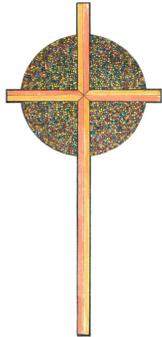




# The Link

Vol. 61, No. 24

June 17, 2020



## WORSHIP AT LAKESIDE

June 21, 2020 ✝ *The Third Sunday after Pentecost*

Lessons: Psalm 8; I Peter 1:3-9

Sermon - "Birthing Hope"

The dedication of Adelaide Morgan Tolston  
daughter of Allison and Eric Tolston

Flute Solo - "People Need the Lord" - arr. Foss  
Kathy Manning, Flutist

Each week, a video of our worship service is available on the home page of our website. Previous worship services are also available on the "Worship Videos" page. Please visit [www.lakesidechurchrmt.org](http://www.lakesidechurchrmt.org) and join us for worship!



## IT'S NOT OVER UNTIL . . . (PART TWO)

Last week I was abruptly reminded that the pandemic is not over. Like many people, as we find ourselves in week 13 (Or is it 14? I've lost track!) of social distancing and staying at home, I was beginning to feel that maybe things had improved enough that it was time to move to the next level of opening up. Then I discovered that I had been in the presence of someone who had been in the presence of someone else who had just been diagnosed with Covid-19. Fortunately, my risk of exposure was minimal, and I was quite relieved when I learned that my friend had tested negative. In the meantime, an event had to be cancelled and I felt the need to work from home most of the week.

Although infection rates are declining in some areas, in North Carolina and in our community, infections are increasing. We must continue to practice safe distancing. We must continue to wear masks and to sanitize hands and surfaces. We must continue to be vigilant—not only for ourselves, but for one another as well.

The lesson I learned this past week is that the pandemic will not be over until we find a cure and a vaccine. Until then, we will need to remain safe and follow the guidelines which will keep us all safe as well. Jody Wright

## REFLECTIONS BY THE LAKE

We are grateful to each one who has shared inspiring and helpful thoughts with us through our *Reflections by the Lake*. If you would like to submit a devotion, please send it to the church at [lakesiderm@embarqmail.com](mailto:lakesiderm@embarqmail.com).

## OUR PRAYER CONCERNS

Please remember the following persons who need our prayers and support:

**The Gardens of Nashville, 1022 Eastern Avenue, Nashville, NC 27856**

**Ann Battle**

### At Home:

**Andy Barker**, 6313 Sapony Trail, Elm City, NC 27822

**Clayton Brown** (Doris Booth's brother), 2609 Taylor Rd., Chesapeake, VA 23321

**Brody Cuthrell**, 4412 Powell's Point Road, Virginia Beach, VA 23455

**Sue Daughety**, 1105 Jasmine Drive (04)

**Meghan Davis**, 1305 Sunset Drive, Greensboro, NC 27804

**Scott Farber** (Patty Schirman's brother), 11218 S. Utah, Davenport, Iowa 52802

**Bobby Floyd** (friend of Jan Mullen), Lawton Veterans Center, Lawton, OK

**Agnes Fore** (J.N. Willcox's sister-in-law), 177 Forest View Rd., Surgoinsville, TN

**Cameron Graham**, P.O. Box 8828 (04)

**Helen Laughery**, 503 Evergreen Road (03)

**Milton Marrow**, 498 Sherrod Heights #A-211, Enfield, NC 27823

**Nancy Pridgen**, 3731 Loblolly Drive (04)

**Cody Richardson**, 1518 Fountain Branch Road (03)

**Frank Rountree**, 76 Mill Pond Road, Gatesville, NC 27938

**Joe Stanton**, PO Box 41, Nashville, NC 27856

### Our Members-at-Home

**Joyce Siler**, 1575 John Knox Drive PB-206, Colfax, NC 27235

**Barbara Harris**, 161 Irene Court Unit-3, Box-9 (04)

**Marie Price**, 3786 Loblolly Drive (04)

As a family of faith, we offer our sympathy to the family and friends of Darlene Heisser who died on June 10 in New Orleans, Louisiana. Darlene and her son Zac moved to Rocky Mount following Hurricane Katrina and were part of the Lakeside family for over a year.

We rejoice with Darrell and Brittany Ashman Robinson in the birth of their daughter, Zoey Ann, on June 2 in Towson, MD. Jo and Bobby Webb are Zoey's great-grandparents. Margaret Carpenter is Zoey's proud great-great-grandmother.

## LAKESIDE LADIES BOOK CLUB

During these past three years our Lakeside Ladies' Book Club has tried to become more informed on racial issues by reading and discussing such books as *Just Mercy*, *Between the World and Me*, and *Grace Will Lead Us Home*. We will not meet in July and August but will come together again on Tuesday, September 1. Debra Kincheloe will facilitate our discussion of *How To Be An Antiracist* by Ibram X. Kendi. During these summer months each of us will also be choosing books on our own to read . . . books written by black authors and poets and other books that will help us better understand issues of race. We are painfully aware that we need to become more engaged as we become better informed. Hopefully, reading, reflecting and discussing will lead to acts of justice, kindness and courage.

## YOUTH NEWS

Thanks to Carol and Andy Barker for your hospitality on Sunday afternoon and to Lori Joyner for helping out. We had such a fun time and some important conversation about how our faith leads us to respond to issues going on around us.

If you registered for Gatekeepers Workcamp and have not received the information packet in the mail, please contact the church office as soon as possible. Everyone will receive an email with your crew information in the near future. I hope everyone is staying safe and well.

Elizabeth

## GATEKEEPERS WORKCAMP NEEDS

We are still in need of adult volunteers who can assist July 13-17. In addition, we are looking for donations of used picnic tables or patio sets, yard tools, and garden supplies and accessories. We will have a need to borrow pressure washers and hoses during the week of Gatekeepers. For more information about these needs, please contact the church office. Thank you for your continuing support of Gatekeepers and our many missions and ministries.

## JOURNEY WITH JESUS VIRTUAL VBS

Each Wednesday, we will follow Jesus through the Gospel of Luke with online Bible story and music videos and at-home games, crafts, and activities. Videos will be posted on our Facebook page and website each Wednesday morning. Accompanying resource packets will be emailed to registered families. Children in grades 3-8 can join a Zoom call discussion on Wednesdays at 2:00 p.m. To register your child or grandchild, contact the church office as soon as possible.

## MUSIC NOTES

Many thanks to Jaye Biggs and Terry Martin for sharing their talents with us for Sunday's worship and reminding us that even when we can't all be in the same place we can still "come before his presence with singing"!

Thank you to former NOTEBUSTER and neighbor, Harley Wachowicz for being an awesome music helper for this week's virtual VBS.

The next "Hymn for Today, Hope for Tomorrow" will focus on the word "Alleluia" and the many circumstances surrounding this expression of rejoicing.

### LAKESIDE'S MISSIONS AND MINISTRY PLAN

2020 Missions and Ministry Budget: \$615,249

	Week	YTD
Anticipated Giving	\$11,832	283,961
Through June 14	\$6,370	\$248,821
Variance	-\$5,462	-\$35,140

*During this time when we cannot gather for worship, please mail or draft your offerings to the church. Your generosity is critical to ensure that our ministries continue under challenging circumstances.*

### LAKESIDE BAPTIST CHURCH

1501 Sunset Avenue, Rocky Mount, NC 27804

Phone: 252-446-0126 Fax: 252-446-4997

E-mail: lakesiderm@embarqmail.com

Website: lakesidechurchmt.org

CareNet Counseling East of Rocky Mount  
355-2801 • toll free: 866-355-2801

### CHURCH STAFF

Jody Wright  
Senior Minister  
Liz Broomell  
Administrative Assistant  
Susan Skinner  
Senior Adult Director

Elizabeth Edwards  
Associate Minister  
Diana Kirkpatrick  
Organist  
Milton Marrow  
Custodian

Amy Shortt  
Minister of Music  
Linda Davis  
Secretarial Assistant  
Rachel Holloman  
Preschool Director

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## GUIDED MEDITATION

We've all likely experienced feelings of anxiety whether it is butterflies in our stomach, sweaty palms, heart palpitations, tension headaches, or many other symptoms. Feelings of stress, worry, frustration, and sadness can be overwhelming, particularly during times of isolation and viruses.

A daily meditation practice is one resource proven to help manage these feelings. In this practice, we learn to recognize anxiety-inducing thoughts, to sit with them and let them go. We also learn how these thoughts manifest themselves in the body and, in exploring these sensations, we learn to sit with our senses the same way we sit with our thoughts. This technique provides a safe space that can be easily accessed whenever anxiety creeps in to steal our joy.

Our mental health is equally as important to taking care of ourselves as our physical, emotional, and spiritual health. If you are interested in learning more and participating in an online session to explore meditation practice and other resources, we can help. Email Amy Shortt at ashortt1975@gmail.com.

## PRO HUMANITATE DAY

The local Wake Forest Alumni Association, as part of the University's annual Pro Humanitate Day, is encouraging donations for Lakeside's Backpack Buddies and Heartworks programs. This is an annual effort to encourage WFU alumni to become involved in addressing needs in their local communities. If you have any questions, please contact Jim Martin, who is organizing the project. Donations can be sent to the church and marked "Pro Humanitate." The final day for donations is June 28. Contributions will be divided equally between the two programs.