

# TCC DISCUSSION GUIDE

Series: ISO Message: One Another



**Start:** In this week's message, Chris said "Your hurt will either *define you or refine you.*" What was one defining moment in your life, a time where what you experienced helped refine you and make you the person you are today? Who was with you in those moments? Was God part of that moment?

**Think:** Part of the refining process is being cared for by others as we care for them. We are refined when we care for one another.

**Caring for one another means:**

- Being at **Peace** with one another. "...Have salt among yourselves, and be at **peace** with each other." [Mark 9:50](#) Who do you find it easy to be at peace with? Who do find it hard to be at peace with? Why?
- **Bearing with** one another: "Be completely humble and gentle; be patient, **bearing** with one another in love." [Ephesians 4:2](#) We all have bad days, and people will rub us the wrong way. What can you do to bear with others just a little better?
- **Thinking about one another** "And let us consider how we may **spur** one another on toward love and good deeds, not giving up meeting together..." [Hebrews 10:24-25](#) How can we spur one another to be the church where we live, work, and play? How can we be the church together as a group?
- Refusing to **Judge** one another. "Therefore let us **stop** passing judgment on one another." [Romans 14:13](#) Judging is pointing a finger. Accountability is sitting beside. Who might you be judging? How can you join with them and help them be accountable instead?
- **Forgiving** one another. "Be kind and compassionate to one another, **forgiving** each other, just as in Christ God **forgave** you." [Ephesians 4:32](#) Who do you need to forgive today?
- **Encouraging** one another. "Therefore **encourage** one another and build each other up, just as in fact you are doing." [1 Thessalonians 5:11](#) What can you do to encourage someone in your life that needs it?
- **Valuing** one another above ourselves. "Do nothing out of selfish ambition or vain conceit. Rather, in humility value **others** above yourselves, not looking to your own interests but each of you to the interests of the **others.**" [Philippians 2:3-4](#) How can you value others' needs above your own? Whose needs do you value first?
- **Humbly Serving** one another. "Now that I, your Lord and Teacher, have washed your feet, you also should **wash** one another's feet." [John 13:14](#) What inconvenient, uncomfortable or annoying thing can you do to truly serve someone in your life?
- **Being there** for each other. "Carry each other's **burdens**, and in this way you will fulfill the law of Christ." [Galatians 6:2](#) Carrying each other's burdens is reciprocal: each person does their part. In what relationships in your life do you have to pick up and carry part of a burden that you're currently not carrying? In what relationships in your life does someone else have to pick up and carry their share?

## **Pray:**

- Ask God to show you which of the above areas do you need to work on this week?

## **Act:**

- Jesus said “A new command I give you: **Love** one another. As I have **loved** you, so you must **love** one another.” [John 13:34](#) **Every other concept and verse mentioned above can be summed up by love. Look at the above list and decide what one or two “one anothers” you can begin to “work on” in your life this week. Share them with someone or with your group.**