

# WEEKLY PRACTICE GUIDE



A WEEKLY GUIDE TO  
MAKE ROOM FOR GOD  
AND FOR PEOPLE

# Week One - God's Hospitality in Creation

**Key Scriptures:** Genesis 1-2, Psalm 118:24

**Breath Prayer: (Inhale)** This is the day... **(Exhale)** ...the Lord has made. **(Inhale)** I will rejoice... **(Exhale)** ...and be glad in it."

## Devotion Thought:

Creation itself is God's first act of hospitality. He carved out space for life to flourish and invited humanity to share in it. When we stop and notice the details of His creation – the beauty, the provision, the rhythms – we learn to see every good thing as a gift from Host. Gratitude is what turns ordinary moments into noticed worship.

### Think about this:

- Where do I overlook God's gifts because they feel "ordinary"?

## Prayer:

*"Lord, help me see Your world as a gift, noticing Your goodness, majesty, and provision. May my gratitude be an act of worship and overflow to others"*

## Into Practice:

**First Step:** Step outside, spend a few moments simply listening to the sounds of Creation. While slowing down, what did you notice that you normally miss?

**Challenge:** Write down 3 things each day you are thankful God has provided.

**Looking for More:** Create an 'ABC's of Gratitude List and pray through it each day this week

## Reflection:

What shifted in your perspective this week as you practiced gratitude?

# Week Two – Welcoming the Stranger

**Key Scriptures:** Joshua 2, Hebrews 13:2

**Breath Prayer: (Inhale)** Open my eyes... **(Exhale)** ...to the stranger.

## Devotion Thought:

God's people have always been called to welcome the outsider. Jesus even crossed boundaries to sit at tables where others wouldn't. Hospitality isn't just about comfort – it's about making room for those who feel unseen. Every stranger is an opportunity to reflect God's welcome.

### Think about this:

- Who might God be needing me to notice this week?

## Prayer:

*“Lord, help me see people through Your eyes. Help me see the overlooked and give me an opportunity to reflect You”*

## Into Practice:

**First Step:** Write the name of someone you know feels like an outsider in God's Kingdom.

**Challenge:** Pray for the person you wrote down BY NAME each day.

**Looking for More:** Take the step of welcoming that person into your life. A text, a coffee/lunch invite, or even a simple face-to-face conversation

## Reflection:

How did welcoming someone in shift your sense of God's welcome to you?

# Week Three - Table Fellowship

**Key Scriptures:** Luke 5:27-32, John 6:35

**Breath Prayer: (Inhale)** You satisfy me... **(Exhale)** ...with true bread. - John 6:35

## Devotion Thought:

Meals are more than food – they are moments of communion. Jesus used the table to teach, heal, and restore. When we connect the bread on our plates to the Bread of Life, ordinary meals become holy encounters. Eating with awareness and thanksgiving draws us into God's presence and prepares us to see people as fellow guests of the Host.

### Think about this:

- How often do I eat without remembering Who provides?

## Into Practice:

**First Step:** Begin each meal with a brief pause thanking God for His daily provision.

**Challenge:** Before each meal read John 6:35-40.

**Looking for More:** Try fasting from one meal. Use that time to read Scripture or pray, asking God to feed you with His Word instead. When hunger rises, let it remind you: "I don't live by bread alone, but by every word from my Father."

## Prayer:

*"Lord, remind me that food fills my stomach, but Your Word fills my soul. Teach me to hunger for what truly sustains—Your presence, Your truth, and Your love."*

## Reflection:

What did you notice about your connection with God at the table this week?

# Week Four - Extending Forgiveness

**Key Scriptures:** Luke 10:25-37, Matthew 6:14

**Breath Prayer: (Inhale)** You forgave me... **(Exhale)** ...so I will forgive others.

## Devotion Thought:

Forgiveness is at the heart of the gospel. God has made room for us by extending grace we did not deserve. When we forgive others, we echo God's hospitality and break cycles of bitterness.

Forgiveness doesn't mean ignoring pain – it means releasing it into God's hands and making space for reconciliation.

### Think about this:

- What grudges am I holding that keep me from freedom?

## Prayer:

*Lord, You have forgiven me more than I could ever repay. Teach me to see others through that same mercy. Help me release what isn't mine to carry and make room in me for peace, freedom, and love.*

## Into Practice:

**First Step:** Ask God each day to show you where unforgiveness might still be hiding in your heart."

**Challenge:** If appropriate, take one tangible step toward reconciliation. Send a note, offer a kind word, or open the door for a conversation

**Looking for More?** Go deeper by praying intentionally for someone who has hurt or opposed you. Ask God to bless them and reshape your heart to love as He loves.

## Reflection:

What kind of freedom did you feel when you stopped holding on to the hurt and chose to let it go? ?

# Week Five – The Eternal Banquet

**Key Scriptures:** Revelation 19:9, Luke 14:15-23, Isaiah 25:6-9

**Breath Prayer: (Inhale)** I'm invited... **(Exhale)** ...to Your table

## Devotion Thought:

The story of God ends with a feast —the eternal gathering of every tribe, tongue, and nation around the Lamb. Every act of hospitality now is a rehearsal for that day, a foretaste of the joy and belonging we'll share in eternity.

### Think about this:

Does my practice of hospitality now help me anticipate the banquet to come?

## Prayer:

*Lord, thank You for inviting me to Your table. Teach me to live with anticipation and joy, celebrating Your goodness as I wait for what's to come. Let every meal remind me of Your faithfulness and every act of hospitality echo the feast we'll share in Your presence..*

## Into Practice:

**First Step:** Begin each meal with a brief pause thanking God for His daily provision.

**Challenge:** Before each meal read Isaiah 25:6-9.

**Looking for More:** *(If appropriate)* Skip one meal this week as an act of longing for the feast to come. Use that time to pray and thank God for the hope of His eternal table. When hunger rises, let it remind you:  
“I’m waiting for the day when I’ll be fully satisfied in Your presence.”

## Reflection:

What about this practice gave you hope for the future

# Week Six - Carrying It Forward

**Key Scriptures:** Romans 12:13

**Breath Prayer: (Inhale)** My life is yours... **(Exhale)** ...to share with others

## Devotion Thought:

The series ends here – but the practice doesn't. God's call to hospitality is lifelong, not seasonal. Opening our lives is how we keep living this out between now and eternity. Every meal, conversation, and open seat is an opportunity to point to Jesus.

### Think about this:

What is one way I can continue making room beyond this series?

## Prayer:

*Lord, thank You for showing me what true hospitality looks like. Help me live with open hands and an open heart, using what I have to bless others. Let my home, my time, and my life point people toward You until the day we share Your table forever.*

## Into Practice:

**First Step:** Be intentional with one person this week. Pause long enough to listen, ask questions, and show genuine care—no agenda, just presence.

**Challenge:** Plan one intentional moment of hospitality: a meal, coffee, or conversation at your home, workplace, or favorite spot. Keep it simple—focus on connection, not perfection

**Looking for More:** Dedicate an entire week to asking this daily question: “Lord, who do You want me to make room for today?” Each morning, pray it. Each evening, reflect on how He answered.