philippians 1:1-11 and the content that was shared on Sunday is the Lord using to speak and encourage you in the struggle you are experiencing? \_\_\_\_\_

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## 4. COMMIT

**MUTUAL MINISTRY**  
BREAKOUT

What is one tangible thing you can do this week and be held accountable with a person in the group, with the power that comes from the Holy Spirit, to encourage you to become more stable as you face that situation in your walk with the Lord? \_\_\_\_\_

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