



Series: ISO
Message: Isolated



DISCUSSION GUIDE

START:

- How many different means of communication/connection do you use? Cell phone, email, twitter, text, Instagram, Facebook, etc. Who do you know that still has a landline telephone?

THINK:

- Even though humanity has never been more connected and networked than we are today, loneliness and isolation are more common than ever. In this week's message Chris says: "You can be connected but completely isolated. You can be known but still all alone." Are you isolated? Do you feel alone? Why or why not?
- Read: Ecclesiastes 4:9-10. Who do you have in your life that can help you if you fall? Who do you help when they fall?
- Read: Ecclesiastes 4:11. Who "has your back" (supports you, encourages you, cheers you on) on the road of life? Whose "back" do you have?
- Read Ecclesiastes 4:12. The number 3 is a symbol of completeness and perfection. The "3rd" strand in a relationship also often refers to God. Think of your relationships with others, is God a part of them? If He is not, how can you make Him part?

PRAY:

- Ask God to help you see through your connectedness to really look at your true relationships. Ask Him to bring into your life those who can lift you up and have your back. Ask Him to show you who you can do that for as well.

ACT:

- In this week's message, Chris mentions having a "**2 am friend**": the person you can call at that hour for help and support. This week consider who that may be in your life. If you need to, consider what steps you need to take to begin to move into real relationship with people.
- As you think, consider what your next step can be. If you haven't already done so, consider "doing life" with others in a TCC Life Group. Life really is better together. Connect with your campus pastor to see how you can get involved or connect during next week's service time.

READ:

⁹ *Two are better than one, because they have a good return for their labor.*

¹⁰ *If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up.*

¹¹ *Also, if two lie down together, they will keep warm. But how can one keep warm alone?*

¹² *Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.*

Ecclesiastes 4: 9-12



1. READ IT

engage the discussion guide on your own

2. GROUP IT

invite friends to join you

3. GROW IT

meet regularly with others

4. LEAD IT

connect with your campus pastor to learn about ADVANCE leadership at TCC