

THE NATIONAL DOMESTIC VIOLENCE HOTLINE

This website is full of great information & resources, but most of all ways to help those who are suffering from an abusive relationship. This is our #1 recommended resource on this topic! www.theHotline.com

FOCUS ON THE FAMILY - ABUSE

Here you will find several articles, interviews and helpful resources on dealing with just about every type of abuse. We highly recommend checking out the series on "Sexual Abuse" and "Understanding Emotional Abuse" as there great pointers to talking with your children about both of those topics within those series.

www.focusonthefamily.com/lifechallenges/abuse-and-addiction

GOT QUESTIONS ABOUT ABUSE?

www.GotQuestions.org

Here are some of the best and Biblical approaches to abuse we found in our research. Please take a look at each article below & study the Scripture offered within:

**What Does the Bible Say About Abuse?*

www.gotquestions.org/Bible-abuse.html

**What Does the Bible Say About Emotional Abuse?*

www.gotquestions.org/emotional-abuse.html

**What Does the Bible Say About Verbal Abuse?*

www.gotquestions.org/verbal-abuse.html

**What is the Biblical Perspective on Domestic Violence?*

www.gotquestions.org/domestic-violence.html

BULLYING WEBSITES

Bullying is a key part of our schools and culture today. Learn more about this aspect of abuse here.

www.nobully.org & www.stopbullying.gov

CLAYTON KING MINISTRIES ON ABUSE

10 Things to Say & Not to Say to Abuse Victims:

www.claytonking.com/blog/2012/11/20/10-things-you-should-and-should-not-say-to-a-victim-of-sexual-abuse

Watch Pastor Clayton teach on Hope, Healing & Help

www.youtube.com/watch?v=cRySQpawK5Y

HELPFUL BOOKS ON ABUSE

**The Emotionally Destructive Relationship: Seeing It, Stopping It, Surviving It by Leslie Vernick*

**Safe People: How to Find Relationships That Are Good for You and Avoid Those That Aren't by Henry Cloud and John Townsend*

**Beyond Boundaries: Learning to Trust Again in Relationships by John Townsend*

LESLIE VERNICK RELATIONSHIP RESOURCES

Leslie is a well known and respected Christian counselor who's website offers many helpful resources. We would strongly recommend you checking out the following:

www.leslievernick.com/free-resources

**Dating Violence*

www.leslievernick.com/pdfs/Dating-Violence-FR.pdf

**Domestic Violence Q & A*

www.leslievernick.com/pdfs/DomesticViolenceQ&A.pdf

**5 Things You Can Do to Help an Abused Victim*

www.leslievernick.com/pdfs/Five-Things-You-Can-do-To-Help-Someone-that-Has-been-Abused-FR.pdf

DISCUSSION QUESTIONS:

**What impacted you the most from tonight's discussion and why? *Was anything said that you disagreed with? If so, what? Why did you disagree? *In your own words, how would you define abuse? *What were the 3 types of abuse mentioned tonight and have you ever experienced any of those in any way? *What would you do if a friend was in an abusive relationship? Who could you talk to? *Why do you think victims of abuse might be afraid to speak up? *What are some things you can do next time you see someone being abused? *Are there any things that you should not do when you learn of someone being abused? *What questions do you still have on this topic? *What passage(s) of Scripture comes to your mind that might bring hope and comfort to those in an abusive relationship?*

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