

LESSON SNAPSHOT

BOTTOM LINE:

God wants us to move away from temptation and bad influences.

OBJECTIVE:

Kids will learn sometimes God has us move to get out of a bad situation.

KEY PASSAGE:

Genesis 19:12-26, Sodom and Gomorrah Destroyed

MEMORY VERSE:

“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.” Proverbs 3:5-6 (NIV)

SUMMARY:

God sent angels to the city of Sodom and told Lot to “Move!” and never look back because God was going to destroy the city because of its wickedness. Lot and his family obeyed, but Lot’s wife couldn’t resist the urge to look back. Kids will run a 3-legged race to remind them of how Lot and his family fled the city.

SIMPLE PRAYER:

Dear God,

Thank you for the times you protect us from bad situations.

In Jesus’ name,

Amen

MEMORY VERSE

“Trust in the Lord with all your heart. Do not depend on your own understanding. In all your ways remember him. Then he will make your paths smooth and straight.”

- Proverbs 3:5-6 (NIV)

“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.” - Proverbs 3:5-6 (NIV)

“Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take.” - Proverbs 3:5-6 (NLT)

“Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.” - Proverbs 3:5-6 (KJV)

LARGE GROUP:

Divide the room into girls and boys. Have the girls and boys read the verse aloud together, alternating every other word, so girls say the first word, boys say the second word, girls third, etc.

SMALL GROUP:

Teach half the kids the first half of the verse and teach the other half the second half of the verse. Go back and forth together, with each half of the group saying their part of the memory verse. Then switch!

SKIT

MOVING WITH MR. SIMMONS: THREE LEGS!!

ITEMS NEEDED:

Straps or ropes to tie the characters' legs together

CHARACTER BREAKDOWN:

2M

CHARACTERS:

Mr. Simmons - A fitness guru

Ernest - A lazy, out of shape man

Mr. Simmons and Ernest walk on from stage left together, their left and right legs tied together, respectively, as if ready for a three-legged race.

ERNEST: How can you do this to me? Can't you let a man sleep?

SIMMONS: Hi again, every body! It's Mr. Simmons here, and it's time to move!

ERNEST: I don't WANT to move!

SIMMONS: My buddy Ernest here is going to help me demonstrate my latest exercise idea.

ERNEST: No I'm not.

SIMMONS: Ernest, do you remember the time Lot and his whole family had to flee for their lives from the city of Sodom and Gomorrah?

ERNEST: Of course I do. Who doesn't?

SIMMONS: That was the inspiration for my new exercise plan.

ERNEST: The destruction of a city by God because of sin inspired your new workout?

SIMMONS: No, not that part. The fleeing for their lives part!

SKIT

ERNEST: Umm, okay.

SIMMONS: Lot and his family were in a bad situation, and God wanted them to MOVE!

ERNEST: Yes, he did.

SIMMONS: God wants all of us to move out of bad situations, whether it's running from temptation or getting away from a crowd that doesn't do the right thing, or sitting on the couch all day instead of working out.

ERNEST: But I like sitting on the couch!

SIMMONS: You're going to like this even more.

ERNEST: No I won't.

SIMMONS: I call it flee with three, and you do it with a buddy!

ERNEST: I'm not your buddy.

SIMMONS: As you can see, I've tied our legs together so we have to run at the same pace.

ERNEST: Run? Did you say run?

SIMMONS: And we better run fast, because in just a moment, my assistants off stage are going to release a hungry leopard to chase us.

ERNEST: A hungry WHAT???

SIMMONS: No time to explain further, Ernest! We're in a bad situation, and as God said to Lot, it's time to MOVE!

They start trying to run.

ERNEST: Why me? Why?

SIMMONS: Less talking, more running! That leopard hasn't eaten in days!

ERNEST: Someone save meeeeeee!

They run off stage right.

OBJECT LESSON OR KIDS SERMON

ITEMS NEEDED:

Chairs

Music

Arrange the chairs in a circle facing out. Pick some kids to come on stage – one more kid than you have chairs. Play musical chairs, and keep going until you're down to a winner.

In musical chairs, you have to move fast if you want to be safe. If you don't move the second the music stops, you could be out!

When we find ourselves in a bad situation, seconds count. We need to move. We need to get out of there. And if we have good friends in that situation, we need to grab them and pull them out as well. There's no time to waste.

Moving out of that bad situation isn't always easy, but if we listen for God to speak and we rely on each other, we can get to safety. When God says move, don't hesitate. Do it quickly, before it's too late.

LARGE GROUP GAME

THREE LEGGED RACE

ITEMS NEEDED:

Belts, straps, or other materials for tying the kids' legs together
Cones or tape to mark a starting or finishing line

INSTRUCTIONS:

Bring up as many kids as you can for this game. Line them up at the start and pair them off by height as best as you can (to make it easier for them to run together). In each pair, tie one child's right leg to the other's left. When everyone is ready, have a race to the finish. Then just for fun, turn around and race back.

VARIATION:

An alternate game would be to pair kids up with someone not their height - tall kids and short kids - just to make it more fun and funny.

WHAT'S THE POINT?

We can help one another to move away from temptation and bad influences.

LARGE GROUP LESSON

BOTTOM LINE:

God wants us to move away from temptation and bad influences.

OBJECTIVE:

Kids will learn sometimes God has us move to get out of a bad situation.

KEY PASSAGE:

Genesis 19:12-26, Sodom and Gomorrah Destroyed

INTRO:

Kids, I have a very important lesson for you today, one that may save you from a lot of danger. But I can't start the lesson right now, because we need to do a fire drill. I need all of you to stand up, and I need you all to move to the back of the room and line up as quickly as possible so our adults can take roll before we go outside. Please move quietly and quickly so we can all stay together.

Get the kids up and lined up, and have the adults count heads, but don't have them leave.

Okay guys – great job! You can all come back and sit down now.

No, this was not an actual fire drill, but if it had been, it would have gone just like any fire drill you've ever done in school. We'd go outside, we'd count heads once more, we'd stay calm and quiet so we can listen for instructions. Fire drills are no laughing matter. When it's time to move, we move quickly and follow directions. We want to be prepared for a real fire so that we can get everyone out of danger quickly.

Last week we began this series about moving. We walked about the importance of moving when God tells us to move. There's no time for argument or discussion, and that's especially true when there's danger involved. Sometimes God says move because He wants to get us out of a bad situation. He wants to get us away from temptation or from people who are a bad influence on us. We need to move when God says move because if we stick around too long, we could end up in a lot of trouble.

Today's Bible story is about a family that almost did wait too long. A man named Lot, who was Abram's nephew, had moved his family into a very wicked city. The city was so full of sin, God decided to destroy it.

LARGE GROUP LESSON

God wanted to save Lot and his family, and He sent messengers to urge them to move!

READ GENESIS 19:12-26

MAIN POINT:

Lot and his family were in a very bad situation. Destruction was already on the way, and if they didn't move quickly, they would be destroyed too. I can't imagine what would have happened if those messengers had not been there to physically yank Lot and his family out of the house and start them running. They weren't moving on their own, and they barely made it out alive.

Lot's situation was frantic as any three-legged race has ever been – and one of them, sadly, didn't make it. Lot's story is an urgent warning to us. If God says, "Move! Get out of there!" We need to go. If we have friends in that situation, we need to grab them and yank them out as well.

Sometimes God tells us to move for our own protection, and when He does, it's time to get up and hustle.

DRIVE IT HOME:

In a three-legged race, the two racers are dependent on one another. They must work and move together if they want to be first to the finish. Sometimes one racer or the other ends up being the leader, being the one urging the other to keep running. When one person sets the pace and the other follows, that three-legged duo has a formula for success.

Lot and his family needed that extra pull to get moving. If it wasn't for God's messengers literally tugging at his arm and the arms of his wife and daughters, they might not have made it. We need to listen when God says move. We need to run and not look back. There's no reason to look back because there's nothing good behind us. God wants to keep us safe. He wants us to look forward and move to safety, just as you all did when I told you we were having a fire drill.

You know, we could have made today's activity a solo race, every man for him or herself, but there's a reason we had you tied together. Sometimes we need each other to get out of those bad situations. Sometimes our friends are the ones tugging at our sleeve telling us to move. Sometimes it's up to us to grab our friends and say, "Move!" As Christians, we need to stick together. We need to look out for one another. We need to be the ones to say, "Hey, this is not a good place. We need to go."

When God says, "Move," there's no time to hesitate, especially when we're in a bad situation. God will warn us when we're not safe. He will tell us when it's time to move, but it's up to us to put one foot in front of the other and get out of danger.

LARGE GROUP LESSON

When you see you are being tempted, when you know people aren't doing the right thing, it's time to move. Grab a friend, head for the door, and do not look back. God will give you the cue. God will direct you to safety!

CLOSE WITH A SIMPLE PRAYER:

Dear God,

Thank you for the times you protect us from bad situations.

In Jesus' name,

Amen

SMALL GROUP DISCUSSION (K-2ND)

ICEBREAKER:

What is your favorite outdoor activity?

MEMORY VERSE ACTIVITY:

Proverbs 3:5-6

Teach half the kids the first half of the verse and teach the other half the second half of the verse. Go back and forth together, with each half of the group saying their part of the memory verse. Then switch!

SMALL GROUP GAME/ACTIVITY:

Have the kids play a quick round of musical chairs.

DISCUSSION QUESTIONS:

Read Genesis 19:12-26

Who was Lot?

What did the messengers tell Lot and his family to do?

What happened to Lot's wife when they ran away from the city?

Why does God want us to get out of bad situations?

What can we do to avoid those bad situations in the first place?

SIMPLE PRAYER:

Dear God,

Protect us from evil, and help us help each other to stay away from bad situations.

In Jesus' name,

Amen

SMALL GROUP DISCUSSION (3-5TH)

ICEBREAKER:

What is your favorite outdoor activity?

MEMORY VERSE ACTIVITY:

Proverbs 3:5-6

Teach half the kids the first half of the verse and teach the other half the second half of the verse. Go back and forth together, with each half of the group saying their part of the memory verse. Then switch!

SMALL GROUP GAME/ACTIVITY:

Have the kids play a quick round of musical chairs.

DISCUSSION QUESTIONS:

Read Genesis 19:12-26

Why did the messengers tell Lot and his family to flee the city?

What happened to Lot's wife when they ran away from the city?

Why was she turned into a pillar of salt?

Why does God want us to get out of bad situations?

What can we do to avoid those bad situations in the first place?

SIMPLE PRAYER:

Dear God,

Protect us from evil, and help us help each other to stay away from bad situations.

In Jesus' name,

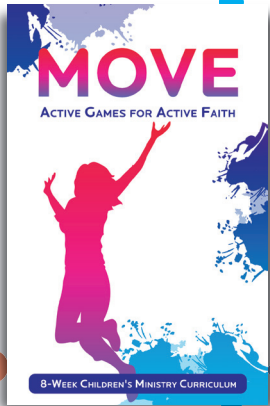
Amen

POWERPOINT REVIEW GAME

A OR B

Have the kids stand up for A or sit for B.

1. Who lived in the cities of Sodom and Gomorrah?
A. Lot*
B. Abraham
2. Who sent messengers to warn Lot?
A. Abraham
B. God*
3. When Lot and his family hesitated, what did the messengers do?
A. Grabbed them and dragged them out of the city*
B. Left them to die
4. What happened to Lot's wife when she looked back?
A. She burst into flames
B. She turned into salt*
5. What does God want us to do when we are in a bad situation?
A. Move away!*
B. Stay put.



MAKE IT STICK

5 Simple Ways You Can Make This Lesson Stick With your Kids

Move Lesson 2

THIS WEEK'S LESSON: 3-LEGGED RACE



IN THE CAR:

Ask your child what they learned about this week on the drive home:

God sent angels to the city of Sodom and told Lot to "Move!" and never look back because God was going to destroy the city because of its wickedness. Lot and his family obeyed, but Lot's wife couldn't resist the urge to look back. The 3-legged race we ran today reminds us of how Lot and his family fled the city. Genesis 19:12-26, Sodom and Gomorrah Destroyed



HANGING OUT:

Make this week's lesson real:

Look for some possible dangers around your house, things kids need to get away from rather than try to fix. Ask your kids what they should do if they are in a bad situation where they are tempted to do wrong.



AT DINNER:

Here are some great discussion starters:

- Why did God send messengers to save Lot and his family?
- What should we do when we are faced with temptation?
- How can we move away from people who can be a bad influence on us?



AT BEDTIME:

Quiz your child on this week's memory verse:

"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight." Proverbs 3:5-6 (NIV)



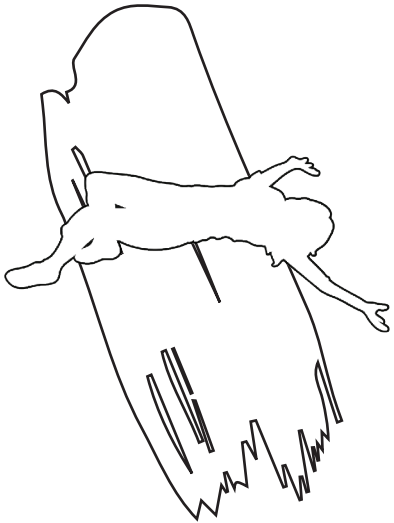
PARENT TIME:

What you need to know:

There's no valor in staying in a bad situation. Rather than relying on will power or self-control, our best defense is to get away. Pray that our kids will have the wisdom to move rather than stay in those bad situations.

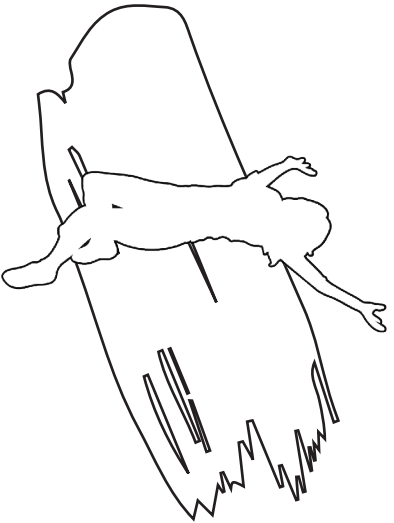
CRAFT ACTIVITY

Have the kids make finger puppets using construction paper, scissors, and tape of Lot and his family to reenact their moving away from Sodom and Gomorrah.



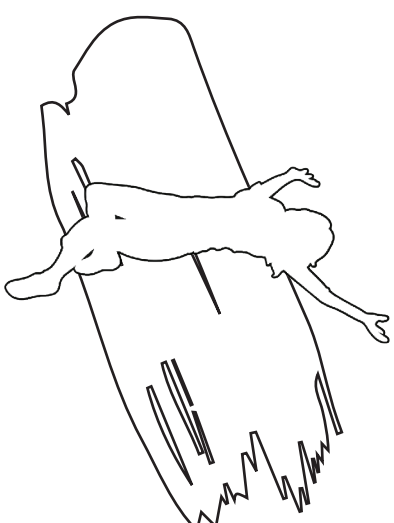
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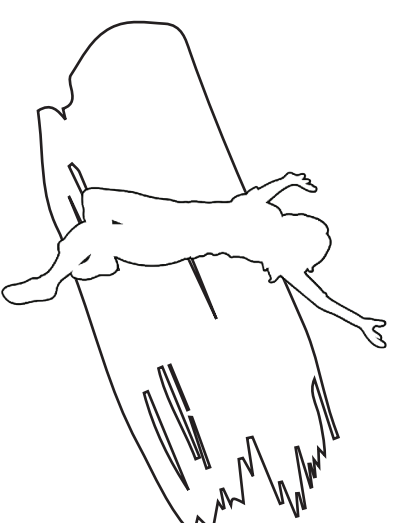
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