



Trauma REBOOT



Join us for

12 WEEKS

FOCUSED ON **HEALING**
FROM **TRAUMA**

Trauma REBOOT is a course – not a support group – providing practical help for anyone struggling to **cope with crisis or trauma**. You won't find shortcuts or easy answers, but instead you'll find **solutions that last**. Join us and discover that there is **hope after trauma**.

STARTING February 21st

REGISTER NOW AT **REBOOTRECOVERY.COM**

MEETING DAY/TIME:

Wednesdays
6:00–8:00 PM

MEETING LOCATION:

Arlington COC
2206 Tecoma Drive
Knoxville, TN

CONTACT FOR INFO:

Delinda or Mark
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— DINNER & CHILDCARE PROVIDED —