



Series: ISO
Message: Concealed

DISCUSSION GUIDE



START:

- Life can get messy and complex. Especially when we share things that we really don't want others to see. Doing this in a group can be awkward. **We know this**, so we want you to feel free to take the risk of sharing, but don't feel pressured if you aren't ready yet. Remember, all that's asked is that you **show up, join in, and be real**: as real as you want to be and are comfortable with. **We're glad that you're here!**
- Share a time when you were the thirstiest you have ever been. What were the circumstances? What did it feel like? What was it like when you finally got to quench your thirst? How did you feel then?

THINK:

- In life we are all hurt. Often that hurt leads to voids in our lives; holes that we try and fill with all kinds of things. Other times it leads to us wanting to cover up our hurt, to bury it deeply. Consider your life: has this ever happened to you? When? Why? **(Don't answer these questions out loud, just think about them and consider your answer.)**
- Read John 4: 13-14. It's common for us to try to fill these voids with all kinds of things. But at the end of the day, there is a thirst inside of us that can't be quenched by things outside, by the products of this world. The problem is that we can sometimes get so used to turning to "products of this world" that, just like the Samaritan woman, we completely miss the point of what we are really looking for. Have you gotten to the point where you try to "quench your thirst" by the things of this world? What do you try and quench your thirst with?
- Read John 4: 17-18. It has been said "when we conceal what we don't want to reveal, we don't heal." Jesus knew this, that's why He addressed what the Samaritan woman was trying to "quench her thirst" with: serial relationships. He did this because He knew she couldn't really heal until she turned to what would really "quench her thirst": Him, not an endless number of relationships. What do you need to do to turn to Jesus and let Him "quench your thirst"? How can this group help you?

PRAY:

- Thank God for the "Living Water" that is Jesus. Ask Him to help you drink from that "well" and how you can help someone else in your life do the same.

ACT:

- Read John 4: 28-29. In the message, it was said that "There is a relational thirst inside of you that can only be quenched through a relationship with God." Consider what you have to "reveal" in order to heal. Consider who you can trust, "a 2am friend", and reveal it to them, so you can heal. When the Samaritan woman realized that Jesus quenched her real thirst, she told everyone else in her life to "come and see". Who can you invite to "come and see"? Invite them to join you in Life Group and/or at church.

READ:

¹³ Jesus answered, "Everyone who drinks this water will be thirsty again,¹⁴ but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life."
John 4: 13-14

⁷ "I have no husband," she replied. Jesus said to her, "You are right when you say you have no husband.¹⁸ The fact is, you have had five husbands, and the man you now have is not your husband. What you have just said is quite true."
John 4: 17-18

²⁸ Then, leaving her water jar, the woman went back to the town and said to the people, ²⁹ "Come, see a man who told me everything I ever did. Could this be the Messiah?"
John 4: 28-29