



“The Gift of Peace”

After Thanksgiving comes the mad dash to get all the Christmas shopping done, grocery shopping for Christmas dinners and parties, running the kids to concerts and Christmas tournaments, and trying to get emotionally prepared for spending time with family members that creates more anxiety than joy. It is a hectic time, to say the least. If your worry bucket was not already full, this time of the year can spill it over. So, what can bring us peace in the midst of chaos? We know Jesus is the Prince of Peace and he has asked us to “transfer” all our cares upon him (1 Peter 5:7), yet we still have anxious minds and hearts. We try to deny the struggle with anxiety, yet it remains. It grows in the dark when you are all alone. The weight is heavy, and too much to bear. Anxiety may be part of humanity, but God wants to take all our burdens, all our pain, and all our weight.

Much of anxiety revolves around the “what if” question. What if the economy crashes again? What if I lose my job? What if there is another terrorist attack? What if I don’t find someone to spend my life with? Jesus said, “Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own” (Matthew 6:34). A lot of anxiety comes under the category of “tomorrow.” We can’t help but think about something happening.

The apostle Paul, while writing from jail, writes the following about anxiety: “Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus” (Philippians 4:6-7). We often pray about all the things we are anxious about. We need to pray with thanksgiving. Anxiety blinds us to blessings. It keeps gratitude away. Paul then writes about prayers of supplication or petition. We petition God, asking God for help. David does this in Psalms. David talks about all the things that are wrong in his life: his enemies, his sin, his guilt. But then he shifts and stops telling God about his anxiety and begins to tell his anxiety about his God. He talks about God’s faithfulness, about confidence in God’s plan, about God’s salvation.

Paul later writes: “And my God will meet all your needs according to the riches of his glory in Christ Jesus” (Philippians 4:19). We learn to turn to God and then he responds. God may open doors to professional help. This may include medication, but first turn to God before anything else. Paul continues, “Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable-if anything is excellent or praiseworthy-think about such things. Whatever you have learned or received or heard from me, or seen in me-put it into practice. And the God of peace will be with you” (Philippians 4:8). If you are struggling with anxiety, then filter your thoughts through this list. Your thinking often determines your feelings and subsequent actions. Put into practice what Paul and Jesus taught.

If we say we believe in a God who is in control and cares, we need to align our lives to this belief. What do I believe? How do I then align my life with what I say about my belief? I pray you will experience God’s peace and joy despite your circumstances. It is a peace that passes all understanding. **Mark**

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Arlington Church of Christ



Our Mission: Connecting People to Jesus and one Another

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Find us on: **facebook.** Arlington Friends
 Arlington Church of Christ Youth Group

Welcome

We pray you will be encouraged and uplifted
 as we join together in worship.

Guest Information

- There is a **staffed nursery** available for children under age 2. There is also a **parent/child training room** at the rear of the auditorium.
- An optional **children’s worship** is available for ages 3 to 8 during morning worship. Children will be dismissed before the sermon. Please pick up your child after worship
- If you are visiting, **please complete a visitor card** so we have a record of your attendance.

Weekly Meeting Times

Sundays:
 Worship 10:30 a.m.
 Bible Study 9:30 a.m.

Wednesdays:
 Bible Study 7:00 p.m.

Weekly Statistics

	weekly budget	\$4,062
Nov. 18	<u>attendance</u>	<u>contribution</u>
	142	\$4,405

Arlington Family Pages

Seeking to edify, educate and
inform the Family of God

Sunday, November 25, 2018

Elders:	Mark Brackney Leland Price Danny Rider Wayne Shannon Gregg Summers	Ph: 622-0376 Ph: 925-4424 Ph: 705-9713 Ph: 742-0517 Ph: 223-4515
Deacons:	Jay Estes - <i>Helping Hands Ministry</i> Jason McDougal - <i>YPYF/Vacation Bible School</i> Bud Norris - <i>Worship Participants</i> Charles Owens - <i>Bldg & Grounds/Security/Treasurer</i> Keith Tatum - <i>Education/Picture Board/Family Camp</i> Ronnie Weldon - <i>Attendance/Communion Prep/Bldg</i>	
Minister:	Mark Brackney	Ph: 523-1764
Secretaries:	Becky Johnson Jennifer Tatum	
Missionaries:	Tom & Angie Langley - WEI Tommy Drinnen - Hope Central	

In Our Thoughts and Prayers: Diana Yarborough is having surgery this Thurs.; Ronnie Weldon; Ben Cavin; Rick Case; Tina Childress; Carolyn Starks; Danny Davis; Danny Rider; Roger Mink; Terry Trent; Tom & Anita Drinnen; Clovis Taylor; Jerry Fittro.

Friends and Loved ones: Jerry Tallman; Danny Davis' grandson, John Kazewell; Marge Percell's sister, Carolyn; Ted Fields; Jerry Brackney; Gordon Norman; Michael Maddox; Lisa Potter's sister, Radha Smith; Linda Graybeal; Edith Weldon's neighbor, Paul Phelps; Missy Essary; Deb & Rob Colones; Faith Tindell; Heather Ream's mom, Linda; Janie Johnson's mother; David Hunter; Brad Owens; Joyce Sanders' dad; the Werkheisers; Becky Nix; Jean McQuaig's niece, Karen Derry; Marcia Thorton's dad, John Chumas, in ICU in FL; Mark's friend, Troy Butler; Shorty Nipper; Jalen Green.

Shut-ins: Rosaline Davis; Lynda Elliott; Peggy Mehlhorn; Kathryn Norman; Jessie Rutherford; Dan Trent.

Missionaries: Tom & Angie Langley; Tommy Drinnen.

Coming Soon

- **Hope Central - Just Lead**, tomorrow afternoon from 3:30 to 5:30 p.m.
- **Senior Trip** to see Country Tonight Christmas Show, this Tues. We will leave the church building at 10:30 a.m. and stop at the Cracker Barrel at the Straw Plains exit for lunch. The show starts at 3 p.m.
- **There is a collection box in the lobby for socks and candy canes** to be distributed to KARM residents. Teresa Heinz will deliver these items in memory of her son, Zach.
- **Hope Church**, Sun., Dec. 2, 3:30 pm.
- **YPYF small group**, Sun, Dec. 2, 5 pm
- **Present Hope**, Sun., Dec. 9, 2 p.m. Tommy needs lots of help as parents of our Hope kids will come and Christmas shop for them. Children will also get to shop for their parents. This event is hosted at our building.
- **Small groups**, Sun., Dec. 9, 6 p.m.
- **Senior Servants** will prepare and deliver Christmas baskets, Tues, Dec 11 They will meet at Chick Fil A for breakfast at 9 a.m. then on to the building to prepare the baskets.
- **Christmas caroling** at Hillcrest Nursing Center, Thurs., Dec. 13, at 6 p.m.
- **Women's brunch and devo** at the Tiller's home, Sat., Dec. 15, at 10 a.m. Bring your favorite brunch dish. See Lori Tiller for details.
- **Connection Night** Sun., Dec 16 5 pm
- **Men meet at Shoney's** for breakfast Thurs., Dec. 20, 8:30 a.m.



Family News

Sermon Topics Today

Sunday Morning:

Edgy:

"The Gift of Peace"

Sunday Night:

NO Services This Evening

SERVING THE ASSEMBLY TODAY:

Serve @ Table:

Jacob Shannon, Bill Pruet
Bill Langley, Noah Brackney
Bob Campbell, Paul Cooke
Pat Ramsey

Opening Prayer: Charles Owens

Preside at Table: David Tiller

Greeters: B Floyd & G Thompson

Nursery: L Burbano & H Monroe

Security: B Gilliam & J Hoff



BIRTHDAYS THIS WEEK

Nov 26	Mark French
Nov 27	Gabriela Hunter
Nov 28	Carroll Coomer
Nov 28	Bob DeWitt
Nov 28	Dann Chapman
Nov 29	Lilac Burns
Nov 30	Teresa Combs
Nov 30	Moriah Shannon
Dec 1	Ava Price
Dec 1	Ben Potter
Dec 2	Haylee Owens



Family Matters



Arlington Christmas Banquet

Saturday, Dec 8, 6 p.m.

Wear your best Christmas attire and
bring your favorite covered dish

Present Hope

Sunday, Dec. 9, 2:00 p.m.

At ACOC Volunteers needed
See Tommy Drinnen for details

Senior Servants prepare and deliver Christmas baskets

Tues., Dec. 11

Meet at Chick Fil A at 9:00 a.m.

Christmas Caroling at Hillcrest
Nursing Center, Thurs., Dec. 13, 6:00 p.m.

Teen/College & families Christmas Party

Sat., Dec. 22, 6 p.m. Bring a pair of
Christmas socks for a gift exchange

No Fourth Sunday Fellowship Meal on Dec. 23

No Evening Services on:

Sunday, December 23

Sunday, December 30

Collecting socks and candy canes
to be distributed to KARM residents
Put them in the collection box in the lobby

