

LESSON SNAPSHOT

BOTTOM LINE:

God will always go with us.

OBJECTIVE:

Kids will learn when we move where God sends us, He goes with us and watches over us.

KEY PASSAGE:

Exodus 12:21-42, The Exodus

MEMORY VERSE:

“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.” - Proverbs 3:5-6 (NIV)

SUMMARY:

When the time came for God’s people to move out of Egypt, they had to leave quickly. God had protected his people from the ten plagues and he would protect them on their journey. Kids will play Balloon Pass (keep the balloon in the air, don’t let it touch the ground) as a reminder of God’s gentleness and protection.

SIMPLE PRAYER:

Dear God,

Thank you for always being near us.

*In Jesus’ name,
Amen*

MEMORY VERSE

“Trust in the Lord with all your heart. Do not depend on your own understanding. In all your ways remember him. Then he will make your paths smooth and straight.”

- Proverbs 3:5-6 (NIV)

“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.” - Proverbs 3:5-6 (NIV)

“Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take.” - Proverbs 3:5-6 (NLT)

“Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.” - Proverbs 3:5-6 (KJV)

LARGE GROUP:

Have all the fifth/sixth graders (whatever the oldest age in the room may be) read the verse first. Then add the next grade down and repeat. Add the next grade down, and repeat. Keep repeating until everyone is reading together.

SMALL GROUP:

Have the kids sing the memory verse in the style of their favorite pop/rock singer.

SKIT

MOVING WITH MR. SIMMONS: BALLOON PASS!!

ITEMS NEEDED:

An easy chair
A balloon

CHARACTER BREAKDOWN:

2M

CHARACTERS:

Mr. Simmons - A fitness guru
Ernest - A lazy, out of shape man

Ernest is in his chair sleeping. Mr. Simmons enters with a balloon.

SIMMONS: Good morning, Ernest!

ERNEST: Oh no.

SIMMONS: It's your old pal Mr. Simmons, and boy oh boy, do I have a fun exercise plan for you today!

ERNEST: Not interested.

SIMMONS: Today we're going to play balloon pass!

ERNEST: Balloon pass?

SIMMONS: All we have to do is keep the balloon in the air, tossing it back and forth with our hands.

ERNEST: That doesn't sound so hard.

SIMMONS: Of course, we better not let it touch the ground.

ERNEST: Why not?

SKIT

SIMMONS: Because this balloon was blown up by my Aunt Louise, who is currently home sick. It's filled with flu germs!

ERNEST: What? Why would you do that?

SIMMONS: To make sure you get out of that chair and help me keep the balloon in the air.

Simmons drops the balloon. Ernest screams and dives for it, knocking it in the air. Simmons catches it.

SIMMONS: Way to go, Ernest! You moved out of that chair faster than Israel moved out of Egypt.

ERNEST: What does this have to do with Egypt?

SIMMONS: It has everything to do with Egypt! God told the Israelites to move quickly, and they did. God was with the Israelites in Egypt and the wilderness, protecting them.

Simmons drops the balloon. Ernest screams and dives for it again, knocking it back into Simmons' arms.

SIMMONS: Just like you are protecting us from Aunt Louise's flu germs!

ERNEST: Why are you doing this?

SIMMONS: Because I want you to move when God says move. I want you to trust Him to look after you when He puts you on the move to go wherever He says!

ERNEST: I trust God! I do! I just don't trust you!

SIMMONS: Come on, Ernest, you can trust me!

ERNEST: I don't wanna!

SIMMONS: I only want the best for you, like God wants the best for his people!

Simmons drops the balloon. Ernest screams and dives for it again, knocking it back into Simmons' arms.

ERNEST: Then why are you trying to give me the flu?

SIMMONS: I'm not trying to give anyone the flu. I'm trying to get you moving!

SKIT

ERNEST: Get your flu balloon away from me!

Ernest runs.

SIMMONS: Wow, look at you moving now!

OBJECT LESSON OR KIDS SERMON

ITEMS NEEDED:

Two beach balls

Divide the room in half, and toss a beach ball at each side of the room at the same time. See which side can keep the beach ball in the air the longest without hitting the ground.

You guys did a great job with that. You moved quickly, and you protected the beach balls from hitting the ground.

God wants us to react quickly when He tells us to move. That takes a lot of faith, and the Bible gives us plenty of reasons to have that faith. The children of Israel moved quickly out of Egypt because they knew God would protect them. God had already protected them through the ten plagues in Egypt, and God would protect them again at the Red Sea, when he parted the waters to help them escape the Egyptian army. The more we follow God, the more we will see how God protects us. The more we see God's protection, the more our faith will grow.

It takes a leap of faith to start moving and follow God, but once we see for ourselves that God protects His own, we will never be afraid to move when God calls us to move!

LARGE GROUP GAME

BALLOON PASS

ITEMS NEEDED:

Balloons

INSTRUCTIONS:

Choose several teams of two and give each team a balloon. Start the clock, and see who can keep their balloon in the air without hitting the ground for 60 seconds or less.

VARIATION:

To make the game more interesting, allow opposing teams to try and knock down other teams' balloons.

WHAT'S THE POINT?

Just as we have a partner in this game, God is always with us when we move.

LARGE GROUP LESSON

BOTTOM LINE:

God will always go with us.

OBJECTIVE:

Kids will learn when we move where God sends us, He goes with us and watches over us.

KEY PASSAGE:

Exodus 12:21-42, The Exodus

INTRO:

Do you know who some of the bravest athletes in the world are? Running backs! Running backs in football have to be some of the bravest and most daring athletes on the planet. Running backs are not always big guys. Most of them are smaller, faster guys. Like this guy.

Pick a small child from the crowd. Hand them a football.

Running backs are tasked with carrying the football across the line of scrimmage deep into enemy territory. To do that, they must get past the defensive linemen. Defensive line men are not small people. They are big and mean. Like these people.

Pick four taller kids to be the defensive line and have them stand shoulder to shoulder, facing the small running back.

When a football coach calls a running play, he's asking this little running back to run straight towards, and through, that defensive line. He's asking one of the smaller guys on his team to run straight at these lumbering giants. Sounds pretty crazy, right? Well lucky for the running back, he has friends. He has a group of offensive linemen in front of him.

Pick four or five kids to be the offensive line. Have them line up in front of the defensive line.

When the play starts, the defensive linemen will run straight toward the ball. The offensive linemen will block the defensive linemen, but they won't just hold them in place.

LARGE GROUP LESSON

The offensive linemen on the left will push their guys left, and the guys on the right will push their guys to the right, and if they do their job, they will open a hole, right down the middle, just big enough for our running back.

Walk the kids through what this should look like in slow motion.

Our running back has to move quickly to get through that hole before the defensive linemen can recover and come after him. It all happens in a split second. Running backs do this game after game, play after play, because they have faith – faith in their coach’s plan, and faith in their offensive line. They know that the line will protect them as best as they can, and knowing that gives them the courage to run at this line of giants.

Sometimes we need to move quickly when God say move, and when He does, we can move with the same faith as our brave running back. We can move knowing that God will protect us, just as He protected the nation of Israel when he led them out of slavery in Egypt.

READ EXODUS 12:21-42

MAIN POINT:

The Israelites had been slaves for centuries in Egypt. They cried out to God, and God sent a man named Moses to save them. When a stubborn king refused to let God’s people go free, God sent ten terrible plagues on the land to show the king He was serious about saving His people.

When the king finally let God’s people go, they gathered their things and moved quickly. They didn’t hesitate, because they had faith in the Lord. They knew God had heard their prayers because Moses had come to save them. They knew God would protect them because God had protected them from the worst of the plagues. God’s people moved quickly because they trusted Him to lead and protect them on their journey to safety, and every time God came to their rescue, their faith grew.

That’s how it will be with us. If we have the faith to get moving when God tells us to move, we will keep moving because God will go with us and protect us!

DRIVE IT HOME:

The Israelites had witnessed God’s protection over and over during those last days in Egypt. God had kept them safe from the ten plagues that fell on Egypt. They knew God was with them, and when Moses said it was time to leave, they had the faith they needed to grab their things and move.

LARGE GROUP LESSON

God led the Israelites from Egypt to the Red Sea, a seemingly impassable obstacle on their road to freedom. By the time they reached the Red Sea, the king of Egypt had changed his mind and sent his army out to bring the Israelites back. Many of the people became afraid, but God was still with His people. He parted the waters of the Red Sea, and the Israelites crossed through the sea walking on dry land. When the Egyptians tried to cross the sea, God closed the waters over them, ending the threat to His people. The Israelites saw these miracles happen with their own eyes, and they continued on their journey, knowing God was with them and watching over them.

It just takes a little bit of faith to start moving. Once we begin moving, following God's direction, we will soon see we are not moving alone. We will know God is with us. We will see God make our paths straight. We will see him protecting us. The more we walk with God, serving Him and serving others in His name, the more our confidence will grow. We will not be afraid to move wherever God leads because we will know beyond a doubt God is with us.

God gave us the Bible to give us that little bit of faith. When we read how God protected Israel, how God built the early church with the disciples of Jesus, and all the miraculous stories of faith in these pages, we can find the courage to start our own faith journey. God will never leave us and never stop watching over us. If we trust God like our little running back trusted his offensive line to open a hole in the defense, God will protect us in that same way.

When God says move, we can move with confidence. We know God will be with us, and we know He will protect us.

CLOSE WITH A SIMPLE PRAYER:

Dear God,

Thank you for always being near us.

*In Jesus' name,
Amen*

SMALL GROUP DISCUSSION (K-2ND)

ICEBREAKER:

Would you ever take a ride in a hot air balloon?

MEMORY VERSE ACTIVITY:

Proverbs 3:5-6

Have the kids sing the memory verse in the style of their favorite pop/rock singer.

SMALL GROUP GAME/ACTIVITY:

Toss a balloon or beach ball in the air and see how long your group can keep it from hitting the ground.

DISCUSSION QUESTIONS:

Read Exodus 12:21-42

Where were the Israelites living as slaves?

How many plagues did God send on Egypt?

What plague finally convinced Pharaoh to let the Israelites go?

Why did the Israelites trust God enough to pack up and leave so quickly?

Can we trust God to be with us when we follow Him?

SIMPLE PRAYER:

Dear God,

Lead us and we will follow you always.

In Jesus' name,

Amen

SMALL GROUP DISCUSSION (3-5TH)

ICEBREAKER:

Would you ever take a ride in a hot air balloon?

MEMORY VERSE ACTIVITY:

Proverbs 3:5-6

Have the kids sing the memory verse in the style of their favorite pop/rock singer.

SMALL GROUP GAME/ACTIVITY:

Toss a balloon or beach ball in the air and see how long your group can keep it from hitting the ground.

DISCUSSION QUESTIONS:

Read Exodus 12:21-42

Why did God send ten plagues to Egypt?

What plague finally convinced Pharaoh to let the Israelites go?

What did the Israelites do before they left?

Why did the Israelites trust God enough to pack up and leave so quickly?

Can we trust God to be with us when we follow Him?

SIMPLE PRAYER:

Dear God,

Lead us and we will follow you always.

In Jesus' name,

Amen

POWERPOINT REVIEW GAME

Q&A

What people were living as slaves in Egypt?

THE ISRAELITES

How many plagues did God send to Egypt?

TEN

What was the name of the meal the Israelites ate before they left?

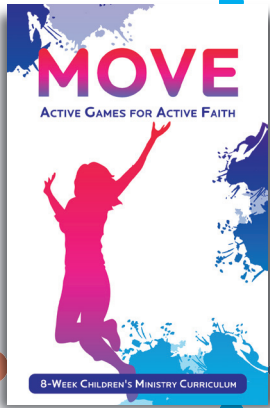
THE PASSOVER

Who was the man who led Israel out of Egypt?

MOSES

Will God be with us when He calls us to move?

YES!



MAKE IT STICK

5 Simple Ways You Can Make This Lesson Stick With your Kids

Move Lesson 3

THIS WEEK'S LESSON: BALLOON PASS



IN THE CAR:

Ask your child what they learned about this week on the drive home:

When the time came for God's people to move out of Egypt, they had to leave quickly. God had protected his people from the ten plagues and he would protect them on their journey. The Balloon Pass game reminds us of God's gentleness and protection. Exodus 12:21-42, The Exodus



HANGING OUT:

Make this week's lesson real:

Take your kids on an errand this week. Point out to them that while they are young, they must always have a parent or other adult with them wherever they go, and ask them why that is so. Then remind them that God will always, always be with them.



AT DINNER:

Here are some great discussion starters:

- Why did God send ten plagues to Egypt?
- Why did the people of Israel trust God, pack up, and leave Egypt?
- How do we know God will always be with us?



AT BEDTIME:

Quiz your child on this week's memory verse:

"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight." Proverbs 3:5-6 (NIV)



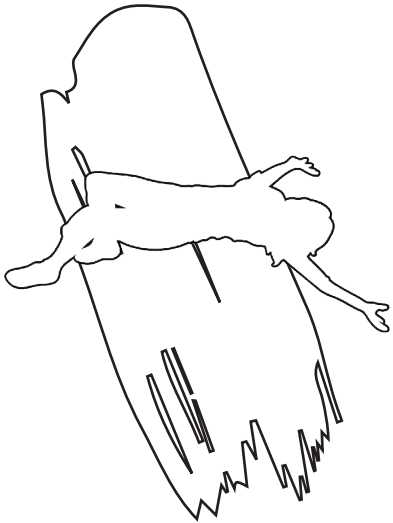
PARENT TIME:

What you need to know:

There's comfort knowing that wherever we go, God is with us, especially when He challenges us to move and serve. Ask God to lead you and your family, and thank Him for his presence.

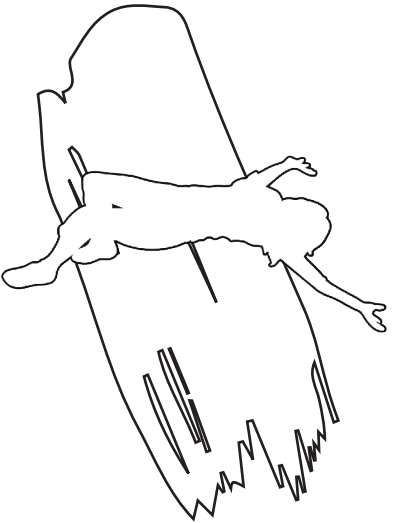
CRAFT ACTIVITY

Have the kids make tickets to the Promised Land, like train or plane tickets, as if they are an Israelite leaving Egypt.



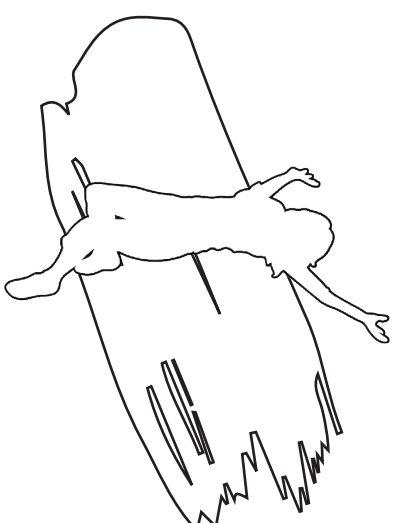
“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.”

- Proverbs 3:5-6 (NIV)



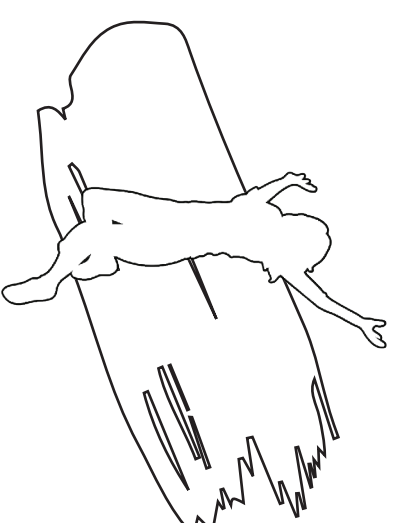
“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.”

- Proverbs 3:5-6 (NIV)



“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.”

- Proverbs 3:5-6 (NIV)



“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.”

- Proverbs 3:5-6 (NIV)