

## **Rookie Camp**

## **Pre-Teen Girls Camp**

## **Pre-Teen Guys Camp**

### **What to bring:**

Camper Medical Form (available in the download menu on this page)  
water bottle (with name on it) or a case of bottled water  
toiletries (toothbrush, toothpaste, shampoo, soap, etc.)  
bedding and pillow (sleeping bag or twin sized bedding)  
bath towels and wash clothes  
sunscreen and bug spray  
casual clothes (1-2 outfits per day)  
swimsuit (modest, no bikinis or male speedos)  
beach towel  
jacket or sweatshirt  
at least one pair of warm pants: jeans or sweatpants  
2 pairs of shoes: gym shoes and flip flops or water shoes  
Bible and pen or pencil  
camera if desired  
missions offering  
medications in their original containers (not expired) which will be turned into the camp nurse; please send only the amount needed during camp

### **What NOT to bring:**

electronic games  
audio and video players  
cell phones  
food, candy, or snacks