

WEEK

ONE

Small Group Leader Guide



Today's Suggested Schedule

Prelude: Setting the tone for the experience

See the Getting Ready pages at the end of this document for a detailed description of what you'll need for today. In the Prelude folder of your curriculum, you'll find a variety of other resources to help you prepare.

Small Group (15 minutes)

Social: Providing time for fun interaction

1. In the Cards
2. **Extra Coloring Sheets**

Large Group (20 minutes)

Worship: Inviting people to respond to God

Story: Communicating God's truth in engaging ways

- "Super Duper Kid" and "Be Brave"
- Bible Story
- Prayer

Small Group (25 minutes)

Groups: Creating a safe place to connect

1. Memory Verse with Motions
2. Story Crown
3. King May I



Today's Bible Story

I can pray and be brave.

Esther

Esther 2:2-8:17

Key Question

Who can help you be brave?

Bottom Line

God can help me be brave.

Memory Verse

"Be strong and courageous. Do not be afraid... for the Lord your God goes with you."

Deuteronomy 31:6 NIV



Inclusive Pro Tips

This leader guide is designed to be inclusive of children with a disability who attend a group with their peers. See highlighted sections below for additional inclusive pro-tips. Check out the Special Needs Resource Kit for more ideas for adapting each segment.

SOCIAL 1/3

In the Cards

What You Need

- ☐ Deck of Cards



Inclusive Pro Tips

For a version with less movement, seat children in a circle. Call out simple movements that your children can do while seated.

① What You Do

Before the Activity

1. Remove the Ace, Joker, and instruction cards and set aside.
2. Shuffle the remaining cards.

During the Activity

1. Encourage children to draw a card. If child pulls a King or Queen card say "King/Queen, you're invited!"
2. Ask them to stand with you.
3. If child pulls a number card, say the number out loud and ask all the children to do a motion (jump, clap, wiggle, stomp, etc.) that number of times.
4. Call one child at a time.
5. Repeat as desired.

After the Activity

Introduce the Bible Story.

② What You Say

Before the Activity

"Hello, hello friends! It's great to see you today! I have a card game for us to play today!"

During the Activity

"When I call your name, I want you to come draw one card and then you'll either stand with me or we'll all do a motion together. Let's play! [CHILD'S NAME] come draw a card. (PAUSE.) You drew the [NUMBER] card. Everyone jump [NUMBER] times while I count. (PAUSE.) Great job! [CHILD'S NAME] come draw a card. (PAUSE.) You drew the king/queen card! King/Queen [CHILD'S NAME], you're invited! Come stand with me and draw another card. (PAUSE.) You drew the [NUMBER] card. Everyone clap [NUMBER] times while I count. (PAUSE.) Great job! Go back and stand in your spot. (CONTINUE WITH EACH CHILD.) That was fun playing the card game with you today!"

After the Activity

"Today we are going to hear a Bible Story about a queen named Esther. She prayed and God helped her be brave! Let's go hear all about Queen Esther!"

Transition → Move to Worship and Story by calling out different numbers and movements. "Let's hop two times. (PAUSE.) Now let's wiggle four times." Continue with different numbered movements all the way to your designated area.

4-5 Year-Olds

Small Group

October — Week 1

GROUPS 1/6

Memory Verse with Motions

USES MINIMAL SUPPLIES

MADE TO Move

Memory Verse Review

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

→ No Supplies Needed

Inclusive Optional Supplies

- ☐ "Memory Verse Hand Motions" PDF
- ☐ Cardstock
- ☐ VELCRO® dots
- ☐ Scissors



Inclusive Pro Tips

Invite children to say it with you or repeat words after you.

Set out the picture cutouts made from the "Memory Verse Hand Motions" PDF for children to hold up or point to as an alternative to saying or repeating the verse out loud.

① What You Do

Note → You can find examples of hand motions in the "Memory Verse Hand Motions" PDF and video, included in the Prelude folder and on Pinterest.

Before the Activity

1. Say the Memory Verse and demonstrate the motions for the children.

During the Activity

1. Teach the Memory Verse motions.
2. Invite the children to do them with you several times.

After the Activity

Connect the Memory Verse to the Bottom Line.

② What You Say

Before the Activity

"Friends, come stand with me, and let me tell you our brand-new Memory Verse! Ready to hear it? It goes like this. 'Be strong and courageous. (MUSCLE ARMS) Do not be afraid . . . (CROSS AND UNCROSS HANDS) for the Lord your God (FLAT HAND WITH THUMB TO FOREHEAD, PULL DOWN) goes with you,' (MARCH IN PLACE) Deuteronomy 31:6. (OPEN HANDS LIKE A BOOK.)"

Continued on the next page. →

GROUPS 1/6

Memory Verse with Motions


 USES MINIMAL SUPPLIES


 MADE TO Move

Memory Verse Review

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

→ No Supplies Needed

Inclusive Optional Supplies

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- ☐ Cardstock
- ☐ VELCRO® dots
- ☐ Scissors

Inclusive Pro Tips



Invite children to say it with you or repeat words after you.

Set out the picture cutouts made from the "Memory Verse Hand Motions" PDF for children to hold up or point to as an alternative to saying or repeating the verse out loud.

② What You Say (cont.)

During the Activity

"Now, let's learn the motions. The first part of our verse says: 'Be strong and courageous.' (**MUSCLE ARMS.**) Put both arms up and show me your muscles like this (**BOTH ARMS OUT TO THE SIDE, BENT AT THE ELBOW AND FLEX**) and say, 'Be strong and courageous.' (**REPEAT WITH CHILDREN.**) Great job!

"The next part of our verse says: 'Do not be afraid . . .' (**CROSS AND UNCROSS HANDS.**) Put your arms out in front of you, elbows bent, and one arm over the other. (**PAUSE.**) Now move your arms out to the side like this (**ARMS IN FRONT OF YOU, STACKED ONE OVER THE OTHER THEN SWIFTLY MOVE THEM OUT TO YOUR SIDE**) and say, 'Do not be afraid . . .' (**REPEAT WITH CHILDREN.**) Wonderful! Now let's put that together. 'Be strong and courageous. (**MUSCLE ARMS**) Do not be afraid . . . (**CROSS AND UNCROSS HANDS**) Great job!

"The next part of our verse says: 'for the Lord your God.' (**FLAT HAND WITH THUMB TO FOREHEAD, PULL DOWN.**) Put one hand up straight in front of you with your thumb almost touching your forehead like this. (**STRAIGHT, FLAT HAND WITH THUMB AT YOUR FOREHEAD.**) Then you move hand straight down in front of you like this, (**PULL DOWN**) and say, 'for the Lord your God.' (**REPEAT WITH CHILDREN.**) Nice job! Now let's put that together. 'Be strong and courageous. (**MUSCLE ARMS**) Do not be afraid . . . (**CROSS AND UNCROSS HANDS**) for the Lord your God.' (**FLAT HAND WITH THUMB TO FOREHEAD, PULL DOWN.**)

"The next part of our verse says: 'goes with you.' (**MARCH IN PLACE.**) March in place like this, (**STAND IN ONE SPOT AND ALTERNATE LIFTING ONE KNEE UP AT A TIME**) and say, 'goes with you.' (**REPEAT WITH CHILDREN.**) Nice job! Now let's put that together. 'Be strong and courageous. (**MUSCLE ARMS**) Do not be afraid . . . (**CROSS AND UNCROSS HANDS**) for the Lord your God (**FLAT HAND WITH THUMB TO FOREHEAD, PULL DOWN**) goes with you," (**MARCH IN PLACE**)

"Now the last part is: Deuteronomy 31:6. (**OPEN HANDS LIKE A BOOK.**) Put your hands together in front of you and open them like you are opening a book (**OPEN HANDS LIKE A BOOK**) and say: Deuteronomy 31:6. (**REPEAT WITH CHILDREN.**) Great job! I think we are ready to do it all together! Ready friends? 'Be strong and courageous. (**MUSCLE ARMS**) Do not be afraid . . . (**CROSS AND UNCROSS HANDS**) for the Lord your God (**FLAT HAND WITH THUMB TO FOREHEAD, PULL DOWN**) goes with you," (**MARCH IN PLACE**) Deuteronomy 31:6. (**OPEN HANDS LIKE A BOOK.**) Nice job. Let's do it again!" (**REPEAT SEVERAL TIMES.**)

After the Activity

"The Bible teaches us that we don't need to be afraid, that we can be strong and courageous because God is with us! [**BOTTOM LINE**] God can help me be brave. Who can help you be brave? [**BOTTOM LINE**] God can help me be brave."

GROUPS 2/6

Story Crown



Bible Story Review

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- ☐ "Story Crown" Activity Page
- ☐ "Story Crown Stickers" Activity Page
- ☐ Bright yellow cardstock
- ☐ Avery® Labels #22807 or equivalent
- ☐ Heart stickers
- ☐ Dot markers
- ☐ Sentence strips
- ☐ Scissors
- ☐ Stapler
- ☐ Permanent marker

Inclusive Pro Tips



Create an example for children to follow.

① What You Do

Before the Activity

1. Copy "Story Crown" on bright yellow cardstock and cut one per child.
2. Copy "Story Crown Stickers" on label paper, one set per child.
3. Write each child's name on their crown.

During the Activity

1. Encourage children to decorate their crown with dot markers.
2. As you review the Bible Story, add the sticker that goes along with that part of the story.
3. Ask children to glue their crown to the middle of their sentence strip.
4. Measure each child's sentence strip around their head and staple the ends together with the staple closures facing outward.
5. Ask children to add a heart sticker over each of the staples.
6. Encourage children to wear their crowns home.

After the Activity

Connect the Bottom Line to the Bible Story.

Continued on the next page. →

GROUPS 2/6

Story Crown



Bible Story Review

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

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- ☐ Heart stickers
- ☐ Dot markers
- ☐ Sentence strips
- ☐ Scissors
- ☐ Stapler
- ☐ Permanent marker

Inclusive Pro Tips



Create an example for children to follow.

② What You Say

Before the Activity

"Super friends! Come join me at the table, I have a super creative way for us to review today's Bible Story about Queen Esther!"

During the Activity

"I have this crown cutout for you to decorate with dot markers, then we'll add story stickers to each one of these circles for the jewels in our crown. **(POINT.)** Let's get started. Our true story from the Bible begins with a beautiful queen named Esther, who was a part of God's people. That's our very first story sticker, and our first jewel to add to the crown. **(HAND EACH CHILD AN ESTHER STICKER AND POINT TO THE FIRST CIRCLE.)**

"Esther was married to a very powerful king. He was tricked and made a decision that would hurt God's people. But he didn't know that Esther was a part of God's people, oh no! Esther knew she needed to talk to the king, but the king had a rule that you couldn't talk to him unless you were invited. Esther asked God's people to pray and talk to God with her. That's our next story sticker and our second jewel to add to the crown. **(HAND EACH CHILD A PRAYING STICKER AND POINT TO THE MIDDLE CIRCLE.)** They prayed together for three days. Esther trusted that God could help her be brave, so she asked the king to keep God's people safe. The king said yes, and everyone celebrated! That's our very last story sticker, and our last jewel to add to the crown. **(HAND EACH CHILD A QUEEN AND KING CELEBRATING STICKER AND POINT TO THE LAST CIRCLE.)**

"Let's make this crown cutout into a crown for you to wear. Rub some glue on the back of your cutout and add it to your sentence strip. **(PAUSE.)** Now let's measure it to your head and secure the ends. **(MEASURE AND STAPLE THE ENDS WITH THE CLOSURES FACING OUT.)** Here are heart stickers for you to cover those staples. **(PAUSE.)** Put your crowns on your head and we'll finish up."

After the Activity

"Esther prayed, and God helped her be brave. You can pray and God can help you be brave too! Who can help you be brave? **[BOTTOM LINE]** God can help me be brave."

4-5 Year-Olds

Small Group

October — Week 1

GROUPS 4/6

King May I

Application Activity

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

→ No Supplies Needed



Inclusive Pro Tips

Simplify the movement for child's needs. Or allow children to sit and ask "King, May I" and move to them.

① What You Do

Before the Activity

1. Ask children to line up along the wall on one side of the room and explain how to play the "King, May I" game.

During the Activity

1. Call children one at a time to ask "King, May I" and give them directions on how to move to you.
2. Continue until each child makes it to you. Repeat as desired.

After the Activity

Connect the Bottom Line to the Bible Story.

② What You Say

Before the Activity

"I am so excited to play this game with you. Everyone, come line up on this wall. This is where you'll stand when our game starts and I'll stand across the room. We're going to play a game called "King May I," and I am going to be the king. When it is your turn, you will ask me, "King, may I move?" and I will either say yes or no, and then I will give you instructions on how to move to me."

During the Activity

"Let's play! [CHILD'S NAME], you go first! Ask me, King, may I move? (PAUSE AND LET THE CHILD ASK.) Yes, you may take five big steps, then freeze. (PAUSE.) Great job! [CHILD'S NAME], your turn. Say, King, may I move? (CONTINUE WITH EACH CHILD OFFERING DIFFERENT MOVEMENTS SUCH AS ONE TINY STEP, THREE HOPS, ONE BIG LEAP, ETC. REPEAT AS DESIRED.) That was so much fun!"

After the Activity

"In today's true story from the Bible, we learned that you couldn't talk to the king unless you were invited! That's why Queen Esther had to be brave to talk to the king. She prayed with God's people and trusted that God could help her be brave. Queen Esther asked the king to keep God's people safe, and the king said yes! Hooray! Esther prayed, and God helped her be brave. That means you can pray, and God can help you be brave, too! Who can help you be brave? [BOTTOM LINE] God can help me be brave."

Getting Ready

Social

Offer one or more of the following activities as preschoolers arrive. Let one or two Small Group Leaders lead activities in different areas of the room while another leader greets parents and children at the door.

Groups

Offer as many of the following activities as your time, facilities, resources, and leadership allow. You may want to lead one activity at a time. Or offer two activities at once and allow half the children to participate in each. Then switch groups and repeat the activities.

Pinterest

Visit our Pinterest page to see craft samples and suggested supplies.
bit.ly/FL_SuperKids

Social

In the Cards

☐ Deck of cards

1. Remove the Ace, Joker, and instruction cards and set aside.
2. Shuffle the remaining cards.

Groups

Memory Verse with Motions

→ No Supplies Needed

Story Crown

- ☐ "Story Crown" Activity Page
- ☐ "Story Crown Stickers" Activity Page
- ☐ Bright yellow cardstock
- ☐ Avery® Labels #22807 or equivalent
- ☐ Heart stickers
- ☐ Dot markers
- ☐ Sentence strips
- ☐ Scissors
- ☐ Stapler
- ☐ Permanent marker

1. Copy "Story Crown" on bright yellow cardstock and cut one per child.
2. Copy "Story Crown Stickers" on label paper, one set per child.
3. Write each child's name on their crown.

King May I

→ No Supplies Needed

WEEK

TWO

Small Group Leader Guide



Today's Suggested Schedule

Prelude: Setting the tone for the experience

See the Getting Ready pages at the end of this document for a detailed description of what you'll need for today. In the Prelude folder of your curriculum, you'll find a variety of other resources to help you prepare.

Small Group (15 minutes)

Social: Providing time for fun interaction

1. Sling the Stone
2. Big and Small
3. How Many Are You?

Large Group (20 minutes)

Worship: Inviting people to respond to God

Story: Communicating God's truth in engaging ways

- "Super Duper Kid" and "Be Brave"
- Bible Story
- Prayer

Small Group (25 minutes)

Groups: Creating a safe place to connect

1. Super Kid Flyover
2. David and Goliath
3. Super Kids
4. Super Brave Adventure
5. Super Kid Shield
6. Journal and Prayer

Home: Prompting action beyond the experience

- Going Home
- Memory Verse Card
- Parent Cue Card (print or email)
- [Parent Cue App](#) and ParentCue.org



Today's Bible Story

I can be brave because God is with me.

David and Goliath

1 Samuel 17:1-50

Key Question

Who can help you be brave?

Bottom Line

God can help me be brave.

Memory Verse

"Be strong and courageous. Do not be afraid... for the Lord your God goes with you."

Deuteronomy 31:6 NIV



Inclusive Pro Tips

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SOCIAL 3/3

How Many Are You?

What You Need

- ☐ Building blocks
- ☐ Painter's tape
- ☐ Permanent marker



Inclusive Pro Tips

Allow children to lay on the floor and place a piece of tape on the floor from their feet to their head. Ask children to stack the blocks on the tape line and help count how many blocks they are.

Pair children up, allowing them to help one another and making the activity more accessible for kids who may need extra guidance.

① What You Do

Before the Activity

1. Measure how tall the leader is on the wall with blocks.
2. Count the number of blocks tall the leader is, then take the stack apart.
3. Write each child's name on a piece of tape.
4. Ask each child to stand with their back against the wall and place their tape on the wall at to mark their height.

During the Activity

1. Encourage children to stack the blocks up to reach their tape line.
2. Ask children to count how many blocks tall are they.
3. Assist as needed.

After the Activity

Introduce the Bible Story.

② What You Say

Before the Activity

"Everyone go stand against the wall. Spread out a little bit, make sure you can't touch your neighbor. (PAUSE.) I'm going to come around and measure each of you. (PAUSE.) I have a piece of tape with your name on it. This will mark how tall you are. (PAUSE.) Once I've measured you, you can sit on the floor."

During the Activity

"Look at the wall, do you see tape line? Let's measure how tall you are with the blocks. Stack the blocks on top of each other like a tower up to the tape line. (PAUSE.) Stop when you get to the tape line. (PAUSE.) Now let's count how many blocks you are. [CHILD'S NAME], how many blocks tall are you? (HELP COUNT AS NEEDED.) Wow you are [NUMBER] blocks tall! (CONTINUE WITH EACH CHILD.) That was so neat finding out how tall everyone is."

After the Activity

"Today in our true story from the Bible, we're going to learn about a real man who was a giant, taller than everyone. (STACK TWO CHILDREN'S BLOCKS ON TOP OF ANOTHER CHILD'S BLOCK STACK.) He may have been this many blocks tall! Let's walk by this stack of blocks as we go to line up. (PAUSE.) Wow! That is really, really tall isn't it! Let's go hear about this giant!"

Transition → Move to Worship and Story by guessing how many blocks tall the leader is. Do they think the leader is shorter, taller, or the same size as Goliath.

GROUPS 1/6

Super Kid Flyover

Memory Verse Review

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

→ No Supplies Needed



Inclusive Pro Tips

If a child has limited mobility, encourage them to signal their turn by raising their hand or making a fun superhero pose instead of running across.

Some children may not feel comfortable running or being in the spotlight. Give them the option to “fly” in place, clap along, or cheer for their friends instead.

① What You Do

Note → You can find examples of hand motions in the “Memory Verse Hand Motions” PDF and video, included in the Prelude folder and on Pinterest.

Before the Activity

1. Gather children together in the open space of the activity area.
2. Review the Memory Verse with the motions.
3. Invite the children to stand in a line against a wall in the room.

During the Activity

1. Say the verse together then call out one child out a time and encourage them to “fly” like superheroes.
2. Continue with each child.
3. Repeat as desired.

After the Activity

Connect the Memory Verse to the Bottom Line.

② What You Say

Before the Activity

“Friends, come over here and let’s do the motions as we say our Memory Verse. Ready? ‘Be strong and courageous. **(MUSCLE ARMS)** Do not be afraid . . . **(CROSS AND UNCROSS HANDS)** for the Lord your God **(FLAT HAND WITH THUMB TO FOREHEAD, PULL DOWN)** goes with you, **(MARCH IN PLACE)** Deuteronomy 31:6. **(OPEN HANDS LIKE A BOOK.)** Fantastic! Everyone, go stand against that wall. I have a fun game where we get to practice our memory verse AND be brave super kids, just like David! When I say your name, you get to fly to me like a superhero!”

During the Activity

“Let’s say our verse together! When I call your name, be brave and fly over like a superhero! ‘Be strong and courageous... for the Lord your God goes with you,’ **[CHILD’S NAME]**! Fly like a superhero **[CHILD’S NAME]**! **(PAUSE.)** Great job! Let’s do that again and bring another super kid over! **(CONTINUE WITH EACH CHILD.)** Look at all our super brave super kids!” **(REPEAT AS DESIRED.)**

After the Activity

“You were all so brave, just like David! God helped David be brave to go against the giant, Goliath. David was courageous because he knew that God was with him. God helped David be brave and God can help you be brave too! Who can help you be brave? **[BOTTOM LINE]** God can help me be brave.”

GROUPS 4/6

Super Brave Adventure



Application Activity

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- ☐ Plush toys
- ☐ Scarves



Inclusive Pro Tips

For children with mobility challenges, allow them to move in ways that suit their needs, such as rolling a wheelchair, crawling, or moving on their knees. This ensures they can participate in the adventure, along with their peers.

Pair up children who may need extra help and encourage them to assist each other during the activity. This promotes teamwork and ensures all children feel included and supported.

① What You Do

Before the Activity

1. Ask children to pick a plush toy.
2. Tie the plush around their waist, leg, or wrist depending on size of toy.
3. Tell children they need to take their plush friend on a brave adventure with you around the room.

During the Activity

1. Encourage children to walk to different spots in the room—like the wall and back, to a chair, or to another friend—crawl under the table, etc.
2. As children move, remind them that their plush is staying with them, just like God stayed with David when he was brave.

After the Activity

Connect the Bottom Line to the Bible Story.

② What You Say

Before the Activity

"Hello friends! Today, we're going on a super brave adventure, and everyone gets to take a plush friend with them! Pick one of these plush friends and I'll tie it around you. Like a three-legged race! **(ASK CHILDREN WHERE THEY'D LIKE FOR YOU TO TIE THEIR PLUSH—LEG, WAIST, OR WRIST.)** Now they can go everywhere you go! Just like David had to be brave and trust that God was with him, we are going to practice being brave too! Let's go!"

During the Activity

"Walk to the wall and back. **(PAUSE.)** Was your plush friend with you the whole time? **(PAUSE FOR RESPONSES.)** Yes! Now, let's try hopping to another spot while keeping your friend with you! **(PAUSE.)** Look at that! Is your plush friend with you? **(PAUSE.)** Wow! Your plush friend stayed with you everywhere you went. That was so fun! Let's sit down and I'll untie them, and you can both rest." **(UNTIE EACH AND LET CHILDREN PUT THEM IN THEIR LAP.)**

After the Activity

We were brave and took our plush friend all over the room with us today! Can your plush friend always be with you? **(PAUSE FOR RESPONSES.)** No... but do you know who is ALWAYS with you no matter where you go? **(PAUSE FOR RESPONSES.)** God! That's right! God is always with you and can help you be brave. Just like God was with David, God is always with you and will help you be brave! Who can help you be brave? **[BOTTOM LINE]** God can help me be brave."

GROUPS 5/6

Super Kid Shield

Application Activity

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- ☐ "Super Kid Shield" Activity Page
- ☐ Cardstock
- ☐ Dot markers
- ☐ Washable markers
- ☐ Star stickers
- ☐ Scissors
- ☐ Clear packing tape
- ☐ Permanent marker



Inclusive Pro Tips

Create an example for children to follow.

Model and encourage children to decorate their shield.

Offer adaptive scissors.

① What You Do

Before the Activity

1. Copy "Super Kid Shield" on cardstock and cut one per child.
2. Cut cardstock lengthwise into 1 ½-inch strips, one strip per child.
3. Roll each child's strip into a circle and tape the ends together.
4. Write each child's name on their paper.

During the Activity

1. Encourage children to decorate their shield.
2. Help tape the paper roll on the back of each child's shield.
3. Ask children to hold their shields as you review the Bible Story.

After the Activity

Connect the Bottom Line to the Bible Story.

② What You Say

Before the Activity

"Hello, Super Kids! I'm so happy to see you today! Come sit at the table and let's make a Super Kid Shield!"

During the Activity

"Use the markers and stickers to decorate your shield. **(PAUSE.)** Wow! These look great! Now let's add a handle to the back so it's easy for you to hold. **(PLACE A PAPER ROLL ON THE BACK OF EACH CHILD'S SHIELD AND TAPE TO SECURE.)** Now, everyone hold up your shields and say **[BOTTOM LINE]** God can help me be brave. **(WITH CHILDREN.) [BOTTOM LINE]** God can help me be brave. Hold your Super Kid Shields as we talk about today's Bible Story.

After the Activity

"Today we learned a story about a boy named David. David was brave and faced a giant named Goliath. This is a true story that you can read about in the Bible!

"Every day, Goliath would shout at God's army, "Who's gonna face me?" Everyone in God's army was scared and wouldn't face Goliath. But one day, David came to the battlefield and heard Goliath. He was surprised no one from God's army was brave enough to face Goliath, but David was because he knew that God was with him and would help him be brave. David went out on the battlefield to face Goliath and said, "Goliath, you come at me with all your big weapons, but GOD is with me!" David threw one stone as hard as he could in his sling. It hit Goliath in the middle of his forehead, and big Goliath fell down! David did it! God was always with David, and God helped David be brave! God is always with you, and God can help you be brave, too. Who can help you be brave? **[BOTTOM LINE]** God can help me be brave."

Getting Ready

Social

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Pinterest

Visit our Pinterest page to see craft samples and suggested supplies.
bit.ly/FL_SuperKids

Social

How Many Are You?

- ☐ Building blocks
- ☐ Painter's Tape
- ☐ Permanent marker

1. Lay the Little People around on the table and place a strip or two of tape over each one.

Groups

Super Kid Flyover

→ No Supplies Needed

Super Brave Adventure

- ☐ Plush toys, one per child
- ☐ Scarves, one per child

Super Kid Shield

- ☐ "Super Kid Shield" Activity Page
- ☐ Cardstock
- ☐ Dot markers
- ☐ Washable markers
- ☐ Star stickers
- ☐ Scissors
- ☐ Clear packing tape
- ☐ Permanent marker

1. Copy "Super Kid Shield" on cardstock and cut, one per child.
2. Cut cardstock lengthwise into 1 ½-inch strips, one strip per child.
3. Roll each child's strip into a circle and tape the ends together.
4. Write each child's name on their paper

WEEK

THREE

Small Group Leader Guide



Today's Suggested Schedule

Prelude: Setting the tone for the experience

See the Getting Ready pages at the end of this document for a detailed description of what you'll need for today. In the Prelude folder of your curriculum, you'll find a variety of other resources to help you prepare.

Small Group (15 minutes)

Social: Providing time for fun interaction

1. Make it Brave
2. Emoji Match
3. What's Hiding?

Large Group (20 minutes)

Worship: Inviting people to respond to God

Story: Communicating God's truth in engaging ways

- "Super Duper Kid" and "Be Brave"
- Bible Story
- Prayer

Small Group (25 minutes)

Groups: Creating a safe place to connect

1. Gideon Says
2. Tip Toe Time
3. Brave Gideon



Today's Bible Story

I can be brave even when I'm afraid.

Gideon

Judges 6 and 7

Key Question

Who can help you be brave?

Bottom Line

God can help me be brave.

Memory Verse

"Be strong and courageous. Do not be afraid... for the Lord your God goes with you."

Deuteronomy 31:6 NIV



Inclusive Pro Tips

This leader guide is designed to be inclusive of children with a disability who attend a group with their peers. See highlighted sections below for additional inclusive pro-tips. Check out the Special Needs Resource Kit for more ideas for adapting each segment.

SOCIAL 1/3

Make it Brave



What You Need

- ☐ "Make it Brave" Activity Page
- ☐ Cardstock
- ☐ Craft tubes
- ☐ Ball pit balls
- ☐ Painter's tape
- ☐ Permanent marker

Inclusive Optional Supplies

- ☐ Plastic Bin



Inclusive Pro Tips

For a version with less movement, sit with children in front of the tubes and place all the ball pit balls in a bin. Encourage children to find the ball pit balls with the correct letters and place them on the tube with the matching letter.

① What You Do

Before the Activity

1. Copy "Make it Brave" on cardstock, one set per Small Group.
2. Tape the letters on the floor in order.
3. Stand a craft tube at the top of each letter. Write "B," "R," "A," "V," and "E" on several ball pit balls.
4. Scatter the ball pit balls around the room.

During the Activity

1. Point out the letters on the tubes and sound out the word brave.
2. Show children the ball pit balls with the same letters.
3. Encourage children to match the letters on the ball pit balls to the letters on the papers then balance the ball pit ball on the corresponding tube.
4. Once the word has been built, say the word and then reset and repeat as desired.

After the Activity

Introduce the Bible Story.

② What You Say

Before the Activity

"Friends, let's play a game. There are letters written on these papers that spell the word brave. B-R-A-V-E. Look around, there are ball pit balls all over the floor. Some of them have the same letters that spell the word brave."

During the Activity

"When I say go, run and find a ball pit ball. Then you can match the letter on the ball pit ball to the letter on the paper. You can set the matching ball pit ball right on top of the tube like this. **(DEMONSTRATE.)** Ready, set, GO! **(PAUSE.)** [CHILD'S NAME], you found the B! Put the ball with the "B" on top of the tube at the letter B. **(PAUSE.)** Wow! [CHILD'S NAME], you found the letter R. Put the ball with the "R" on top of the tube at the letter R. **(CONTINUE UNTIL ALL THE BALL PIT BALLS HAVE BEEN MATCHED TO THE LETTERS.)** Hooray! We did it! Let's do it again. **(RESET AND REPEAT AS DESIRED.)** Great job, friends!"

After the Activity

"Today in our true story from the Bible, we're going to hear about a man named Gideon who was afraid, but God helped him be brave. Being brave means doing the right thing...even when you feel afraid. Let's go hear more about Gideon!"

Transition → Move to Worship and Story by doing different superhero poses as you travel to your designated area.

GROUPS 1/6

Gideon Says

Memory Verse Review

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- ☐ "Gideon Says" Activity Page
- ☐ Cardstock
- ☐ Craft knife

Note

Use the craft knife before children arrive and store it out of reach in another room.



Inclusive Pro Tips

Pair children up to do the activity together.

Allow children to say the verse without holding the Activity Page up to their face.

① What You Do

Note → You can find examples of hand motions in the "Memory Verse Hand Motions" PDF and video, included in the Prelude folder and on Pinterest.

Before the Activity

1. Copy "Gideon Says" on cardstock, one per child and the leader.
2. Cut along the dotted lines around the mouth.
3. Say the verse together as you do the motions.

During the Activity

1. Encourage children to hold the picture of Gideon up to their face and say the verse.
2. Repeat as desired.

After the Activity

Connect the Memory Verse to the Bottom Line.

② What You Say

Before the Activity

"Friends, come over and stand with me. Let's say our verse together as we do the motions. Everyone ready? 'Be strong and courageous. (MUSCLE ARMS) Do not be afraid . . . (CROSS AND UNCROSS HANDS) for the Lord your God (FLAT HAND WITH THUMB TO FOREHEAD, PULL DOWN) goes with you,' (MARCH IN PLACE) Deuteronomy 31:6. (OPEN HANDS LIKE A BOOK.) Great job, everyone!"

During the Activity

"Look at this picture, it's Gideon, the man from our story! I thought it would be fun to use this to practice our verse. Watch me. (HOLD ONE OF THE PAPERS UP TO YOUR FACE, MAKING SURE YOUR MOUTH IS VISIBLE THROUGH THE OPENING.) 'Be strong and courageous. Do not be afraid ... for the Lord your God goes with you,' Deuteronomy 31:6. (GIVE EACH CHILD A PICTURE OF GIDEON.) Now let's all hold up our pictures and say the verse together. Let's go! 'Be strong and courageous. Do not be afraid ... for the Lord your God goes with you,' Deuteronomy 31:6. (REPEAT AS DESIRED.) Great job, everyone!"

After the Activity

"The Bible teaches us to be strong and courageous and not to be afraid. Gideon was afraid of the Midianites, but God was with Gideon and helped him be brave. God is with you and can help you be brave, too! Who can help you be brave? (BOTTOM LINE) God can help me be brave."

4-5 Year-Olds

Small Group

October — Week 3

GROUPS 2/6

Act Like Gideon

Bible Story Review

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

→ No Supplies Needed

USES MINIMAL
SUPPLIES

MADE TO
↓
Play

① What You Do

Before the Activity

1. Sit together on the floor with children.

During the Activity

1. Encourage children to act out the story with you.

After the Activity

Connect the Bottom Line to the Bible Story.

② What You Say

Before the Activity

"Come sit with me, super friends, and let's act out our Bible Story!"

During the Activity

"Our true story begins with a man named Gideon. Gideon was afraid. When the Midianites would come, Gideon and the rest of the Israelites would hide in holes in the mountain. Let's all pretend to hide in a hole. Get really small and cover your head and your arm. **(PAUSE.)** Gideon was hiding from the Midianites. They were really big. Very strong. And they were mean. Make a mean face. **(PAUSE.)** Oh, those were mean faces. One day, God sent an angel to tell Gideon, 'The LORD is with you, mighty warrior!' Everyone does a super pose with their hands on their hips like this. **(DEMONSTRATE.)** Great job! God wanted Gideon to lead an army to defeat the Midianites. Gideon was still afraid, but he did what God said and led God's army.

"Gideon gave the army ... **(TOOT A PRETEND HORN)** trumpets. Hold your hand up to your mouth and pretend to toot your horn. **(PAUSE.)** They had jars. Hold your arms out like you are giving a hug. And they had torches. Make a fist with one hand and hold it up in the air. Gideon and the army quietly walked to where the Midianites were, then made a really loud noise by blowing their trumpets and smashing their jars! Then they shouted: 'For the LORD and for Gideon!' Let's say that together. **(WITH CHILDREN.)** 'For the LORD and for Gideon!' And just like that, the Midianites were so afraid that they ran away! Great job acting out our Bible Story today!"

After the Activity

"When Gideon was afraid, God helped him be brave. God can help you be brave, too! Who can help you be brave? **[BOTTOM LINE]** God can help me be brave."

GROUPS 4/6

Tip Toe Time



Application Activity

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- ☐ Party Horns
- ☐ Permanent Marker

Inclusive Optional Supplies

- ☐ Noise-cancelling headphones



Inclusive Pro Tips

For children with sensitivities to noise, provide them with headphones.

① What You Do

Before the Activity

1. Write each child's name on a party horn.
2. Give each child their party horn.

During the Activity

1. Encourage children to tiptoe quietly around the room and blow their horn when you say, "Make a loud noise."
2. Repeat as desired.

After the Activity

Connect the Bottom Line to the Bible Story.

② What You Say

Before the Activity

"Let's pretend to be Gideon's army. I'll pretend to be Gideon and you'll be the army. I'll give you a party horn to use as a trumpet. But don't blow it yet."

During the Activity

"Okay everyone, we're going to be really quiet and tiptoe around the room. When I say, "Make a loud noise," I want you to blow your horns really loud. Ready? Tiptoe with me. (PAUSE.) Shhhh, be super quiet and keep tiptoeing. (PAUSE.) Make a loud noise! (PAUSE.) Wow, great job! The Midianite army was so scared that they ran away. Let's play again! (REPEAT AS DESIRED.) That was so much fun."

After the Activity

"God was with Gideon and helped him be brave. Gideon led God's army with trumpets, jars, and torches, and told the army to follow him quietly. Gideon told the army to blow their trumpets, smash their jars, and shout 'For the LORD and for Gideon!' And just like that, the Midianites were afraid and ran away. God helped Gideon be brave! And God can help you be brave, too! Who can help you be brave? [BOTTOM LINE] God can help me be brave."

GROUPS 5/6

Brave Gideon



Application Activity

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- ☐ "Brave Gideon" Activity Page
- ☐ "Gideon's Torch and Trumpet" Activity Pages
- ☐ Cardstock
- ☐ Washable markers or crayons
- ☐ Metal brads
- ☐ Scissors
- ☐ Craft knife
- ☐ Permanent marker

Note

→ Use the craft knife before children arrive and store it out of reach in another room.

Inclusive Pro Tips



Create an example for children to follow.

① What You Do

Before the Activity

1. Copy "Brave Gideon" on cardstock, one per child.
2. Copy "Gideon's Torch and Trumpet" on cardstock and cut, one set of cutouts per child.
3. Make a slit at each small "x" on their papers.
4. Write each child's name on their paper.

During the Activity

1. Encourage children to color their pictures.
2. Help attach Gideon's arms on each child's paper then ask children to use it as you review the Bible Story.

After the Activity

Connect the Bottom Line to the Bible Story.

② What You Say

Before the Activity

"Everyone come sit at the table and let's make some story art to help us remember today's true story from the Bible!"

During the Activity

"Let's start with coloring your picture of Gideon. Look, one of his arms has a trumpet, and the other has a torch. Color those too. **(PAUSE.)** Your pictures look great! Now we can attach his arms to your picture. **(SECURE BOTH ARMS TO GIDEON WITH THE BRADS.)** Now you can use your pictures as we talk about our story. When our story begins, Gideon was in a hole, hiding from the Midianite army. One day God sent an angel to tell Gideon 'The LORD is with you, mighty warrior!' And that God wanted him to lead an army to defeat the Midianites. But Gideon was afraid so the angel told Gideon, 'God will be with you.' Gideon did what God said and led God's army. One night, Gideon gave the army trumpets, jars, and torches and told the army to follow him quietly to where the Midianites were. When Gideon told them to, they made a really loud noise by blowing their trumpets, raise Gideon's arm with the trumpet and make a trumpet sound. **(PAUSE.)** And they smashed their jars, raise Gideon's arm with the torch. Then they shouted: 'For the LORD and for Gideon!' And just like that, the Midianites were so afraid, they ran away."

After the Activity

"Everyone shout with me, 'For the LORD and for Gideon!' **(WITH CHILDREN.)** 'For the LORD and for Gideon!' Way to go super friends! When Gideon was afraid, God helped him be brave. And God can help you be brave too! Who can help you be brave? **[BOTTOM LINE]** God can help me be brave."

Getting Ready

Social

Offer one or more of the following activities as preschoolers arrive. Let one or two Small Group Leaders lead activities in different areas of the room while another leader greets parents and children at the door.

Groups

Offer as many of the following activities as your time, facilities, resources, and leadership allow. You may want to lead one activity at a time. Or offer two activities at once and allow half the children to participate in each. Then switch groups and repeat the activities.

Pinterest

Visit our Pinterest page to see craft samples and suggested supplies.

bit.ly/FL_SuperKids

Social

Make It Brave

- ☐ "Make it Brave" Activity Page
- ☐ Cardstock
- ☐ Craft tubes
- ☐ Ball pit balls
- ☐ Painter's tape
- ☐ Permanent marker

1. Copy "Make it Brave" on cardstock, one set per Small Group.
2. Tape the letters on the floor in order.
3. Stand a craft tube at the top of each letter.
4. Put a Use the permanent marker to write "B," "R," "A," "V," and "E" on several ball pit balls.
5. Scatter the ball pit balls around the room. Place the bin near

Groups

Gideon Says

- ☐ "Gideon Says" Activity Page
- ☐ Cardstock
- ☐ Craft knife

1. Copy "Gideon Says" on cardstock, one per child.
2. Cut along the dotted lines around the mouth.

Tip Toe Time

- ☐ Party horns, one per child
- ☐ Permanent marker

1. Write each child's name on a party horn.
2. Give each child their party horn.

Brave Gideon

- ☐ "Brave Gideon" Activity Page
- ☐ "Gideon's Torch and Trumpet" Activity Page
- ☐ Cardstock
- ☐ Washable markers or crayons
- ☐ Metal brads
- ☐ Scissors
- ☐ Craft knife
- ☐ Permanent marker

1. Copy "Brave Gideon" on cardstock, one per child.
2. Copy "Gideon's Torch and Trumpet" on cardstock and cut one set of cutouts per child.
3. Make a slit at each small "x" on their papers.
4. Write each child's name on their paper.

WEEK

FOUR

Small Group Leader Guide



Today's Suggested Schedule

Prelude: Setting the tone for the experience

See the Getting Ready pages at the end of this document for a detailed description of what you'll need for today. In the Prelude folder of your curriculum, you'll find a variety of other resources to help you prepare.

Small Group (15 minutes)

Social: Providing time for fun interaction

1. Save the Superheroes!
2. Extra Coloring Sheet

Large Group (20 minutes)

Worship: Inviting people to respond to God

Story: Communicating God's truth in engaging ways

- "Super Duper Kid" and "Be Brave"
- Bible Story
- Prayer

Small Group (25 minutes)

Groups: Creating a safe place to connect

1. Abigail Helps
2. Superhero Course



Today's Bible Story

I can be brave and help others.

Abigail

1 Samuel 25:1-35

Key Question

Who can help you be brave?

Bottom Line

God can help me be brave.

Memory Verse

"Be strong and courageous. Do not be afraid... for the Lord your God goes with you."

Deuteronomy 31:6 NIV



Inclusive Pro Tips

This leader guide is designed to be inclusive of children with a disability who attend a group with their peers. See highlighted sections below for additional inclusive pro-tips. Check out the Special Needs Resource Kit for more ideas for adapting each segment.

SOCIAL 2/3

Save the Superheroes



What You Need

- ☐ Small superhero figures
- ☐ Yarn
- ☐ Scissors

Inclusive Optional Supplies

- ☐ Stretchy bands, soft fabric strips, or VELCRO® strips
- ☐ Safety kid scissors
- ☐ Larger figures



Inclusive Pro Tips

For children with sensory sensitivities who may struggle with certain textures, offer any of the Inclusive Optional Supplies.

Pair children up to do the activity together.

If unwrapping is too challenging, allow children to use scissors to cut the yarn.

For children with fine motor difficulties, use larger figures wrapped in thicker material to make gripping and unwrapping easier.

① What You Do

Before the Activity

1. Cut yarn in three-foot lengths, two per child.
2. Wrap each superhero figure in a length of yarn, securing it so that children will need to carefully unwind it to “save” the superhero.
3. Place the wrapped superheroes in the center of the table.

During the Activity

1. Encourage children to pick a superhero then start to unwrap it, working carefully to free them.
2. Talk about how brave the children are by saving the superheroes.
3. Repeat as desired.

After the Activity

Introduce the Bible Story.

② What You Say

Before the Activity

“Hey friends! Today, we’re going to play a game where we get to be brave and help superheroes!”

During the Activity

“Pick a superhero. Look! They’re all tangled up. We need to save them by unwrapping the yarn from around them. **(PAUSE.)** You’re doing a great job helping! Keep going until your superhero is free! **(PAUSE.)** Hooray! You did it! **(REPEAT AS DESIRED.)** You were so brave and helped save the superheroes!”

After the Activity

“Today we’re going to hear a story about a brave queen named Esther, who was brave and helped others too! Let’s go!”

Transition → Move to Worship and Story by flying like brave superheroes.

Abigail Helps

! ALLERGY

Bible Story Review

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- ☐ "Allergy Alert Poster"
- ☐ "Abigail Helps" Activity Page
- ☐ Cardstock
- ☐ Crayons or washable markers
- ☐ Small bowls
- ☐ Cheerios™
- ☐ Yarn
- ☐ Masking tape
- ☐ Craft knife
- ☐ Scissors

Inclusive Optional Supplies

- ☐ Glue sticks in place of yarn
- ☐ Masking Tape
- ☐ Craft Knife
- ☐ Scissors

Inclusive Pro Tips



Create an example for children to see.

For children with fine motor difficulties, let children glue the Cheerios to their paper instead of threading them on the yarn.

① What You Do

Note → Use the craft knife before children arrive and store it out of reach in another room.

Before the Activity

1. Copy "Allergy Alert Poster" on cardstock, list Cheerios, and post at the door.
2. Copy "Abigail Helps" on cardstock, one per child.
3. Write each child's name on their paper.
4. Poke a hole at the "x" near Abigail and the "x" near David.
5. Cut yarn in 12 to 18-inch lengths, one per child.

During the Activity

1. Encourage children to color their picture then string Cheerios on the yarn.
2. Help thread the ends to the holes then knot the ends together.
3. Review the Bible Story.

After the Activity

Connect the Bottom Line to the Bible Story.

Continued on the next page. →

GROUPS 2/6

Abigail Helps

! ALLERGY



Bible Story Review

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- ☐ "Allergy Alert Poster"
- ☐ "Abigail Helps" Activity Page
- ☐ Cardstock
- ☐ Crayons or washable markers
- ☐ Small bowls
- ☐ Cheerios™
- ☐ Yarn
- ☐ Masking tape
- ☐ Craft knife
- ☐ Scissors

Inclusive Optional Supplies

- ☐ Glue sticks in place of yarn
- ☐ Masking Tape
- ☐ Craft Knife
- ☐ Scissors



Inclusive Pro Tips

Create an example for children to see.

For children with fine motor difficulties, let children glue the Cheerios to their paper instead of threading them on the yarn.

② What You Say

Before the Activity

"Super friends, come sit with me at the table and let's create some story art to help us remember today's true story from the Bible!"

During the Activity

"Color the picture on your paper. There's Abigail, Nabal, and David! (PAUSE.) Now thread some cereal onto your piece of yarn. (PAUSE.) Super! Now let me help you thread the ends of the yarn into the holes on your paper and tie a knot. (PAUSE.) You can move the food from Abigail to David. (DEMONSTRATE.) In our story, Abigail and Nabal had a lot of floofy sheep. One day, Nabal's shepherds brought all of those sheep to where David and his men were, and they protected them. Later, Nabal was cutting the wool off all of his floofy sheep, it was such a fun time; they had a party! David sent a few men to ask Nabal if they could have food from the party too, but Nabal said no. This made David very upset. Very mad! Very angry! This is when Super Abigail knew that if she didn't do something to help, a lot of people would get hurt. She needed to be brave and help, so she took food and drink to David and his men. Abigail told David the food and drinks were a gift for him and his men. She hoped David wouldn't be angry anymore. David and his men took the food and said, 'Thank God for you and for your help.' Hooray for Abigail!"

After the Activity

"Abigail helped a lot of people because she was brave! We can be brave and help others, too. You can be a Super Kid because God can help you be brave. Who can help you be brave? [BOTTOM LINE] God can help me be brave."

4-5 Year-Olds

Small Group

October — Week

4

GROUPS 4/6

Superhero Course

USES MINIMAL SUPPLIES

MADE TO
Move

Application Activity

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- ☐ Crepe paper streamers
- ☐ Painter's tape
- ☐ Scissors

Inclusive Pro Tips



Pair children up to do the activity together.

① What You Do

Before the Activity

1. Use the streamers to make an obstacle course.
2. Tape the streamers from the wall to the wall, wall to the floor, and wall to the table.
3. See the example on our Pinterest Board here <https://bit.ly/4kcDbFL>.

During the Activity

1. Encourage children to make their way from one side of the room to the next without touching the streamers.
2. Offer direction if needed.
3. Cheer for everyone as they make their way through.
4. Repeat as desired.

After the Activity

Connect the Bottom Line to the Bible Story.

② What You Say

Before the Activity

"Wow! Look at our room! There is an obstacle course made from these streamers. How will we get through? (PAUSE FOR RESPONSES.) Yes, we'll have to go over and under and be careful not to touch the streamers. You want to give it a try? (PAUSE FOR RESPONSES.) Fantastic! Let's line up and we'll go one at a time. We can cheer for each other too!"

During the Activity

"[CHILD'S NAME] make your way through the obstacle course. (PAUSE.) Let's cheer [CHILD'S NAME] on! (PAUSE.) Way to go! You did it, you made it through! (PAUSE.) [CHILD'S NAME], it's your turn. Be careful to go over and under the streamers. Everyone, let's cheer for [CHILD'S NAME]! (CONTINUE WITH EACH CHILD. REPEAT AS DESIRED.) You were so brave making your way through the obstacle course and you all looked just like superheroes! Amazing!"

After the Activity

"The Bible teaches us that we can be brave and help others like you did today by cheering for your friends through the obstacle course. We can be strong and courageous because God is with us! And God can help us be brave. God can help me be brave and [BOTTOM LINE] God can help me be brave. Who can help you be brave? [BOTTOM LINE] God can help me be brave."

Getting Ready

Social

Offer one or more of the following activities as preschoolers arrive. Let one or two Small Group Leaders lead activities in different areas of the room while another leader greets parents and children at the door.

Groups

Offer as many of the following activities as your time, facilities, resources, and leadership allow. You may want to lead one activity at a time. Or offer two activities at once and allow half the children to participate in each. Then switch groups and repeat the activities.

Pinterest

Visit our Pinterest page to see craft samples and suggested supplies.
bit.ly/FL_SuperKids

Social

Save the Superheroes!

- ☐ Small superhero figures
- ☐ Yarn
- ☐ Scissors

Groups

Abigail Helps *

1. Copy "Allergy Alert Poster" on cardstock, list Cheerios, and post at the door.
 2. Copy "Abigail Helps" on cardstock, one per child.
 3. Write each child's name on their paper.
 4. Poke a hole at the "x" near Abigail and the "x" near David.
 5. Cut yarn in 12 to 18-inch lengths, one per child.
1. Copy "Allergy Alert Poster" on cardstock, list Cheerios, and post at the door.
 2. Copy "Abigail Helps" on cardstock, one per child.
 3. Write each child's name on their paper.
 4. Poke a hole at the "x" near Abigail and the "x" near David.
 5. Cut yarn in 12 to 18-inch lengths, one per child.

Superhero Course

- ☐ Crepe Paper streamers
 - ☐ Painter's tape
 - ☐ Scissors
1. Use the streamers to make an obstacle course.
 2. Tape the streamers from the wall to the wall, wall to the floor, and wall to the table. See the example on our Pinterest Board here <https://bit.ly/4kcDbFL>.